

**No. R-46. House concurrent resolution recognizing February 1, 2019 as Wear Red for Women Day at the State House.**

(H.C.R.34)

Offered by: Representative Krowinski of Burlington

Offered by: Senators Clarkson and Lyons

Whereas, cardiovascular diseases are the number one cause of death for women in the United States, and

Whereas, cardiovascular diseases kill one American woman almost every 80 seconds, and

Whereas, about 75 percent of cardiovascular diseases in women can be prevented, and

Whereas, risk factors for heart disease such as high blood pressure, high cholesterol, and smoking can be controlled, and

Whereas, women are encouraged to commit to making physical activity and healthy eating a priority to improve heart health, and

Whereas, the American Heart Association's Go Red for Women campaign motivates women to learn their family medical history and meet with a health care provider to determine their risk for cardiovascular diseases and stroke, and

Whereas, Go Red for Women encourages women to take charge of their heart health by knowing their total cholesterol levels, including HDL—or good—cholesterol, blood sugar levels, blood pressure, and body mass index, and

Whereas, Wear Red for Women Day publicizes the important educational mission of the Go Red for Women campaign, now therefore be it

Resolved by the Senate and House of Representatives:

That the General Assembly recognizes February 1, 2019 as Wear Red for Women Day at the State House, and be it further

Resolved: That the Secretary of State be directed to send a copy of this resolution to the Vermont office of the American Heart Association.