

## Overview Information: Adult & Child Bed Capacity and Utilization

### Adult Hospital Inpatient: 190 Beds

- **Level 1 Involuntary** – involuntary hospitalization stays paid at-cost to contracted and state providers for people who are the most acutely distressed who require additional resources
  - Vermont Psychiatric Care Hospital (VPCH) - 25
  - Brattleboro Retreat – 14
  - RRMC – 6

**Total Capacity: 45**

**Utilization: 84-96% FY16**

- **Non-Level 1 Involuntary** – involuntary hospitalization stays for individuals who do not require additional resources
- **Voluntary** – voluntary hospitalization stays
  - Brattleboro Retreat - 75
  - Central Vermont - 14
  - University of Vermont -Medical Center - 27
  - Rutland Regional Medical Center – 17
  - Veteran’s Hospital - 2
  - Windham Center at Springfield Hospital -10

**Total Capacity: 145**

**Utilization: 80-92% FY16**  
**65-72% of FY 16 Admissions are non-Level 1**

**National Benchmark:** VT State Hospital .11 per 1,000 People while US is .44 per 1,000 People  
Other VT Hospital .77 per 1,000 People while US is 1.29 per 1,000 People

### Adult Community Residential Secure: 7 Beds

- Residential beds for individuals who do not require inpatient hospitalization and have Orders of Non-Hospitalization (ONH) that include condition to reside in a secure bed.
  - Middlesex Secure Residential Recovery Program - 7

**Total Capacity: 7**

**Utilization: 71-100% FY 16**

### Adult Community Residential Voluntary:

- Crisis Bed Programs – 40 Beds
  - Intensive Residential Recovery Programs (IRR)– 47 Beds
  - Group and Supported Residential Programs – 175
- \*LOS - Days to Weeks  
LOS - Weeks to Months  
LOS – Months to Years  
\*Length of Stay

**Total Capacity: 262**

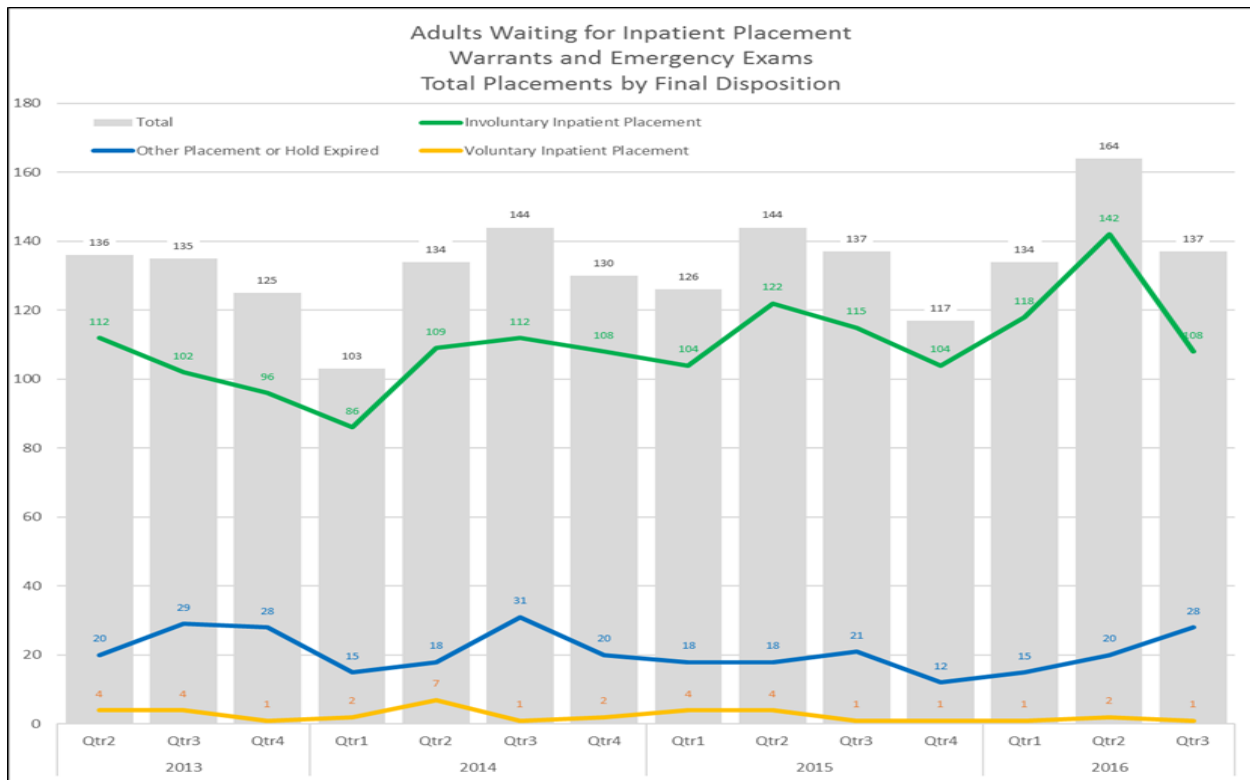
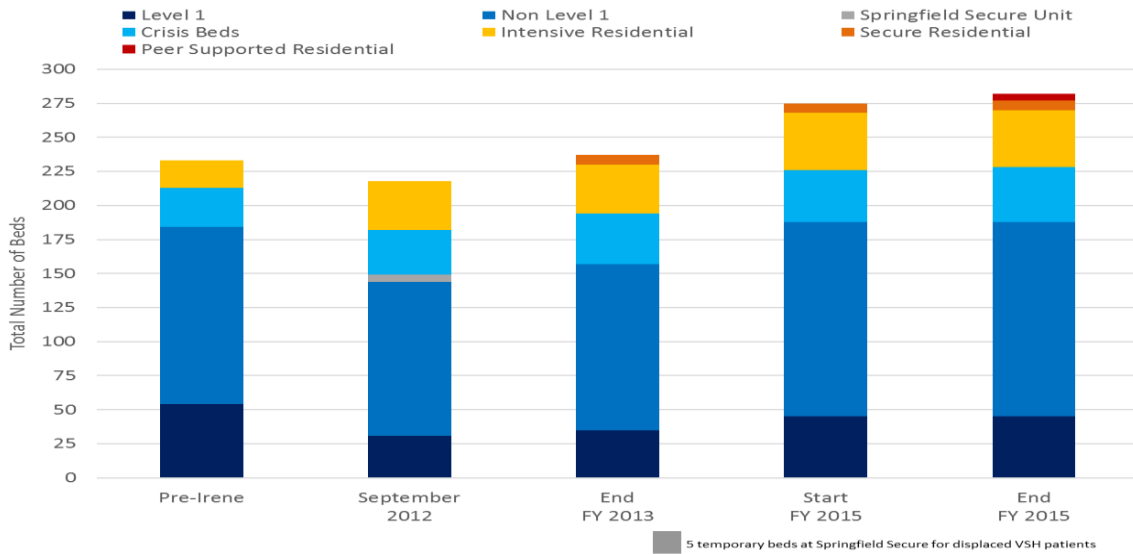
**FY16 Utilization: 70-76% Crisis**  
**83-88% IRR**  
**93-95% Other**

### Child Hospital Inpatient: Total Capacity 30 Beds

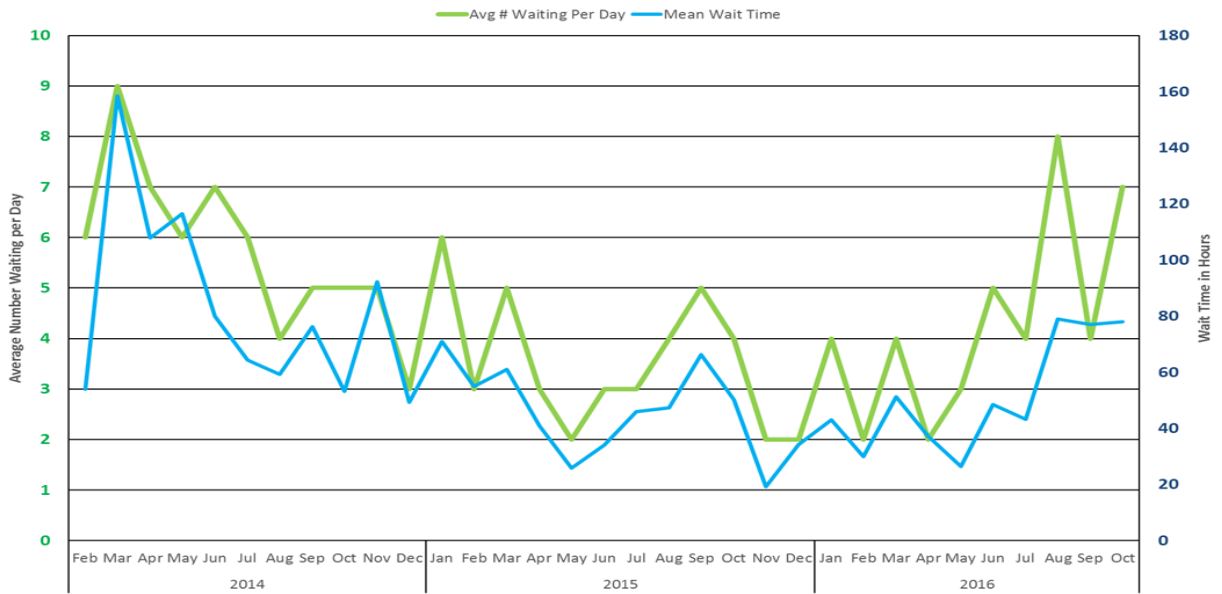
- **Voluntary and Involuntary:**
  - Brattleboro Retreat - 30
- **Community Voluntary Diversion Alternatives – Total Capacity 12 (+6 in development)**
  - Crisis Bed Programs – 12 (6 in development)

# Psychiatric Beds in the System of Care

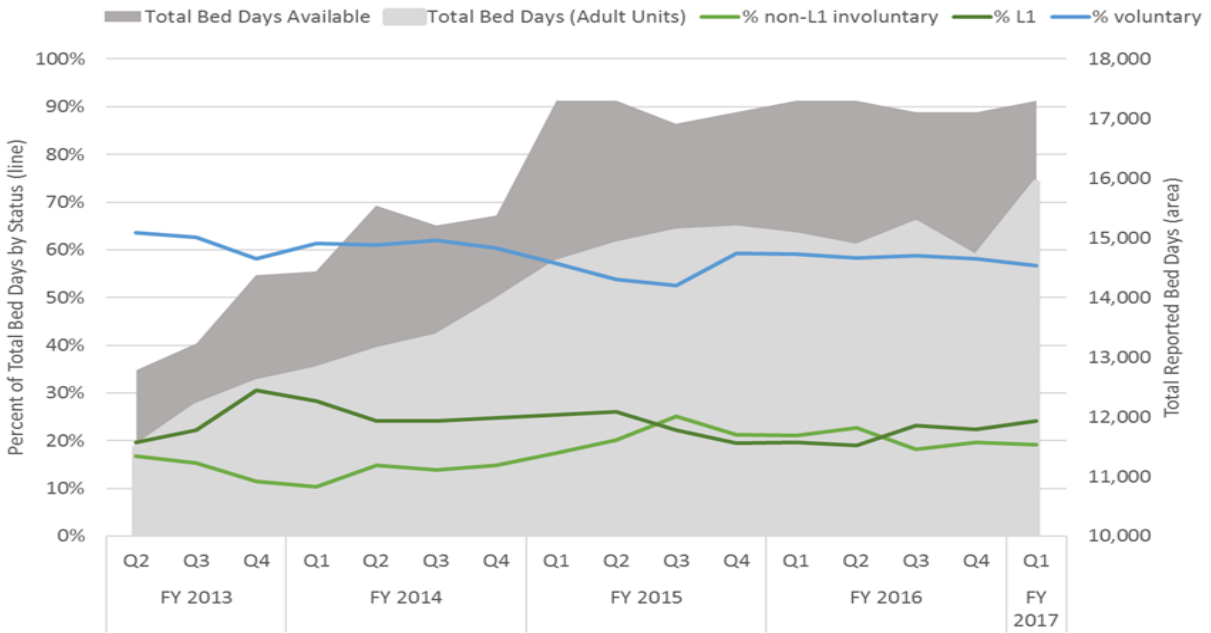
## Vermont Department of Mental Health Psychiatric Beds in Adult System of Care



**Comparison of Wait Time to Average Numbers of People Waiting  
Inpatient Placement for Adult Emergency Exams, Warrants, and Forensic Observations  
Feb 2014 - Oct 2016**

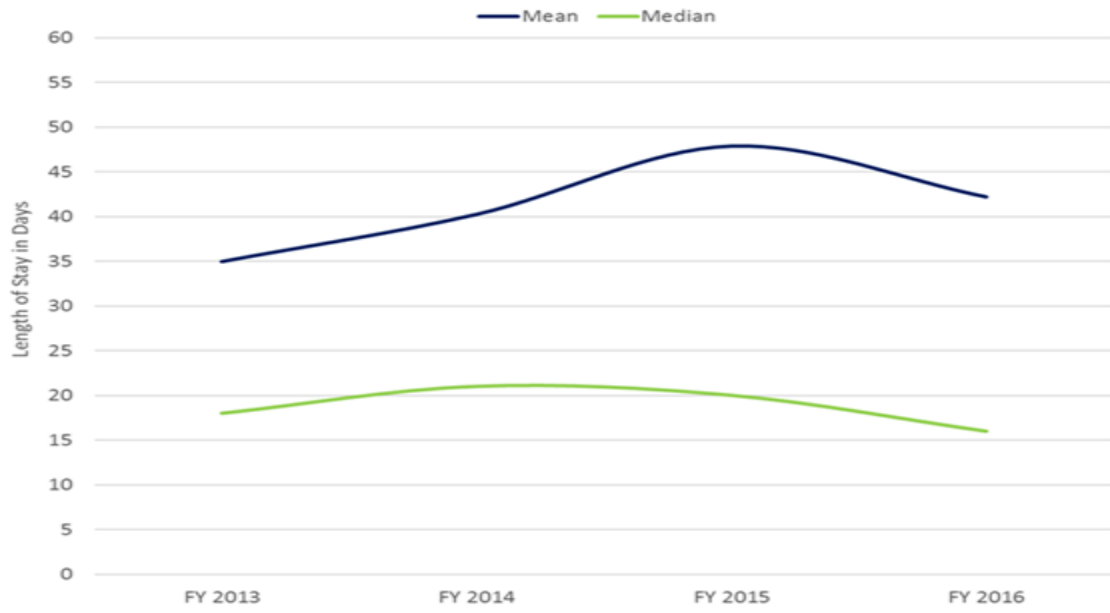


**Vermont Adult Psychiatric Inpatient Beds  
Estimation of Bed Days by Status  
(DRAFT)**



Date of Report (draft): December 1, 2016.  
Based on data reported to the VT DMH electronic bed board system by hospital units, DMH Level 1 determination spreadsheet for Level 1 stays, and DMH adult involuntary tracking spreadsheet for all involuntary stays.

### Inpatient Length of Stay in Designated Hospitals Adult Involuntary Stays



### 30-day Inpatient Psychiatric Readmission Rate Adult Involuntary Stays

