



Recovery House, Inc.

P.O. Box 207

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Serenity House Expansion Project Proposal for One-Time Funding

Recovery House Inc. is a Vermont Nonprofit Organization that has provided substance use disorder treatment to Vermonters for 48 years. A major component of Recovery House offerings is residential treatment provided at Serenity House in Wallingford, Vermont. When the Maple Leaf Farm Treatment Center closed in early 2017, Serenity House was able to partially compensate for the loss of 41 treatment beds by using beds in our Rutland location. Serenity House was able to bring these beds online very quickly by repurposing some transitional housing beds. While these ten beds have served well as a stop gap measure in emergency circumstances, they do not provide detoxification services.

Serenity House has been hard at work planning an addition to our residential treatment center to incorporate these **10 additional beds to (1) provide detoxification services and (2) enhance capacity for women.** There is an **ever-increasing need for treatment for women, and pregnant women are a top priority for treatment.** This project provides the capability to provide over 1,400 additional days of treatment to the female population.

Serenity House had hoped to build this addition with funds we have accumulated, because we have always done everything possible to be self-sufficient. However, in order to provide these needed services to Vermonters at a reasonable rate, we need to seek some support from the State.

Cost and Savings

We have estimates that the addition and associated interior renovations will cost in the neighborhood of \$750,000. Serenity House can, by using accumulated

funds and seeking financing, provide about half of the cost. We are requesting the remaining \$400,000 from the state in order to increase our ability to provide detoxification services and services to women. Please keep in mind that detox services are far more expensive in a hospital setting, so we believe this is a sound fiscal investment, and it is in line with other Addiction Recovery efforts in Vermont. This is an opportunity to save Vermonters a tremendous amount of money.

- A hospital detoxification will carry bed costs of approximately \$1,000/day, while detoxification at Serenity House will cost a little more than \$200/day.
- During FY 17 Serenity House provided 202 days of alcohol detox services. The bed costs for these services was about \$50,000. Had these detoxes been done in a hospital, the bed cost would have been over \$200,000.
- In FY 18 Serenity House, has provided about 191 days of detox services through March 22nd. The bed cost for these services was about \$40,000. Hospital costs would have been nearly \$200,000.
- Using very conservative figures this addition has the potential to save Vermonters \$100,000 annually in costs associated with alcohol detoxification (with a payback time of 4 years).

Using tobacco settlement funds, the House has established an SUD response fund, a specific fund to finance time limited or self-sustaining SUD initiatives including initiatives related to prevention, intervention, harm reduction, treatment, recovery and work force development. This project meets several of these categories and is a good investment for Vermonters suffering from Substance Use Disorders.

Thank you



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RECOVERY HOUSE, INC.

ONE TIME SPENDING PROPOSAL

Fiscal Year 17 Hospital Admits
Alcohol – Alcohol/Opioid
Data provided by Department of Vermont Health Access

	Q1	Q2	Q3	Q4	Total
Alcohol Dependence	133	87	92	87	399
Alcohol/Opioid Dependence	10	6	14	13	43
Total	143	93	106	100	442

- ▶ A hospital detoxification will carry bed costs of approximately \$1,000/day, while detoxification at Serenity House will cost a little more than \$200/day.
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Serenity House

Grace House

A Substance Abuse Services nonprofit founded in 1972
Residential Substance Abuse Detoxification
Residential Substance Abuse Treatment
Medication Assisted Therapy
Public Inebriate Program

**1,652 people called Serenity House
requesting services in fiscal year 2017**
1,006 calls were from males
646 calls were from females

**6,820 days of treatment were provided in
fiscal year 2017**
86% Medicaid
7% Private Insurance
7% ADAP block grant funds

547 clients were admitted to Serenity House in fiscal year 2017

357 admissions were males
190 admissions were females

309 seeking detoxification/treatment for opiate addiction
158 seeking detoxification/treatment for alcohol addiction
80 seeking detoxification/treatment for other substances

29% of admissions were from Rutland County
71% of admissions were from other Vermont counties (approximately)



Changing Lives One Day At A Time

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November 2017

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