



Vermont's Draft State Plan on Aging 2019 - 2022

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Purpose of the State Plan on Aging (SPA)

- Required by the federal Older Americans Act (OAA). DAIL must periodically develop a new SPA and then reports to the Administration for Community Living (ACL) each year on progress.
- The vehicle that allows Vermont to receive OAA funds.
- Designed to guide the state in understanding the needs of older Vermonters and in planning to meet those needs with a comprehensive system of services and supports.

Timeline of the Plan

- Fall 2017: Statewide needs assessment of older Vermonters, including survey, stakeholder interviews, and collaborative meetings with AAAs and other providers.
- Jan-March 2018: DAHL drafted the SPA and submitted to ACL for initial review.
- April 9–27, 2018: Public Comment Period.
- May–June: SPA is revised.
- July 1, 2018: Final SPA is submitted to ACL.
- October 1, 2018: SPA takes effect.
- 2019 – 2022: Yearly progress reports to ACL.

Find the draft at: asd.vermont.gov

VERMONT OFFICIAL STATE WEBSITE

VERMONT

DISABILITIES, AGING AND INDEPENDENT LIVING
Adult Services Division

FOR CONSUMERS FOR PARTNERS STAFF DIRECTORY

Aging in Vermont »
Helping Vermonters pursue their goals and preferences within their chosen communities.

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Get Help Now
How to get help for you, a friend, or a loved one.

Services
List of Services and Providers throughout the State

Report a Concern
Concerns about Adult Abuse, Neglect or Exploitation, Quality of Care, Medicaid Fraud and more.

Latest News

- 26 MARCH 2018
Public Input: Vermonters Encouraged to Give Feedback on Next State Plan on Aging
- 16 FEBRUARY 2018
Exciting announcement: Memory Care at Allen Brook is open for business!
- 16 FEBRUARY 2018
Launch of the National Core Indicator consumer experience survey.
- 27 SEPTEMBER 2017
Vermont wins the "Pacesetter Prize" for Affordability and Access!
- 07 SEPTEMBER 2017
September is Falls Awareness Month: Help us

Major components of the plan

- Executive Summary
- Narrative Context: demographic changes, environmental scan, needs assessment results, description of network, vision for the state.
- Goals, Objectives, Measures & Outcomes
- Intrastate Funding Formula – how OAA funds are divided by AAA service area
- OAA Assurances

Key Goals & Objectives

GOAL 1: SUPPORT HEALTHY AGING FOR ALL

- **Objective 1.1:** Increase older Vermonter participation in evidence-based falls prevention interventions and programs.
- **Objective 1.2:** Increase behavioral health prevention, treatment and recovery for older Vermonters.
- **Objective 1.3:** Increase engagement to reduce impacts of isolation and loneliness on health and well-being of older Vermonters.
- **Objective 1.4:** Increase meaningful employment opportunities for older Vermonters to support health and financial security of individuals and a prosperous economy.

Key Goals & Objectives

GOAL 2: STRENGTHEN CORE OLDER AMERICANS ACT SERVICES THAT SUPPORT OLDER VERMONTERS IN GREATEST ECONOMIC AND SOCIAL NEED

- **Objective 2.1:** *Information and Referral/Assistance (I&R/A):* Improve I&R/A statewide so that all older Vermonters and people with disabilities who seek I&R/A through the Senior Helpline will have a consistent and high-quality experience.
- **Objective 2.2:** *Nutrition:* Increase food security of older Vermonters through the Home Delivered Meal program.
- **Objective 2.3:** *Case Management:* Support older Vermonters to live in settings they prefer through high quality case management (both OAA and Choices for Care), including person-centered planning.
- **Objective 2.4:** *Family Caregiver Support:* Ensure family caregivers of older adults and grandchildren are well supported through access to assessment, education, training and respite.

Key Goals & Objectives

GOAL 3: BOLSTER THE SYSTEM OF PROTECTION AND JUSTICE FOR OLDER VERMONTERS

- **Objective 3.1:** Improve prevention efforts to protect vulnerable older adults against abuse, neglect and exploitation while maximizing their autonomy.
- **Objective 3.2:** Increase awareness of Vermont's programs that protect vulnerable older adults, including Adult Protective Services, Office of Public Guardian, the Long-Term Care Ombudsman Program, and Legal Services.

Related Resources

- Direct Link to the Draft 2019-2022 State Plan on Aging:
[http://asd.vermont.gov/sites/asd/files/documents/Draft State Plan on Aging for Public Comment.pdf](http://asd.vermont.gov/sites/asd/files/documents/Draft%20State%20Plan%20on%20Aging%20for%20Public%20Comment.pdf)
- 2015 – 2018 State Plan on Aging: <http://asd.vermont.gov/content/vermont-state-plan-aging-2015-2017>
- 2017 Statewide Needs Assessment of Older Vermonters:
[http://asd.vermont.gov/sites/asd/files/documents/Vermont State Plan on Aging 2017 Statewide Needs Assessment Report 0.pdf](http://asd.vermont.gov/sites/asd/files/documents/Vermont%20State%20Plan%20on%20Aging%202017%20Statewide%20Needs%20Assessment%20Report%200.pdf)
- VT Demographic & Service Utilization Projections:
<http://dail.vermont.gov/resources/documents-reports/data-statistical-reports>
- Reframing Aging in Vermont: <http://asd.vermont.gov/reframing-aging-vermont>

Thank you!

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