

1 TO THE HONORABLE SENATE:

2 The Committee on Health and Welfare to which was referred House Bill
3 No. 508 entitled “An act relating to building resilience for individuals
4 experiencing adverse childhood experiences” respectfully reports that it has
5 considered the same and recommends that the Senate propose to the House that
6 the bill be amended by striking out all after the enacting clause and inserting in
7 lieu thereof the following:

8 Sec. 1. FINDINGS

9 (a) It is the belief of the General Assembly that controlling health care
10 costs requires consideration of population health, particularly adverse
11 childhood experiences (ACEs) and adverse family experiences (AFEs).

12 (b) The ACE questionnaire contains ten categories of questions for adults,
13 pertaining to abuse, neglect, and family dysfunction during childhood. It is
14 used to measure an adult’s exposure to traumatic stressors in childhood. Based
15 on a respondent’s answers to the questionnaire, an ACE score is calculated,
16 which is the total number of ACE categories reported as having been
17 experienced by a respondent.

18 (c) In a 1998 article entitled “Relationship of Childhood Abuse and
19 Household Dysfunction to Many of the Leading Causes of Death in Adults,”
20 published in the *American Journal of Preventive Medicine*, evidence was cited
21 of a “strong graded relationship between the breadth of exposure to abuse or

1 household dysfunction during childhood and multiple risk factors for several of
2 the leading causes of death in adults.”

3 (d) Physical, psychological, and emotional trauma during childhood may
4 result in damage to multiple brain structures and functions.

5 (e) The greater the ACE score of a respondent, the greater the risk for many
6 health conditions and high-risk behaviors, including alcoholism and alcohol
7 abuse, chronic obstructive pulmonary disease, depression, obesity, illicit drug
8 use, ischemic heart disease, liver disease, intimate-partner violence, multiple
9 sexual partners, sexually transmitted diseases, smoking, suicide attempts,
10 unintended pregnancies, and others.

11 (f) ACEs are implicated in the ten leading causes of death in the United
12 States, and with an ACE score of six or higher, an individual has a 20-year
13 reduction in life expectancy. In addition, the higher the ACE score, the greater
14 the likelihood of later problems with employment and economic stability,
15 including bankruptcy and homelessness.

16 (g) AFEs are common in Vermont. One in eight Vermont children has
17 experienced three or more AFEs, the most common being divorced or
18 separated parents, food and housing insecurity, and having lived with someone
19 with a substance use disorder or mental health condition. Children with three
20 or more AFEs have higher odds of failing to engage and flourish in school.

1 (h) The earlier in life an intervention occurs for an individual who has
2 experienced ACEs or AFEs, the more likely that intervention is to be
3 successful.

4 (i) ACEs and AFEs can be prevented when a multigenerational approach is
5 employed to interrupt the cycle of ACEs and AFEs within a family, including
6 both prevention and treatment throughout an individual’s lifespan.

7 (j) It is the belief of the General Assembly that people who have
8 experienced adverse childhood and family experiences can build resilience and
9 can succeed in leading happy, healthy lives.

10 Sec. 2. 33 V.S.A. chapter 34 is added to read:

11 CHAPTER 34. PROMOTION OF CHILD AND FAMILY RESILIENCE

12 § 3351. PRINCIPLES FOR VERMONT’S TRAUMA-INFORMED

13 SYSTEM OF CARE

14 The General Assembly, to further the significant progress made in Vermont
15 with regard to the prevention, screening, and treatment for adverse childhood
16 and family experiences, adopts the following principles with regard to
17 strengthening Vermont’s response to trauma and toxic stress during childhood:

18 (1) Childhood and family trauma affects all aspects of society. Each of
19 Vermont’s systems addressing trauma, particularly social services; health care,
20 including mental health; education; child care; and the justice system, shall

1 collaborate to address the causes and symptoms of childhood and family
2 trauma and to build resilience.

3 (2) Current efforts to address childhood trauma in Vermont shall be
4 recognized, coordinated, and strengthened.

5 (3) Addressing trauma in Vermont requires building resilience in those
6 individuals already affected and preventing childhood trauma within the next
7 generation.

8 (4) Early childhood adversity and adverse family events are common
9 and can be prevented. When adversity is not prevented, early invention is
10 essential to ameliorate the impacts of adversity. A statewide, community-
11 based, public health approach is necessary to effectively address what is a
12 chronic public health disorder. To that end, Vermont shall implement an
13 overarching public health model based on neurobiology, resilience,
14 epigenetics, and the science of adverse childhood and family experiences with
15 regard to toxic stress. This model shall include training for local leaders to
16 facilitate a cultural change around the prevention and treatment of childhood
17 trauma.

18 (5) Addressing health in all policies shall be a priority of the Agency of
19 Human Services in order to foster flourishing, self-healing communities.

20 (6) Service systems shall be integrated at the local and regional levels to
21 maximize resources and simplify how systems respond to individual and

1 family needs. All programs and services shall be evidence-informed and
2 research-based, adhering to best practices in trauma treatment.

3 § 3352. DEFINITIONS

4 As used in this chapter:

5 (1) “Adverse childhood experiences” or “ACEs” means potentially
6 traumatic events that occurred during an adult’s childhood that can have
7 negative, lasting effects on the adult’s health and well-being.

8 (2) “Adverse family experiences” or “AFEs” means potentially
9 traumatic events experienced by a child in his or her home or community, as
10 reported by the child’s parent, that can have negative, lasting effects on the
11 child’s health and well-being.

12 (3) “Social determinants of health” means the conditions in which
13 people are born, grow, live, work, and age, including socioeconomic status,
14 education, the physical environment, employment, social support networks,
15 and access to health care.

16 (4) “Trauma-informed” means a type of program, organization, or
17 system that realizes the widespread impact of trauma and understands **there are**
18 potential paths for recovery; recognizes the signs and symptoms of trauma in
19 clients, families, staff, and others involved in a system; responds by fully
20 integrating knowledge about trauma into policies, procedures, and practices;
21 and seeks to actively resist retraumatization.

1 (5) “Toxic stress” means strong, frequent, or prolonged experience of
2 adversity without adequate support.

3 § 3353. DIRECTING TRAUMA-INFORMED SYSTEMS

4 (a) The Secretary of Human Services shall ensure that one or more persons
5 within the Agency are responsible for coordinating the Agency’s response to
6 adverse childhood and family experiences and collaborating with community
7 partners to build trauma-informed systems, including:

8 (1) coordinating the Agency’s childhood trauma prevention, screening,
9 and treatment efforts with any similar efforts occurring elsewhere in State
10 government;

11 (2) disseminating training materials for early child care and learning
12 professionals, in conjunction with the Agency of Education, regarding the
13 identification of students exposed to adverse childhood and family experiences
14 and of strategies for referring families to community health teams and primary
15 care medical homes;

16 (3) developing and implementing programming modeled after
17 Vermont’s Resilience Beyond Incarceration and Kids-A-Part programs to
18 address and reduce trauma and associated health risks to children of
19 incarcerated parents;

20 (4) developing a plan that builds on work completed pursuant to 2015
21 Acts and Resolves No. 46, especially with respect to positive behavior

1 intervention and supports (PBIS) and full-service and trauma-informed
2 schools, in conjunction with the Secretary of Education and other stakeholders,
3 for creating a trauma-informed school system throughout Vermont;

4 (5) developing a plan that builds on work being done by early child care
5 and learning professionals for children ages 0–5 regarding collaboration with
6 health care professionals in medical homes, including assisting in the screening
7 and surveillance of young children; and

8 (6) support efforts to develop a framework for outreach and partnership
9 with local community groups to build flourishing communities.

10 (b) The person or persons directing the Agency’s work related to adverse
11 childhood and family experiences, in consultation with the Child and Family
12 Trauma Committee established pursuant to section 3354 of this chapter, shall
13 provide advice and support to the Secretary and to each of the Agency’s
14 departments in addressing the prevention and treatment of adverse childhood
15 and family experiences and building of trauma-informed systems. This person
16 or persons shall also support the Secretary and departments in connecting
17 communities and organizations with the appropriate resources for recovery
18 when traumatic events occur.

19 § 3354. CHILD AND FAMILY TRAUMA COMMITTEE

20 (a) Creation. There is created the Child and Family Trauma Committee
21 within the Agency of Human Services for the purpose of providing guidance to

1 the Agency in its efforts to mitigate childhood trauma and build resiliency in
2 accordance with the following principles:

3 (1) prioritization of a multi-generational approach to support health and
4 mitigate adversity;

5 (2) recognition of the importance of actively building skills, including
6 executive functioning and self-regulation, when designing strategies to
7 promote the healthy development of young children, adolescents, and adults;

8 (3) use of approaches that are centered around early childhood,
9 including prenatal, and that focus on building adult core capabilities; and

10 (4) emphasis on the integration of best practice, evidence-informed
11 practice, and evaluation to ensure accountability and to provide evidence of
12 effectiveness and efficiency.

13 (b)(1) Membership. The Committee shall be composed of the following
14 members:

15 (A) the person or persons directing the Agency's work related to
16 adverse childhood and family experiences;

17 (B) a representative of the Department for Children and Family's
18 Child Development Division;

19 (C) a representative of the Department for Children and Family's
20 Economic Services Division;

1 (D) a representative of the Department for Children and Family's

2 Family Services Division;

3 (E) a field services director within the Agency, appointed by the

4 Secretary; and

5 (F) the Secretary of Education or designee.

6 (2) The Secretary of Human Services shall invite at least the following

7 representatives to serve as members of the Committee:

8 (A) a representative of the Vermont Network Against Domestic and

9 Sexual Violence;

10 (B) a representative of the Vermont Adoption Consortium;

11 (C) a representative of the Vermont Federation of Families for

12 Children's Mental Health;

13 (D) a representative of Vermont Care Partners;

14 (E) a mental health professional, as defined in 18 V.S.A. § 7101, or a

15 social worker, licensed pursuant to 26 V.S.A. chapter 61;

16 (F) a representative of the parent-child center network;

17 (G) a representative of the Vermont Afterschool Program;

18 (H) a representative of Building Bright Futures;

19 (I) a representative of Vermont's "Help Me Grow" Resource and

20 Referral Service Program;

1 (J) a representative of trauma survivors or of family members of trauma
2 survivors;

3 (K) a public school teacher, administrator, guidance counselor, or school
4 nurse with knowledge about adverse childhood and family experiences;

5 (L) a private practice physician licensed pursuant to 26 V.S.A.
6 chapter 23 or 33, a private practice nurse licensed pursuant to 26 V.S.A.
7 chapter 38, or a private practice physician assistant licensed pursuant to
8 26 V.S.A. chapter 31;

9 (M) a representative of Prevent Child Abuse Vermont; and

10 (N) a representative of the Community Justice network of Vermont.

11 (c) Powers and duties. In light of current research and the fiscal
12 environment, the Committee shall analyze existing resources related to
13 building resilience in early childhood and advise the Agency on appropriate
14 structures for advancing the most evidence-informed and cost-effective
15 approaches to serve children experiencing trauma.

16 (d) Assistance. The Committee shall have the administrative, technical,
17 and legal assistance of the Agency of Human Services.

18 (e) Meetings.

19 (1) Meetings shall be held at the call of the Secretary of Human
20 Services, but not more than 12 times annually.

1 (2) The Committee shall select a chair from among its members at the
2 first meeting.

3 (3) A majority of the membership shall constitute a quorum.

4 Sec. 3. AGENCY APPOINTMENT RELATED TO ADVERSE
5 CHILDHOOD AND FAMILY EXPERIENCE WORK

6 On or before September 1, 2017, the Secretary of Human Services shall
7 inform the chairs of the Senate Committee on Health and Welfare and House
8 Committees on Health Care and on Human Services as to whether the Agency
9 was able to reallocate a position within the Agency for the purpose of directing
10 the Agency's work pursuant to 18 V.S.A. § 3353 or whether some other
11 arrangement was implemented.

12 Sec. 4. ADVERSE CHILD AND FAMILY EXPERIENCES;
13 PRESENTATION

14 On or before February 1, 2018, the person or persons directing the
15 Agency's work related to adverse childhood and family experiences shall
16 present to the House Committees on Health Care and on Human Services and
17 to the Senate Committee on Health and Welfare findings and recommendations
18 related to each of the following, as well as proposed legislative language where
19 appropriate:

20 (1) identification of existing home visiting services and populations
21 eligible for these services, as well as a proposal for expanding home visits to

1 all Vermont families with a newborn infant by addressing both the financial
2 and strategic implications of universal home visiting;

3 (2) identification of all existing grants administered by the Agency of
4 Human Services for professional development related to trauma-informed
5 training;

6 (3) determination of what policies, if any, the Agency of Human
7 Services should adopt regarding the use of evidence-informed grants with
8 community partners that are under contract with the Agency to provide trauma-
9 informed services;

10 (4) development of a proposal for measuring the outcomes of each of
11 the initiatives created by this act, including specific quantifiable data and the
12 amount of any savings that could be realized by the prevention and mitigation
13 of adverse childhood and family experiences; and

14 (5) identification of measures to assess the long-term impacts of adverse
15 childhood and family experiences on Vermonters and to assess the
16 effectiveness of the initiatives created by this act in interrupting the effects of
17 adverse childhood and family experiences.

18 Sec. 5. INVENTORY AND INTERIM REPORT

19 (a) The person or persons directing the Agency's work related to adverse
20 childhood and family experience pursuant to 33 V.S.A. § 3353, in consultation
21 with Vermont's "Help Me Grow" Resource and Referral Service Program,

1 shall create an inventory of available State and community resources, program
2 capabilities, and coordination capacity in each service area of the State with
3 regard to the following:

4 (1) programs or providers currently screening patients for adverse
5 childhood and family experiences or conducting another type of trauma
6 assessment, including VCHIP’s work integrating trauma-informed services in
7 the delivery of health care to children and the screening and surveillance work
8 occurring in early learning programs;

9 (2) regional capacity to establish integrated prevention, screening, and
10 treatment programming and apply uniformly the Department for Children and
11 Families’ Strengthening Families Framework among service providers;

12 (3) availability of referral treatment programs for families and
13 individuals who have experienced childhood trauma or are experiencing
14 childhood trauma and whether telemedicine may be used to address shortages
15 in service, if any; and

16 (4) identification of any regional or programmatic gaps in services or
17 inconsistencies in the use of adverse childhood and family experiences
18 screening tools.

19 (b) On or before November 1, 2017, the person or persons directing the
20 Agency’s work related to adverse childhood and family experiences shall
21 submit the inventory created pursuant to subsection (a) of this section and any

1 preliminary recommendations related to Sec. 4 of this act to the Senate
2 Committee on Health and Welfare and House Committees on Health Care and
3 on Human Services.

4 Sec. 6. ADVERSE CHILDHOOD AND FAMILY EXPERIENCES;
5 RESPONSE PLAN

6 On or before January 15, 2019, the person or persons directing the
7 Agency's work related to adverse childhood and family experiences pursuant
8 to 33 V.S.A. § 3353, shall present a plan to the House Committees on Health
9 Care and on Human Services and the Senate Committee on Health and Welfare
10 regarding the integration of evidence-informed and family-focused prevention,
11 intervention, treatment, and recovery services for individuals affected by
12 adverse childhood and family experiences. The plan shall address the
13 coordination of services throughout the Agency and shall propose mechanisms
14 for improving and engaging community providers in the systematic prevention
15 of trauma, as well as screening, case detection, and care of individuals affected
16 by adverse childhood and family experiences.

17 Sec. 7. 16 V.S.A. chapter 31, subchapter 4 is added to read:

18 Subchapter 4. School Nurses

19 § 1441. FAMILY WELLNESS COACH TRAINING

20 A school nurse employed by a primary or secondary school shall participate
21 in a training program, such as trauma-informed programming approved by the

1 Department of Health in consultation with the Department of Mental Health,
2 which may include programming offered by Prevent Child Abuse Vermont.
3 After a school nurse has completed a training program, he or she may provide
4 family wellness coaching to those families with a student attending the school
5 where the school nurse is employed.

6 Sec. 8. 18 V.S.A. § 705 is amended to read:

7 § 705. COMMUNITY HEALTH TEAMS

8 * * *

9 (d) The Director shall implement a plan to enable community health teams
10 to work with school nurses in a manner that enables a community health team
11 to serve as:

12 (1) an educational resource for issues that may arise during the course of
13 the school nurse's practice; and

14 (2) a referral resource for services available to students and families
15 outside an educational institution in coordination with the primary care
16 medical home.

17 Sec. 9. 18 V.S.A. § 710 is added to read:

18 § 710. ADVERSE CHILDHOOD AND FAMILY EXPERIENCE

19 SCREENING TOOL

20 The Director of the Blueprint for Health, in coordination with the Women's
21 Health Initiative, and in consultation with the person or persons directing the

1 Agency of Human Service’s work related to adverse childhood and family
2 experiences pursuant to 18 V.S.A. § 3353, shall work with those health
3 insurance plans that participate in Blueprint for Health payments to plan for an
4 increase in the per-member per-month payments to primary care and obstetric
5 practices for the purpose of incentivizing use of a voluntary evidence-informed
6 screening tool. In addition, the Director of the Blueprint for Health shall work
7 with these health insurers to plan for an increase in capacity payments to the
8 community health teams for the purpose of providing trauma-informed care to
9 individuals who screen positive for adverse childhood and family experiences.

10 Sec. 10. RECOMMENDATIONS RELATED TO BLUEPRINT FOR
11 HEALTH INCENTIVES

12 As part of the report due pursuant to 18 V.S.A. § 709, the Director of the
13 Blueprint for Health shall submit any recommendations regarding the design of
14 adverse childhood and family experience screening incentives required
15 pursuant to 18 V.S.A. § 710.

16 Sec. 11. HOME VISITING REFERRALS

17 The person or persons directing the Agency of Human Service’s work
18 related to adverse childhood and family experiences pursuant to 18 V.S.A.
19 § 3353 shall coordinate with the Director of the Blueprint for Health and the
20 Women’s Health Initiative to ensure all obstetric, midwifery, pediatric,
21 naturopathic, and family medicine and internal medicine primary care practices

1 participating in the Blueprint for Health receive information about regional
2 home visiting services for the purpose of referring patients to appropriate
3 services.

4 Sec. 12. GRANTS TO COMMUNITY PARTNERS

5 For the purpose of interrupting the widespread, multigenerational effects of
6 adverse childhood and family experiences and their subsequent severe, related
7 health problems, the Agency shall ensure that grants to its community partners
8 related to children and families strive toward accountability and community
9 resilience.

10 * * * Training and Coordination * * *

11 Sec. 13. CURRICULUM; UNIVERSITY OF VERMONT'S COLLEGE OF
12 MEDICINE AND SCHOOL OF NURSING

13 The General Assembly recommends that the University of Vermont's
14 College of Medicine and College of Nursing and Health Sciences expressly
15 include information in their curricula pertaining to adverse childhood and
16 family experiences and their impact on short- and long-term physical and
17 mental health outcomes.

18 * * * Effective Date * * *

19 Sec. 14. EFFECTIVE DATE

20 This act shall take effect on July 1, 2017.

1 and that after passage the title of the bill be amended to read: “An act relating
2 to building resilience for individuals experiencing adverse childhood and
3 family experiences”

4

5

6 (Committee vote: _____)

7

8

Senator _____

9

FOR THE COMMITTEE