### Building Bright Futures

# Senate Health & Welfare January 24<sup>th</sup>, 2018



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BuildingBrightFuturesSAC



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Who We Are Our Charge

- Vermont's early childhood statewide public-private partnership
- Designated Early Childhood Advisory Council to the governor and legislature
- Act 104 Vermont statute that authorizes BBF's role
- Backbone organization to the early childhood system, vehicle for collective impact





#### 2017 REPORT How are Vermont's Young Children and Families?



COLUMN 2 N

#### **Trauma, ACE's and Toxic Stress**

- Brain and Social Science: Impact of childhood adversity, toxic stress and negative factors impact healthy child child development
- Family & Social Relationships: Quality and stability of relationships and environments set the stage for social, emotional and cognitive development
- Adverse Childhood Experiences: There are a greater percent of young children in Vermont who have experienced two or more adverse childhood experiences than the national average.
- Social Determinants of Health: More ACE's greater likliehood of health and development problems
- Spotlight on Substance Abuse: Parental substance use disorder both contributes to the incidence of ACEs in young children, and ACEs contribute to the likelihood of substance use disorder later in life.

## Trauma, ACE's, Toxic Stress

- Research: Nurturing relationships early in life prevent or reverse the damaging effects of toxic stress response
- Multigenerational Programs:
  Vermont's range of whole-family support programs are working to support parents and children and helping young children thrive.



#### **1. How Vermont Approaches Trauma and ACE's**

- Multi-Tiered Approach: Whole population approach that includes promotion, prevention, early intervention, and treatment
- Multi-generational Progams: Vermont's range of whole-family support programs are working to support parents and children and helping young children thrive
- Strengths Based & Resilience: Resilience is key construction focus on identifying strengths and flourishing in the face of adversity
- Bright Futures Guidelines: Recently released 4<sup>th</sup> edition emphasizes promoting the positive experience and health of children and families

2. Addressing trauma and ACE's in early care and learning setting

- Early Care & Learning Programs: Opportunity for impact and mediating the effects of trauma and ACE's
- Strengthening Families Protective Factors
  Framework: Research-informed approach for supporting families and children's development.
- Early Multi-Tiered Systems of Support:
  Evidence based tiered framework of universal promotion, prevention and intervention.
  Provides social and emotional supports, interventions for children who are struggling

## **3. ACE's and the Substance Use & Opiate Crisis**

- Impacts entire family system and puts children's health and safety at risk
- Parental substance abuse recognized as a risk factor for child maltreatment and child welfare involvement
- Contributes to ACES in young children, ACES contribute to the likelihood of substance abuse



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#### **SUBSTANCE USE & OPIATE TASK FORCE**

REPORT AND 2017 RECOMMENDATIONS



11/22/17

Report and 2017 Recommendations

#### **3 cont. Substance Use & Opiate Recommendations**

- Systems integration and care collaboration across adult and child systems
- Multi-generational treatment services and family friendly care settings
- Cross-training, cross-system information sharing and shared practices

KEY STRATEGY | Develop recommendations to address barriers to accessing treatment and support family engagement



#### 4. Systems Integration, Coordination & Implementation

- Collective Impact: Leverage our core system strengths and work together in an integrated and coordinated way with a shared vision for how Vermont addresses trauma and ACE's.
- Implementation Science: Strong implementation strategies to ensure that what we are doing is sustained for a useful period of time and at a scale to sufficiently impact the complex social problems related to trauma and ACE's
- Building Bright Futures Resilience Task Force: Assess and map the trauma and ACE's work in Vermont, data analysis and develop a report that will outline actionable policy, practice and systems recommendations

