

# Vermont Department of Mental Health

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OVERVIEW AND UPDATES

MELISSA BAILEY, COMMISSIONER

# Proposed Agenda

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DEPARTMENT OVERVIEW

2016 - KEY HIGHLIGHTS

# Departmental Overview

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CENTRAL OFFICE ORGANIZATION

PROVIDER AGENCIES

DEPARTMENTAL PROGRAMS

BUDGET SNAPSHOT

# Central Office Organization

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Overall Operations supported by ~65 positions

- Administrative Support Unit
- Financial Services Unit
- Legal Services Unit
- Research & Statistics Unit
- Clinical Care Management Unit
- Operations, Policy, & Planning Unit
- Quality Management Unit
- Children, Adolescent and Family Unit (CAFU)
- Adult Mental Health Services Unit

# Designated Providers

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## Designated Agencies

- Clara Martin Center
- Counseling Services of Addison County
- Health Care and Rehabilitation Services of Southeastern Vermont
- Howard Center
- Lamoille County Mental Health Services
- Northwest Counseling and Support Services
- Northeast Kingdom Human Services
- Rutland Mental Health Services
- United Counseling Service
- Washington County Mental Health Services

## Specialized Services Agencies

- Pathways Vermont
- Northeastern Family Institute

## Designated Hospitals

- Brattleboro Retreat
- Central Vermont Medical Center
- Rutland Regional Medical Center
- University of Vermont Medical Center
- Windham Center
- Vermont Psychiatric Care Hospital (State-run)

## State Secure Residential

- Middlesex Therapeutic Community Residence

# Provider Capacity

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## Designated Agencies

- Adult Crisis Beds: 38 beds
- Youth Crisis Beds: 12 beds
- Adult Intensive Residential: 42 beds

## Designated Hospitals

- Adult – Level 1 involuntary: 45 beds
- Adult – Non-Level 1 (involuntary and voluntary): 143 beds
- Children and Youth: 28 beds

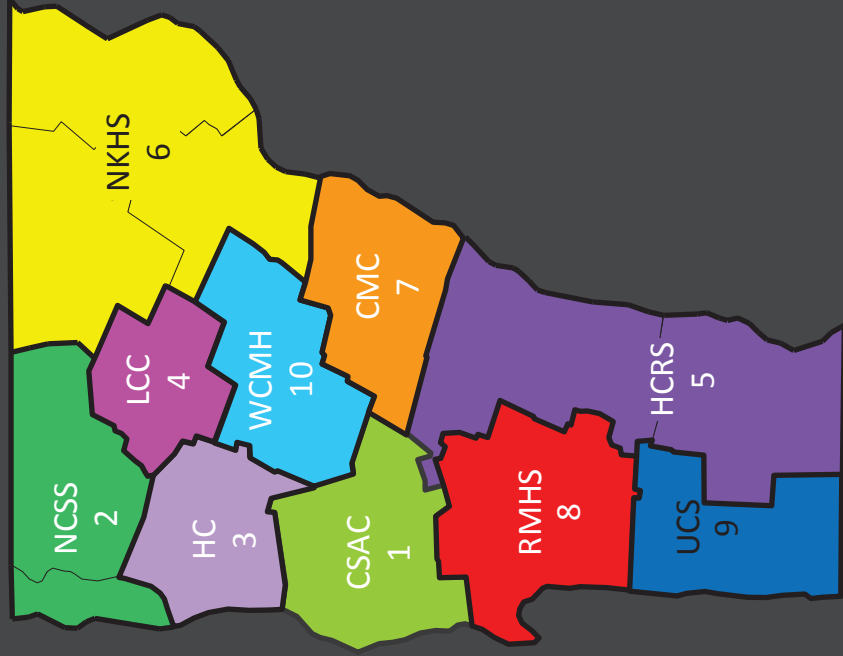
## Peer Service Agencies

- Adult Crisis Beds: 2 beds
- Adult Intensive Residential: 5 beds

## State Secure Residential

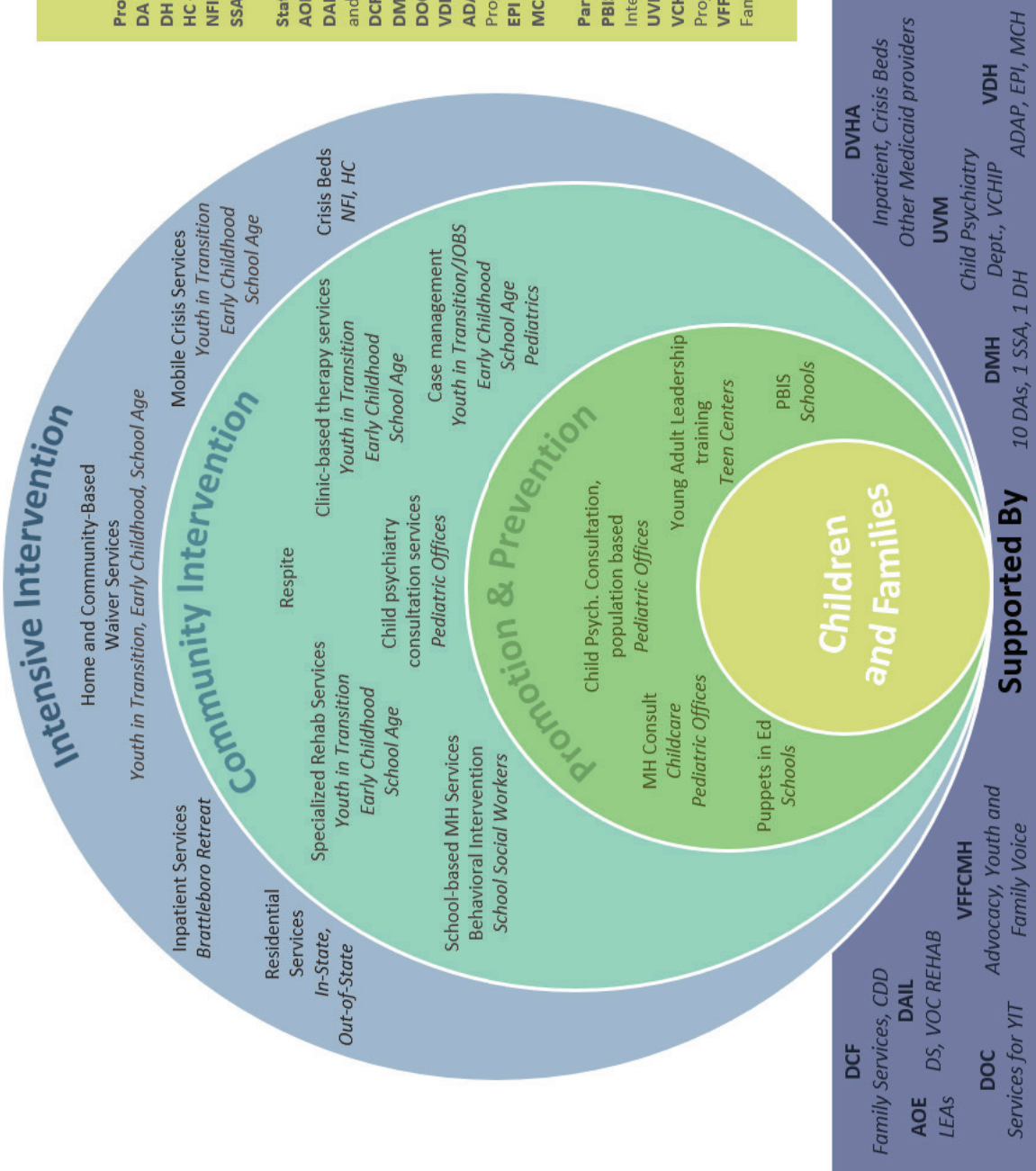
- Middlesex Therapeutic Community Residence: 7 beds

# Designated Providers



<b>CMC</b>	Clara Martin Center
<b>CSAC</b>	Counseling Services of Addison County
<b>HCRS</b>	Health Care and Rehabilitation Services of Southeastern VT
<b>HC</b>	Howard Center
<b>LCMH</b>	Lamoille County Mental Health Services
<b>NCSS</b>	Northwest Counseling and Support Services
<b>NKHS</b>	Northeast Kingdom Human Services
<b>RMHS</b>	Rutland Mental Health Services
<b>UCS</b>	United Counseling Service
<b>WCMH</b>	Washington County Mental Health Services
<b>NFI</b>	Northeastern Family Services (SSA)
<b>PV</b>	Pathways Vermont (SSA)

# Children's Mental Health System of Care



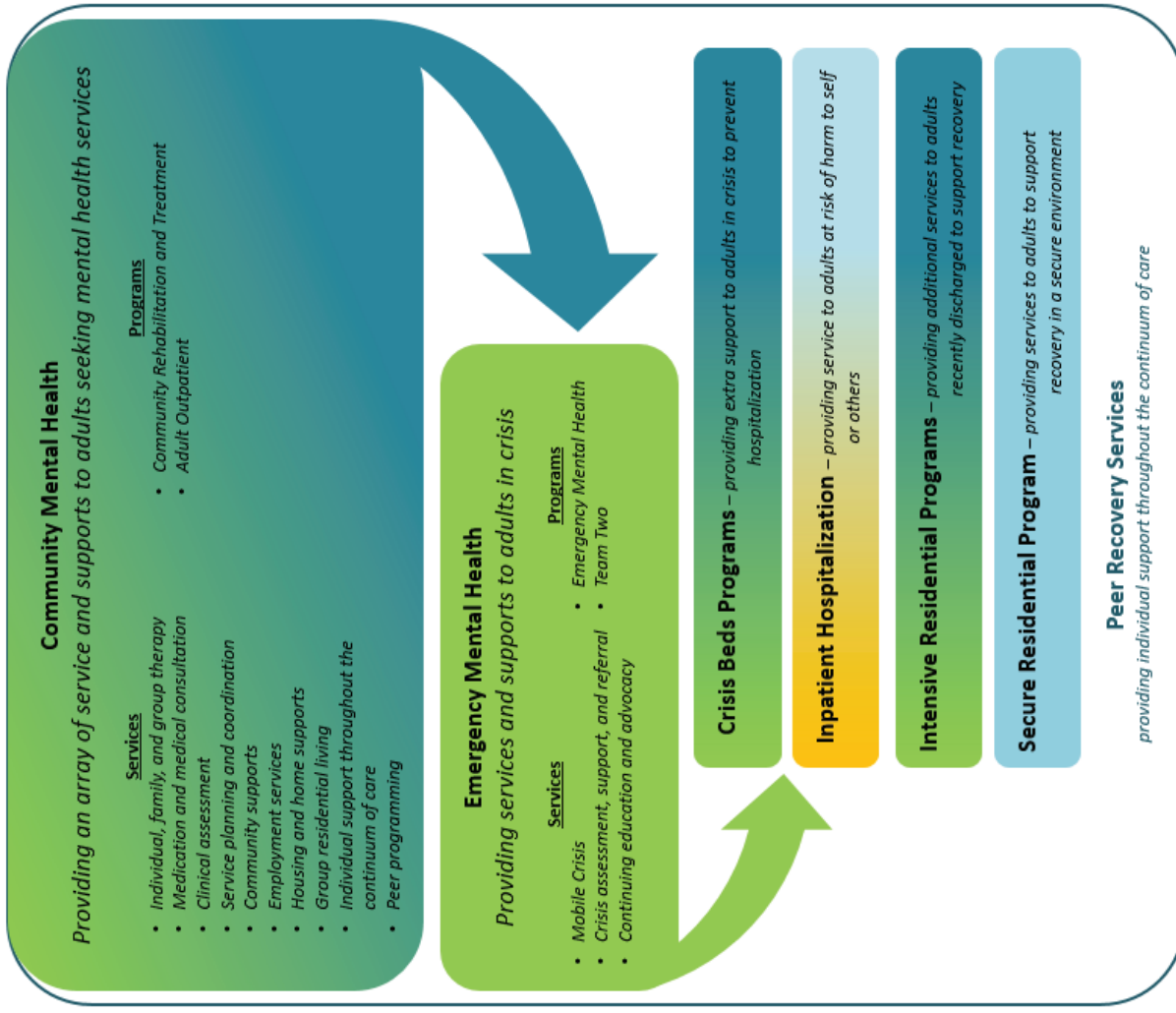
## Acronyms

- Providers**
- DA – Designated Agency
  - DH – Designated Hospital
  - HC – Howard Center
  - NFI – Northeastern Family Institute
  - SSA – Specialized Service Agency
- State Government**
- AOE – Agency of Education
  - DAIL – Dept. of Disabilities, Aging, and Independent Living
  - DCF – Dept. for Children and Families
  - DMH – Dept. of Mental Health
  - DOC – Dept. of Corrections
  - VDH – Dept. of Health
  - ADAP – Alcohol Drug Abuse Programs at VDH
  - EPI – Epidemiology at DMH/VDH
  - MCH – Maternal Child Health at VDH
- Partners and Programs**
- PBIS – Positive Behavioral Intervention and Supports
  - UVM – University of Vermont
  - VCHIP – Vermont Child Improvement Project
  - VFFCMH – Vermont Federation of Families for Children's Mental Health

"There is no health without mental health."



## Department of Mental Health Adult Mental Health System of Care



## Color Legend

**Department of Mental Health (DMH)**

**Designated Agencies**

private, non-profit service providers that are responsible for ensuring needed services are available through program delivery, local planning, service coordination, and monitoring outcomes within their geographic region.

**Specialized Services Agencies**

private, non-profit service providers that provide a distinctive approach to service delivery and coordination or provide services that meet distinctive individual needs.

**Private Providers**

Psychiatrists, Psychologist, Nurse Practitioners, Social Workers Physician Assistants, Licensed Mental Health Clinicians, Community Hospitals

# Community Programs

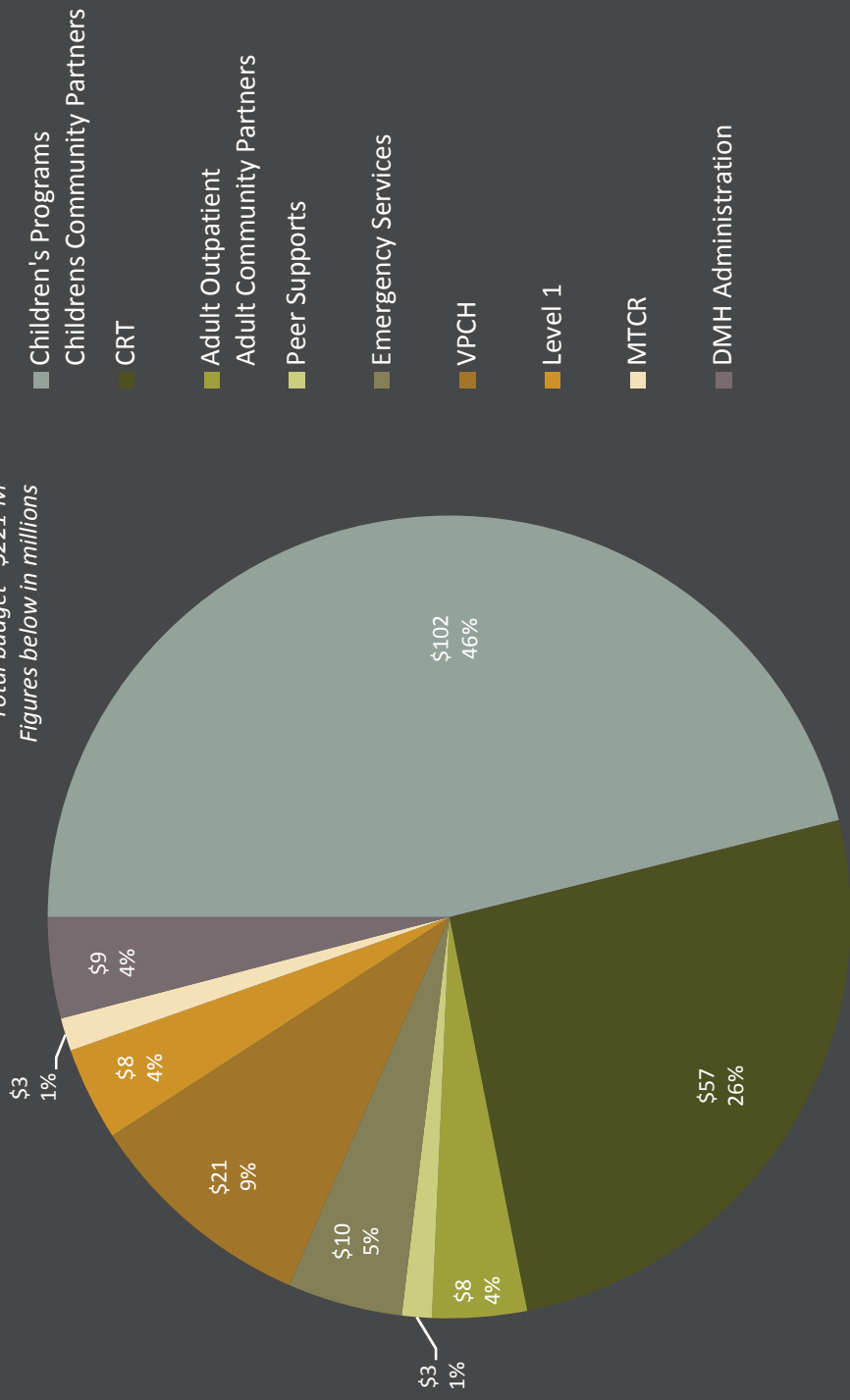
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Program	Description
Adult Outpatient (AOP)	Provides services for adults who do not have prolonged serious disabilities but who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention
Community Rehabilitation and Treatment (CRT)*	Provides services for adults with severe and persistent mental illness
Children and Families (C&F)*	Provide services to children and families who are undergoing emotional or psychological distress or are having problems adjusting to changing life situations.
Emergency Services	Serves individuals who are experiencing an acute mental health crisis. These services are provided on a 24-hour a day, 7-day-per-week basis with both telephone and face-to-face services available as needed.
Advocacy and Peer Services	Broad array of support services provided by trained peers (a person who has experienced a mental health condition or psychiatric disability) or peer-managed organizations focused on helping individuals with mental health and other co-occurring conditions to support recovery

*\*mandated service population*

# Expenses Snapshot

Total budget ~\$221 M  
Figures below in millions



# People Served by Program



# Performance Measures

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## RBA Clear Impact Scorecards

- The Department of Mental Health has several RBA scorecards containing data and performance measures related to our system of care.
- To view the RBA Scorecards for the Department of Mental Health:

<http://mentalhealth.vermont.gov/reports/results-based-accountability>

[The Department of Mental Health \(DMH\) Scorecard Reducing Seclusion and Restraint in Vermont's Psychiatric Hospitals Vermont Psychiatric Care Hospital \(VPCH\) Outcomes](#)

[DMH System Snapshot \(in development\)](#)  
[DMH Continued Reporting \(in development\)](#)

# 2016 Key Highlights

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- Implementation of the Electronic Health Record (EHR) at VPCH
- Ongoing development of the Medicaid Pathway
- Vermont Crisis Text Line
- Suicide Prevention (Zero Suicide, U Matter, VT gun shop project)
- Mental Health first-aid
- Team two training
- Continued work with VCPI
- Designation of White River Junction VA Medical Center
- Designation of Pathways Vermont
- Secure Residential Program RFP
- Youth Hospital Diversion
- Agency of Education collaborations on coordinated service planning