

Mental Health Care in Vermont: An Independent Practice Perspective

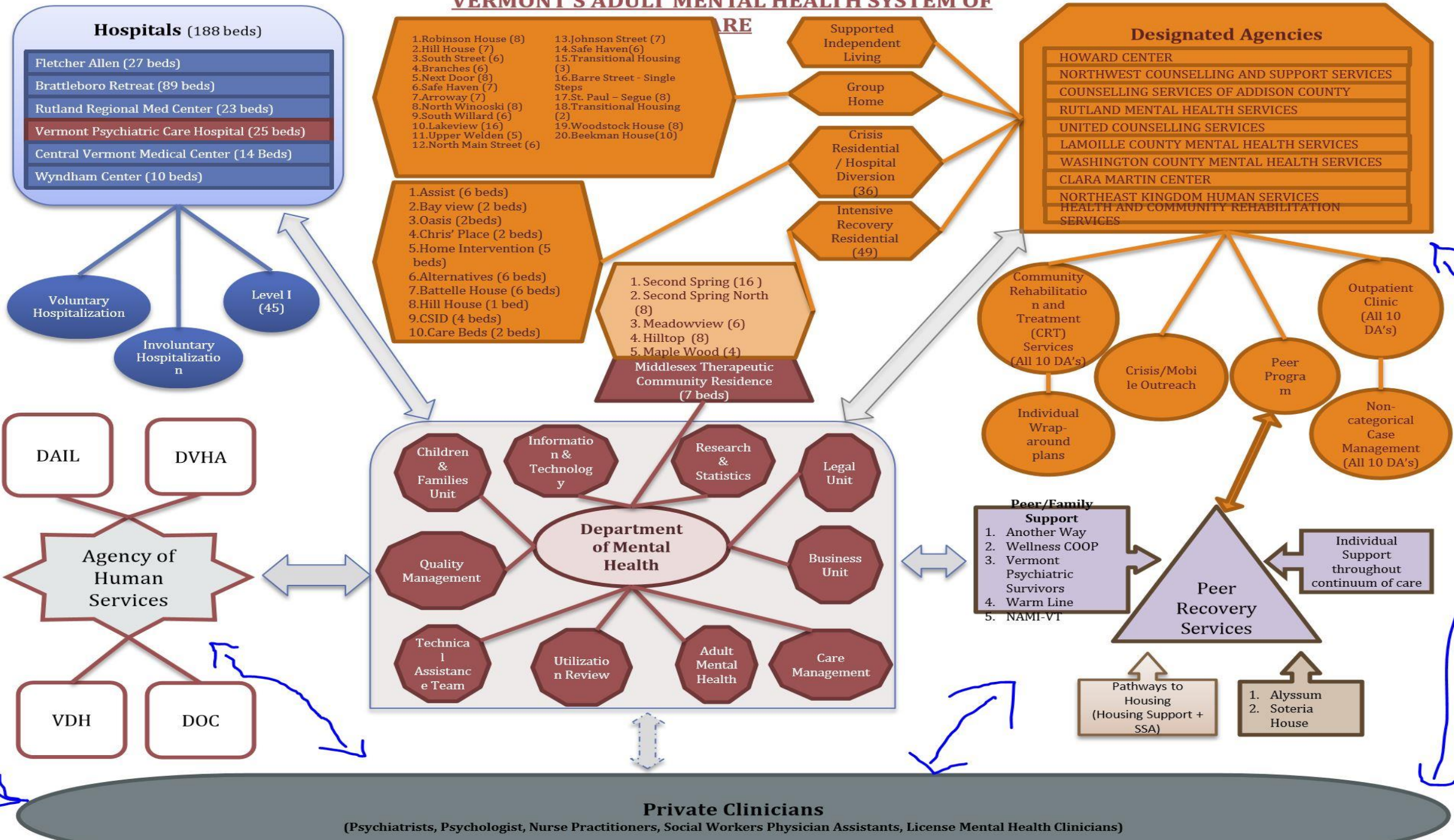
Testimony to House Committee on Health Care

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VERMONT'S ADULT MENTAL HEALTH SYSTEM OF CARE



Mental Health Workforce

Psychiatrists, APRN, PA's, Psychologists, Social Workers, Mental Health Counselors

- Governor's Workforce Workgroup Meeting Oct. 5, 2016 – [CLICK HERE](#)
- Data shows:
 - 179 Psychiatrists, 24% solo practice (42), 40% age 60+ (22% plan to retire/reduce hrs)
 - 535 Active APRN, 12% (64) Psych NPs, 18% (12) solo practice, 40% Agencies/FQHC, 42% age 60+
 - 310 PA's, 1% Psychiatric Specialty, Work under MD license
 - ~880 Active Master's Level Social Workers (1020 total), 33% (290) solo practice
 - ~474 Active Master's Level MH Counselors (686 total), 49% (232) solo practice
 - ~489 Active Master's and Doctoral Psychologists (591 total), ~50% (245) solo practice

Total MH Workforce in Independent Practice

- 42(MDs)+12(Psych NP)+290(MSW)+232(LCMHC)+245(Doc/MA)=
 - **821 MH Providers in full or part-time private practice**
 - **Some % do not accept some or all insurance for payment**
- **Note: Dept of Health Data LADC: 370 Active, 33% (122) solo practice.**
- **The majority of MH care for Vermonters is delivered by Licensed MH Providers in Independent Practice according to this data.**
- **The collaboration between independent providers and hospitals, medical practices, mental health agencies needs to be enhanced.**

New Directions

- **Non-MD Providers:** PhD/PsyD, MA, LICSW, LMFT, LCMHC, APRN, RN, LADC Expected 20% growth through 2024.
- **Unlicensed Providers:** Rostered, Bachelor's, Associates, HS Dipl, Peer Recovery
- Integrated and Collaborative Care
 - Association of Integrated Team-Based Care With Health Care Quality, Utilization, and Cost (JAMA Aug. 2016)
- Core Competency Training Models to re-engineer current workforce

New Directions

- Telehealth, Prescriptive Authority (Scope of Practice – APRN's, PA's, ND's, PhD Psych)
- Education Pipeline (SNHU) and Continue Ed Requirements
- Financial Incentives – Collaborative Care Code, Interactive Complexity
- Improved Connection between provider types
 - Role Understanding and Effective Communication
 - EHR Connectivity
- QUESTIONS?