

A M E R I C A N

CAREERS™

High School Planning Edition



It's time to start
planning for the future.

SPECIAL EDITION FOR VERMONT

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It's time to make some realistic choices.

PERHAPS YOU'VE
DREAMED OF BEING ...

AN ASTRONAUT

A MOVIE STAR

A DRAG RACER

A FASHION MODEL

A VETERINARIAN

A NURSE

WHATEVER YOUR
DREAM CAREER,
HIGH SCHOOL IS
THE TIME TO REALLY
START PREPARING
FOR THE FUTURE.
THIS EDITION OF
AMERICAN CAREERS
CAN HELP!

1 THINK ABOUT THE LIFESTYLE YOU WANT.

Look at the income needs of a typical middle class family on pages 3-5. Then think about your future lifestyle. Can you get by on what the Smiths make? What income do you need to support your kind of life? Take a look at the chart on page 6. Based on your interests, what career and educational path should you choose to support your future lifestyle?

2 TAKE THE QUIZ THAT BEGINS ON PAGE 7.

It will help you get to know yourself better and discover some careers you may be interested in. See your counselor if you want to take other career quizzes.

3 EXPLORE A VARIETY OF CAREER PATHS ON PAGES 10-23.

See the kinds of jobs these careers offer. Many of the articles contain charts that show how much you might earn.

4 START PREPARING FOR YOUR CAREER IN HIGH SCHOOL.

In addition to required courses, many high schools offer a variety of career preparation opportunities. Some are described on page 24. There's room to list several you might be interested in.

5 COMPLETE YOUR PERSONAL PLANNER.

Turn to the center of the magazine. This special insert lets you plan your high school program. It has space for required courses and space to fill in the courses you need to prepare for the career of your choice.

Start to map out your career path here ...

STATE OF VERMONT
SCHOOL-TO-WORK
Student Career/Transition Plan

Personal Data

Name: _____ Date: _____

School: _____ Grade: _____

Town of Residence: _____ Tel. No.: _____

Personal Interest Checklist

1. Work Experience. List work experience and any other job-related activities such as volunteer work in community organizations. Write down which one of these was the most successful for you.
2. Talk with parents or adults about career plans. Write a few notes on the comments that you found helpful in selecting a career.
3. Seek opportunities to visit workplaces, to do job shadowing, to talk with employers. Note any jobs that you like.
4. What are your personal interests and/or hobbies?
5. Which subjects in school do you do well in? What type of careers relate to the subjects that you like?
6. Based on your answers for the items listed above, identify a career path possibility among the following that would be of interest to you. ✓
 - ___ Work in retailing, insurance, banking, tourism, marketing.
 - ___ Work in agriculture, conservation, forestry, horticulture.
 - ___ Work in electronics, automobile repair services, manufacturing, carpentry, masonry, electrical, etc.
 - ___ Work in journalism, performing arts, printing, design.
 - ___ Work in health, culinary arts, human services.

Ask your teacher or guidance counselor for assistance in finding more information about your career interests.

7. Identify a job in the career path you selected in #6, and go on to the next page.

Start Here

CAREER PLANNING FLOWCHART

Step 1

List your job/career choice:

Step 2

Check (✓) all education and/or training required:

- _____ 1. High school diploma
- _____ 2. Technical education
- _____ 3. Other career training: Apprenticeship
- _____ 4. Associate degree (two-year college)
- _____ 5. Bachelor's degree (four-year college)
- _____ 6. Professional degree (i.e., master's, doctorate)

Step 3

If your career choice requires more than technical education, list area colleges or educational institutions that offer degree programs in your area of interest:

Step 4 PLAN YOUR HIGH-SCHOOL COURSES

- a. List all courses you plan to take during grades 9-12 and any other supporting activities that will help you reach your career goal.
- b. Check (✓) the courses which may qualify you for advanced placement at area two-year colleges or universities (AP, TAP, etc.). Enter your checkmarks on the left column beside the course title.
- c. **Remember:** Planning the right academic and technical education in high school can save you time, money and frustration in preparing for a rewarding career!

FRESHMAN YEAR

Course Grade

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Other activities:

SOPHOMORE YEAR

Course Grade

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Other activities:

SENIOR YEAR

Course Grade

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Other activities:

JUNIOR YEAR

Course Grade

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Other activities:

Step 5

CHECKLIST FOR SENIORS HEADED FOR FOUR-YEAR COLLEGES:

- _____ apply for admission and have transcripts and test scores mailed
- _____ visit campuses
- _____ apply for financial aid

CHECKLIST FOR SENIORS HEADED FOR TWO-YEAR COLLEGES:

- _____ apply for admission
- _____ apply for financial aid
- _____ apply for advanced placement
- _____ apply for college co-op and/or special tuition assistance programs

CHECKLIST FOR SENIORS HEADED FOR THE WORKPLACE:

- _____ meet with the job placement coordinator
- _____ brush up application and interviewing skills
- _____ check into company's policies for paying college tuition in case you want to continue your education later

Step 6

COMPLETE TRAINING AT:

(College choice)

Congratulations, you did it!
You're now ready to begin a rewarding, exciting career!