



*March of Dimes
Northeast
Advocacy and
Government Relations*

February 16, 2017

To: Representative Kathleen Keenan, House Appropriations Committee
From: Abigail Rogers, Director, Advocacy and Government Affairs,
March of Dimes Northeast
Date: February 16, 2017
Re: FY 18 Budget - Tobacco cessation programs that serve pregnant women

The March of Dimes Vermont supports the efforts of the Vermont Department of Health in providing smoking cessation programs throughout the state. All states are now required to cover smoking cessation services for Medicaid enrolled pregnant women. To effectively implement this important benefit, the Vermont Department of Health needs to use their funding for smoking cessation to educate and motivate both providers and pregnant women.

Smoking is a health risk factor for moms and their infants.

- Approximately 20% of Vermont women of childbearing age smoke, and 18% of women smoke during pregnancy.
- Women who smoke during pregnancy are more likely than nonsmokers to have a preterm or low birthweight baby.
- Prematurity is the leading cause of death in the first month of life, and a significant determinant of morbidity and mortality, including developmental delays, chronic respiratory problems, blindness and deafness.
- Maternal tobacco use has been associated with intrauterine growth retardation, prematurity, perinatal mortality, and congenital malformations.
- In addition, exposure to secondhand smoke during pregnancy and after birth increases the risk of sudden infant death syndrome (SIDS), a key contributor in infant mortality.

Smoking is the single most modifiable risk factor for adverse pregnancy outcomes in our nation. Studies have shown the effectiveness and cost effectiveness of smoking cessation strategies. Therefore, we request that the following language, which has appeared in the budget for many years, be added to this year's budget:

Sec. E.312. Health - public health

(b) Funding for the tobacco programs in fiscal year 2018 shall include funding for tobacco cessation programs that serve pregnant women.