

# Collaborative Solutions

Intensive Residential Programs

# Collaborative Solutions' Three Programs

## Second Spring South

- 16 Beds
- Williamstown
- Established in 2008
- Original Second Spring

## Second Spring North

- 8 Beds
- Westford
- Established in 2013

## Pearce House

- 2 Beds
- Williamstown
- Established in 2016
- Highest-need residents
- 1:1 Staffing Ratio

# CSC's Purpose:

- Founded to reduce the census at Vermont State Hospital in response to poor physical plant conditions, federal incentives to move away from large institutions, and expert consensus that less restrictive, community-based settings are more conducive to recovery.
- Currently serves as a bridge back to the community for individuals who no longer need hospitalization, but still need intensive care not available on an outpatient basis.
- Has at times provided hospital diversion and crisis services.

# On-Site CSC Clinical Resources

- Board-Certified Psychiatrists
- APRN provides primary care
- Daily Nursing Care (RN's)
- 24/7 On-Call Doctors & RN's
- Case Management
- Therapists
- Vocational Rehabilitation
- Music Therapy
- Substance Use Disorder Treatment
- Peer Support

# CSC Programs Provide . . .

- **A Bridge from Hospital Back to Community**
- **High Quality, Evidence-Based Clinical Care**
- **Recovery-Based, Trauma-Informed Approach**
  - Self-Determination
  - Respect
  - Health and wellness in all areas of life
  - Supportive of client efforts to reach their full potential.
  - Understanding and proactive approach to impact of trauma throughout the lifespan.

# Recovery at CSC

Recovery is, “A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

--- U.S. Substance Abuse and Mental Health Services Administration (SAMHSA)





















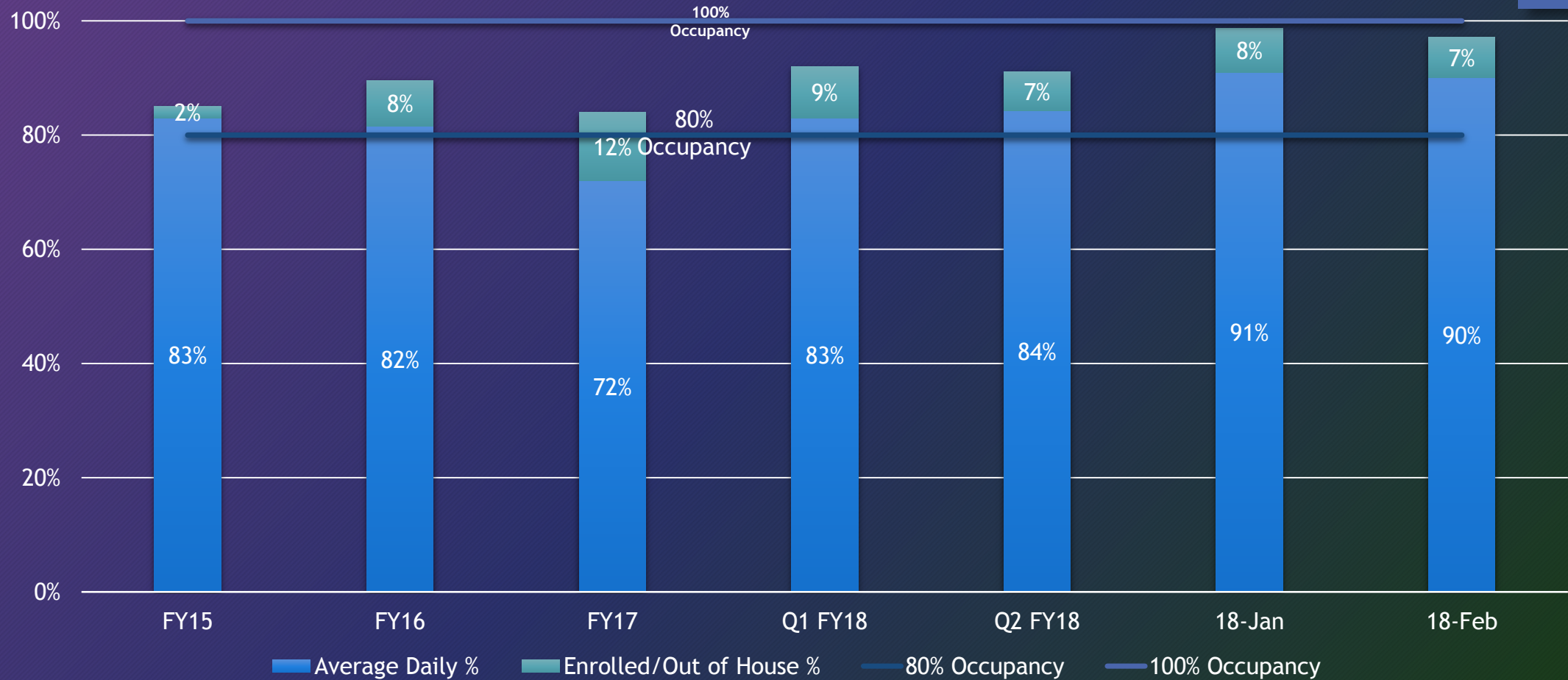
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- **Efficient, Cost-Effective Use of Resources**



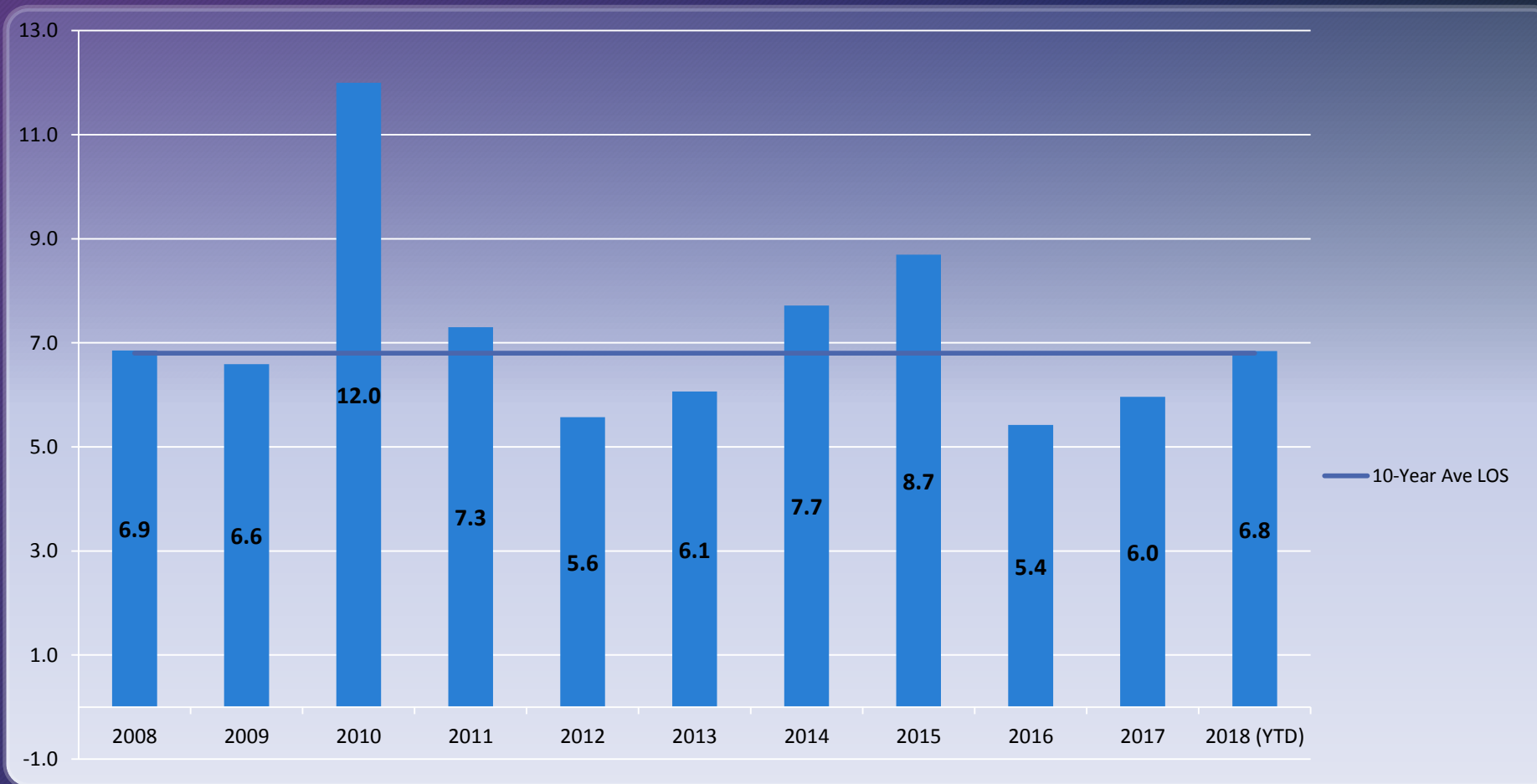
# CSC Utilization

(% of 26 Beds)

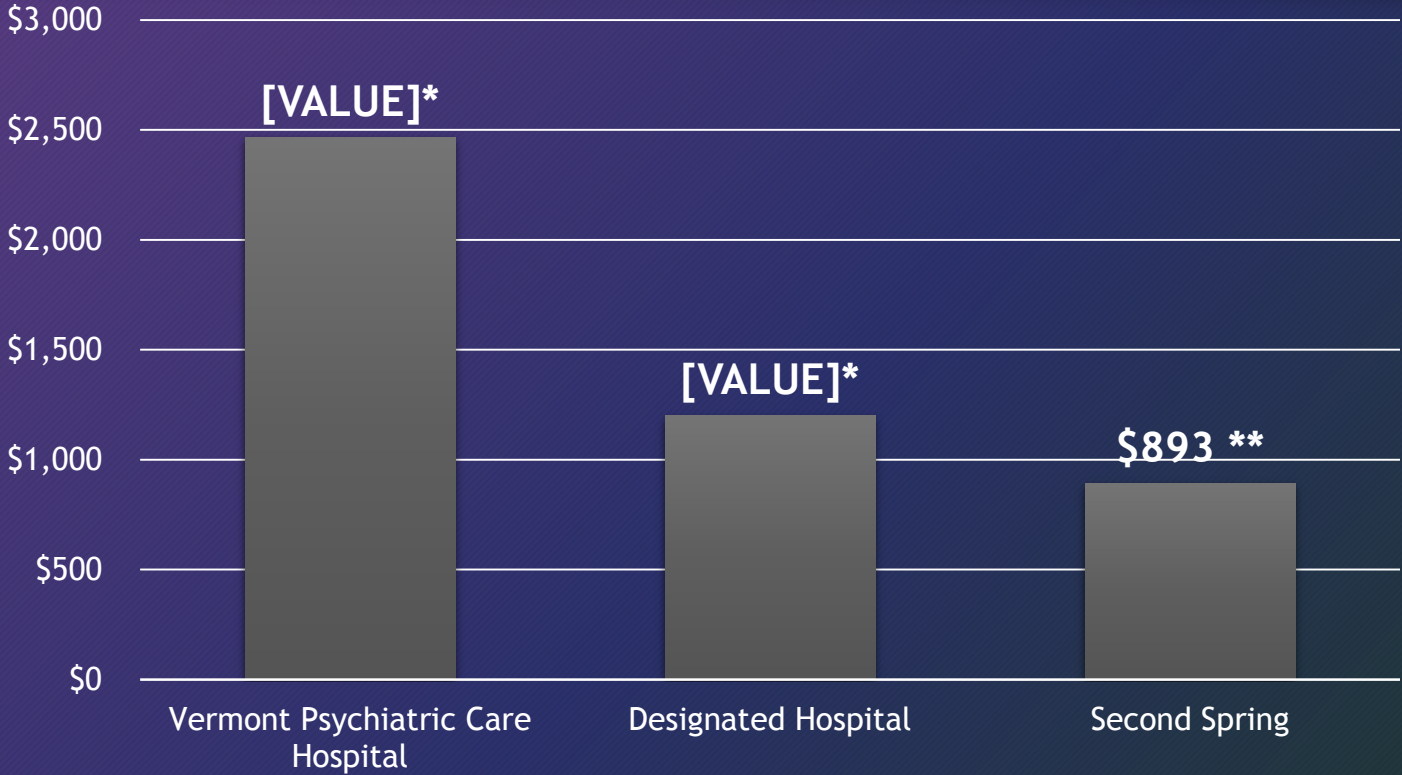


# Second Spring Average Length of Stay\*

\*In months, excluding outliers ( n > 1 month and n < 24 months)



# Bed Day Cost Comparison

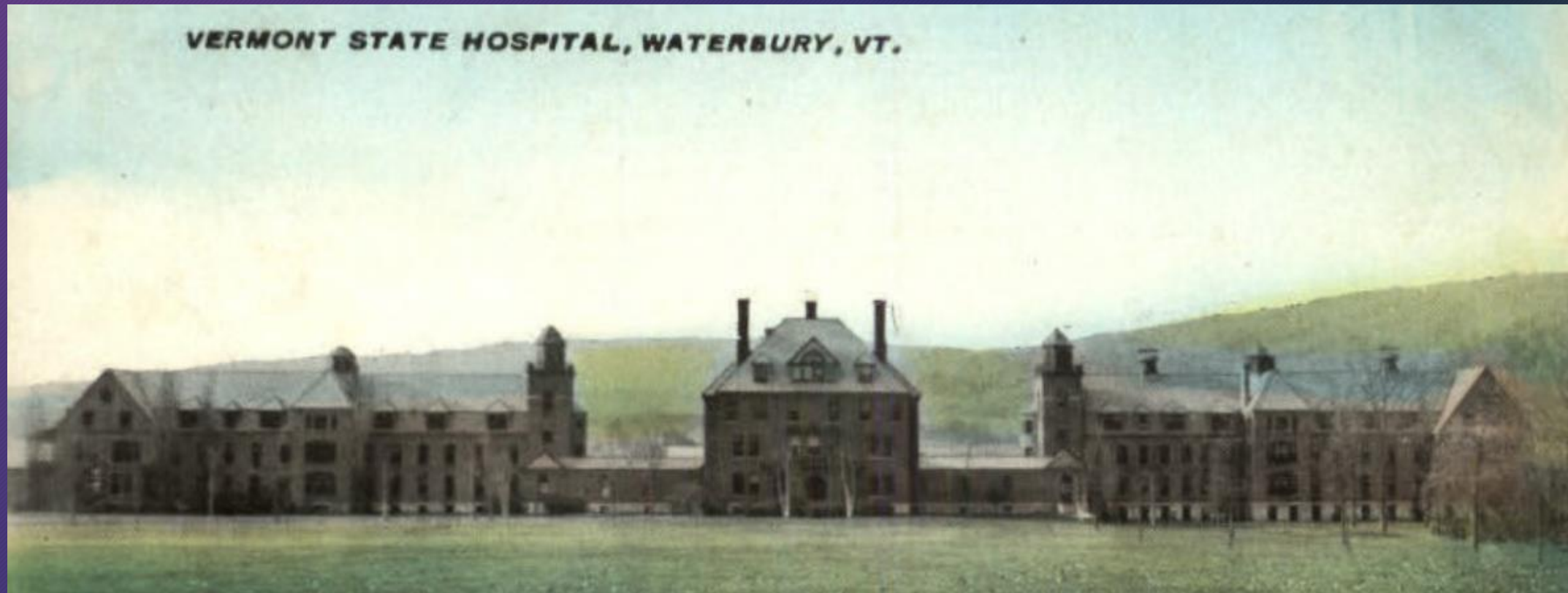


\* Vermont Care Partners 2017 Outcomes and Data Report  
\*\* CSC 2018 Financial Report

# CSC Programs Provide . . .

- A Bridge from Hospital Back to Community
- High Quality, Evidence-Based Clinical Care
- Recovery-Based, Trauma-Informed Approach
- Efficient, Cost-Effective Use of Resources
- **A Model of Community-Based Care in Contrast to Large and State-Run Institutions of the Past**

# A Model of Community-Based Care in Contrast to Large, State-Run Institutions of the Past\*



# Collaborative Solutions



Thank you!

*Collaborative Solutions Corporation*

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**Vermont Senate Committee on Health and Welfare:  
Housing and Treatment at Collaborative Solutions  
March 22, 2018**