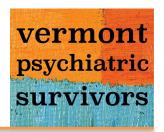


# Perspectives on Mental Health

Wilda L. White, Executive Director Vermont Psychiatric Survivors, Inc. House Committee on Health Care February 2, 2017

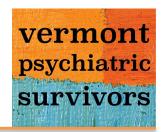
# About Wilda White



### Background

- 1980 UVM graduate
- Attorney
- International Management Consultant
- Director, UC Berkeley School of Law Social Justice Center
- Psychiatric Survivor
- Executive Director, Vermont Psychiatric Survivors since July 2015

## About VPS



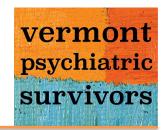
#### Mission

Vermont Psychiatric Survivors is a statewide, mutual support and civil rights advocacy organization run by and for psychiatric survivors.

Founded in 1983, our primary purpose is to insure the equal rights, protection, and participation of individuals marginalized because of psychiatric labels.

We offer mutual support to psychiatric survivors, publish a newspaper, and advocate and educate to resist and challenge discrimination.

# About VPS



#### Programs

- Patient Representatives
- Peer Advocates/Community Links
- Support Groups
- Peer-Operated Projects
- Counterpoint Newspaper
- Vocational Rehabilitation in partnership with Second Spring

### Concerns



- Underfunded community mental health system causing ER and prison boarding
- Uneven quality of care
- System-inflicted trauma from forced drugging
- High rates of disability and unemployment
- Police use of force in response to perceived mental health crises

### Causes



- Discrimination/Disenfranchisement
- Insufficient accountability
- Treatment too often results in harm
- Exclusion of psychiatric survivors/patients as stakeholders in problem-solving
- Too few treatment options

# Legislative Solutions



- Recognize problem as social justice issue, not solely a health issue
- Declare a State of Emergency
- Follow the money engage consultants to calculate the cost of our underfunded system; re-purpose money
- Mandate inclusion of psychiatric survivors in problem-solving initiatives
- Hold psychiatrists accountable