



ADAP Adolescent Substance Use Disorder Services



Cynthia Thomas, Division Director

ADAP's System of Care

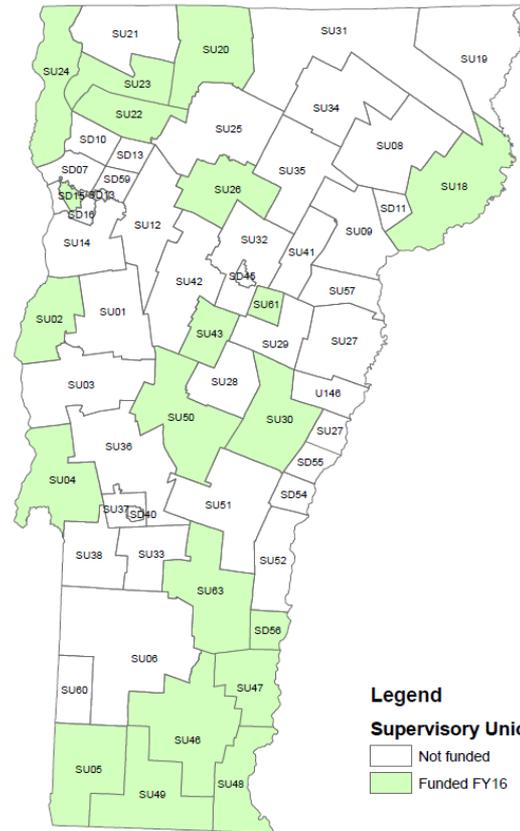
- ADAP oversees a treatment system that primarily serves low-income youth
- 70% of adolescents served in ADAP's Preferred Provider network have Medicaid coverage

School Based Services

- In 2012, Vermont Act 63 resulted in grant awards to 20 supervisory unions to support school-based substance use prevention and early intervention services.
- The grants increase the capacity of schools to coordinate substance use prevention and early intervention strategies within the overall school health framework.

School Based Services

Vermont Department of Health FY16 School-Based Substance Abuse Services Grantees



Legend
Supervisory Unions
Not funded
Funded FY16

School Based Services

- A total of 1 228 students were screened in 2013 – 2014
- 406 (33%) screened positive for a possible substance use problem
- 571 (46%) screened positive for a mental health problem
- 88% of those students who screened positive for substance abuse or mental health were referred
- Approximately 59% of referred students were reported to have connected with recommended services

Outpatient Treatment

- ADAP's Preferred Provider network consists of 12 outpatient treatment agencies that perform adolescent substance use and co-occurring treatment.
- Howard Center's Centerpoint Adolescent Treatment Services is the only provider to provide intensive outpatient treatment.
- Approximately half of these treatment agencies have clinicians embedded in some of their local schools at least one day per week.

Outpatient Treatment

- For FY15, of those admitted to adolescent specific outpatient programs, 40% were referred through the courts/criminal justice/DUI/DWI system.
- Adolescent specific providers typically have between 0 and 10 days between first contact and beginning treatment.
- In CY14, 36% of those admitted to the adolescent specific outpatient programs successfully completed treatment (includes transfer to other types of care).

Centerpoint Adolescent Treatment Services

- Uses age appropriate and evidence-based treatment practices including Seven Challenges and Seeking Safety
- Provides a flexible menu of adolescent treatment services
- Clinical staff are trained and focused on adolescent treatment practices
- Offers services in multiple Chittenden County schools and community sites

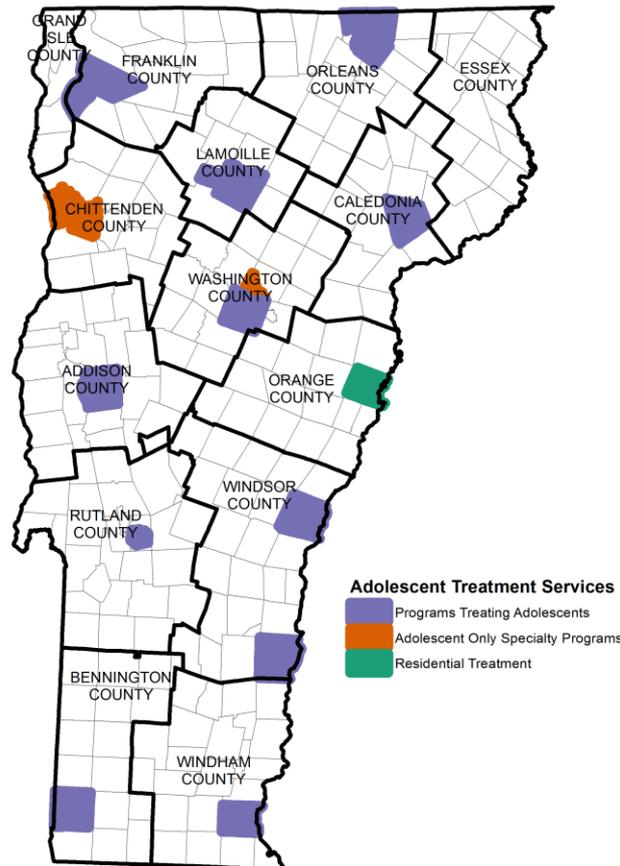
Centerpoint Adolescent Treatment Services

- ❑ Offers intervention services funded through a mix of grants and private donors
- ❑ Offers drop-in support group for families
- ❑ Prioritize immediate access: assessment appointments happen on average in 1.8 days

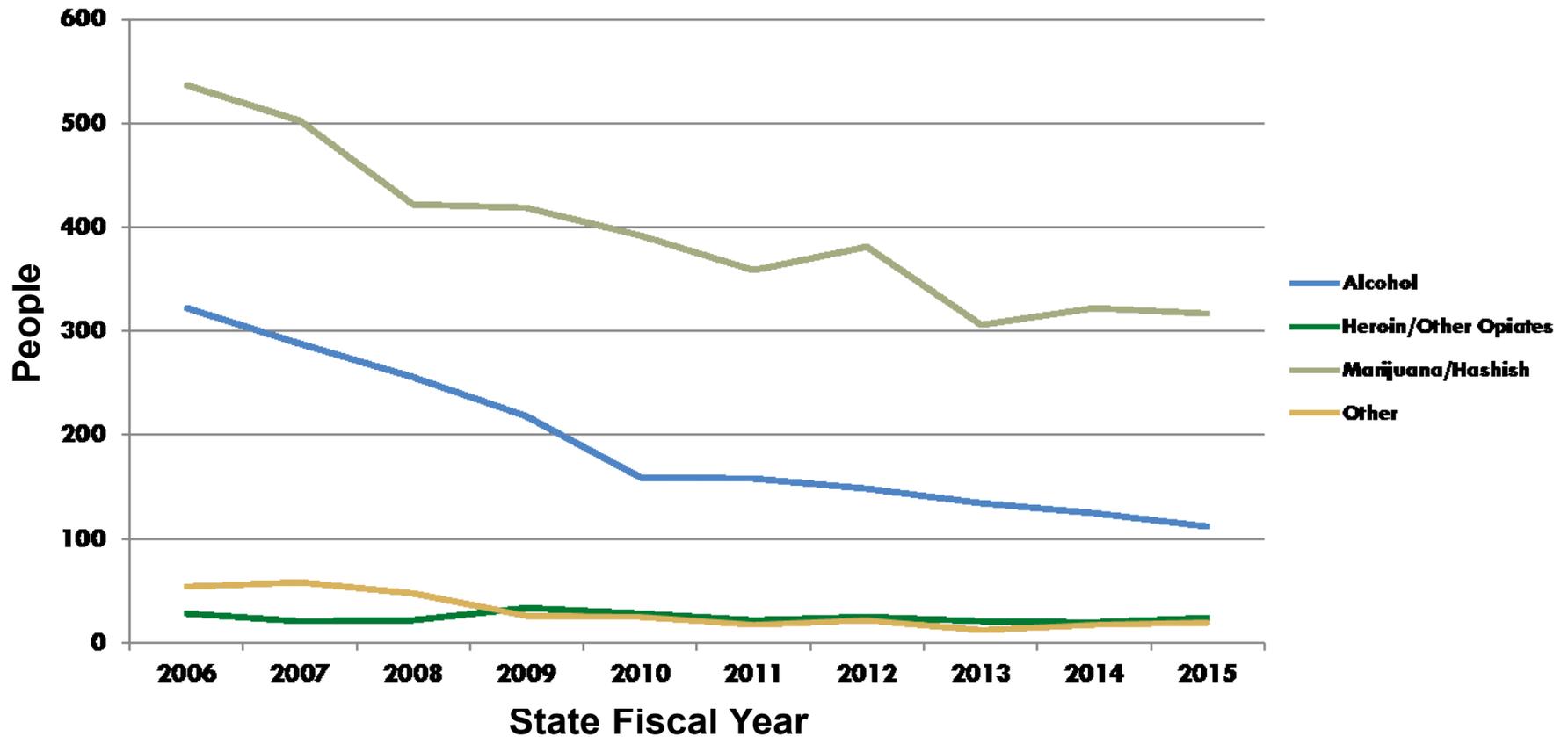
Residential Treatment Services

- Valley Vista is the only Medicaid funded residential adolescent substance use treatment provider in Vermont.
- Valley Vista has 9 adolescent beds.
- This resource is currently not used to capacity.

Adolescent Treatment



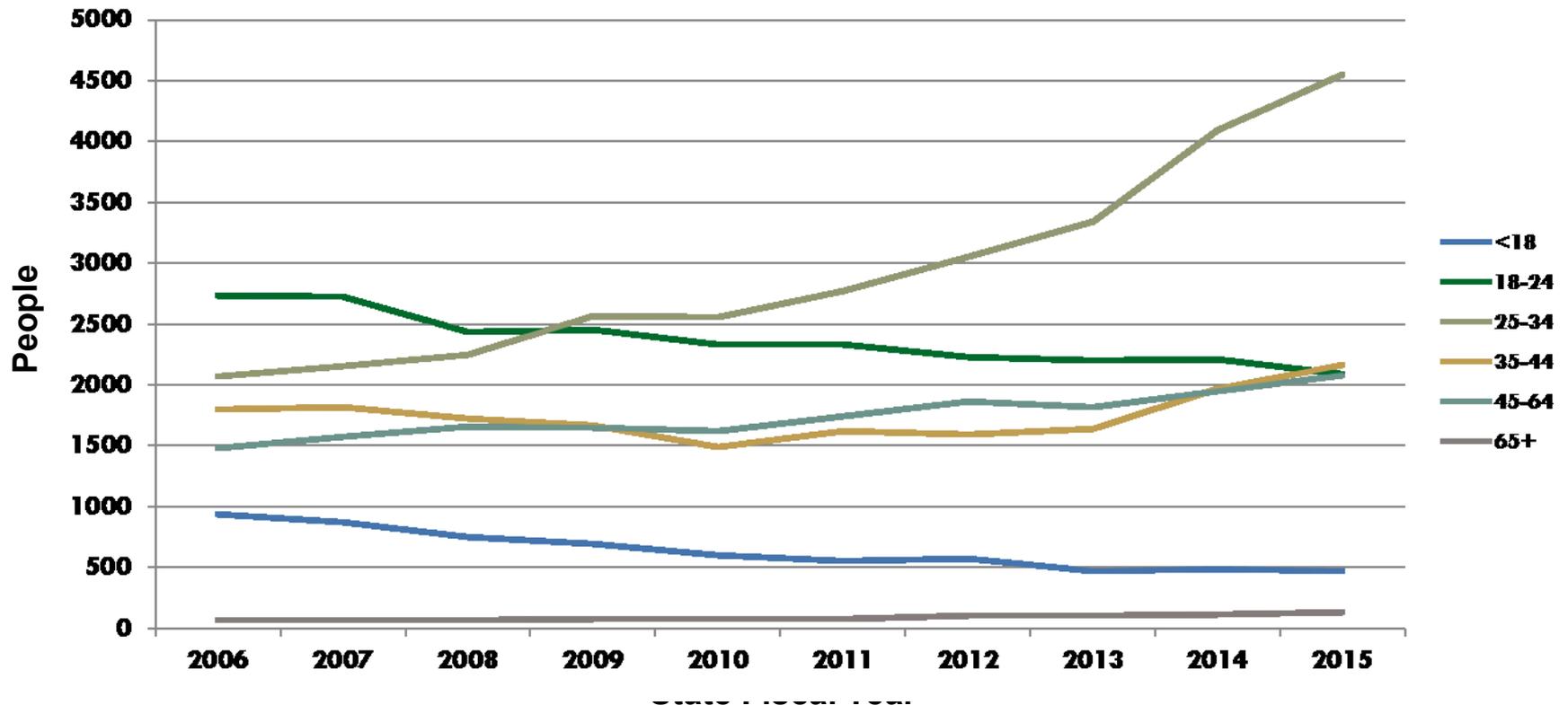
Adolescents (<18) Treated by Substance of Use and Fiscal Year



Substance	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Alcohol	322	288	256	218	159	158	148	135	125	112
Heroin/Other Opiates	28	21	22	34	28	22	25	21	20	24
Marijuana/Hashish	537	503	422	419	392	359	381	306	322	317
Other	54	58	48	26	25	18	22	12	18	20

Data Source: Vermont Substance Abuse Treatment Information System (SATIS). This reflects only people receiving treatment at state-funded treatment facilities.

People Treated for Substance Use by Age and Fiscal Year



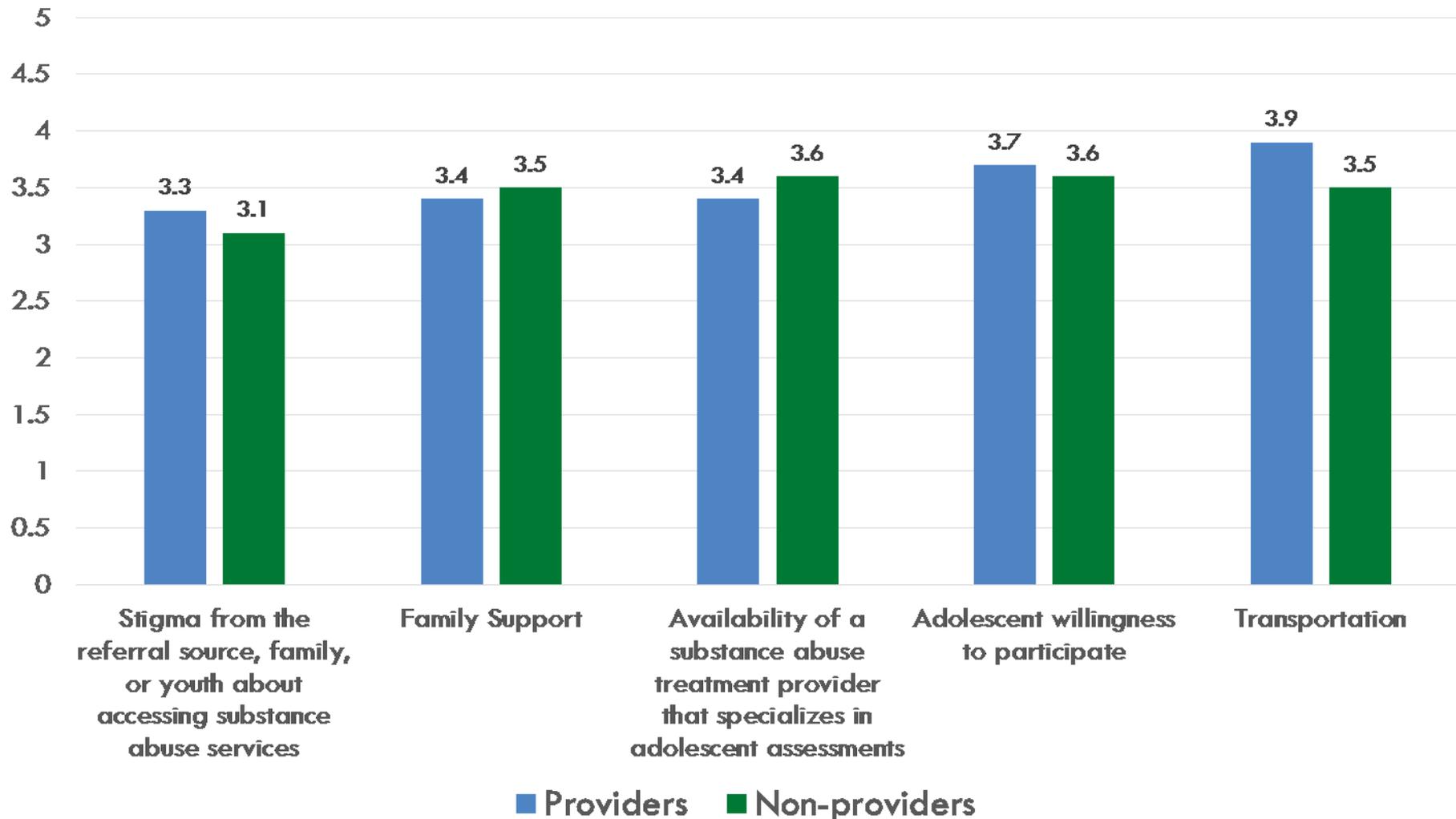
Age Category	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
<18	941	870	748	697	604	557	576	474	485	473
18-24	2731	2722	2432	2456	2337	2332	2233	2198	2210	2087
25-34	2067	2159	2246	2570	2555	2772	3054	3341	4095	4548
35-44	1799	1818	1724	1672	1495	1621	1590	1638	1968	2167
45-64	1480	1578	1663	1645	1622	1739	1865	1815	1950	2078
65+	67	68	70	78	75	78	104	104	114	132

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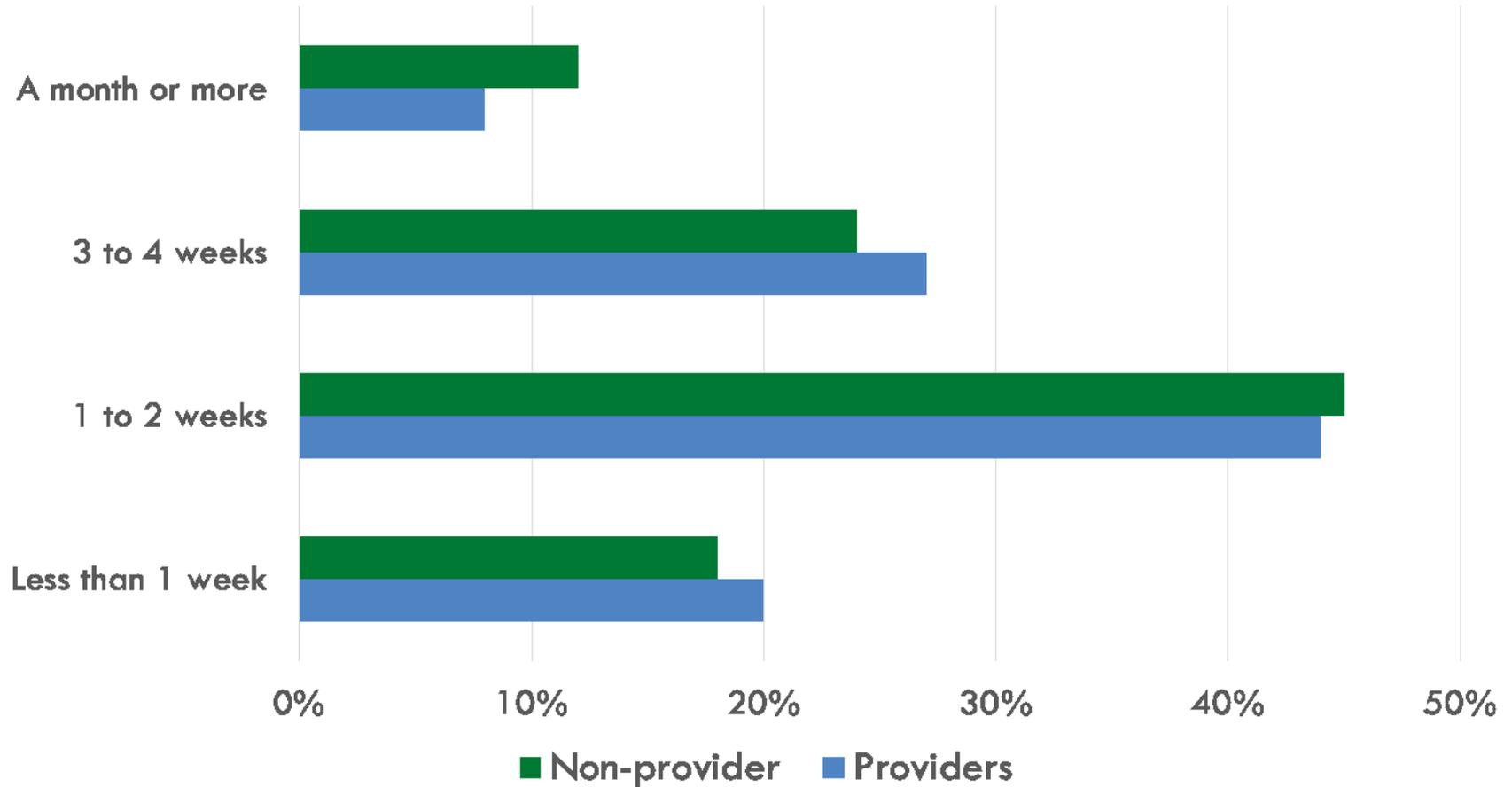
Perceived Challenges and Needs

- The Adolescent Substance Abuse Needs Assessment Survey
 - ▣ Distributed electronically in Spring 2016
 - ▣ ~580 surveys returned, responses received from all 14 Counties
 - ▣ Completed by mental health treatment providers, medical providers, school staff, community members, youth and family members

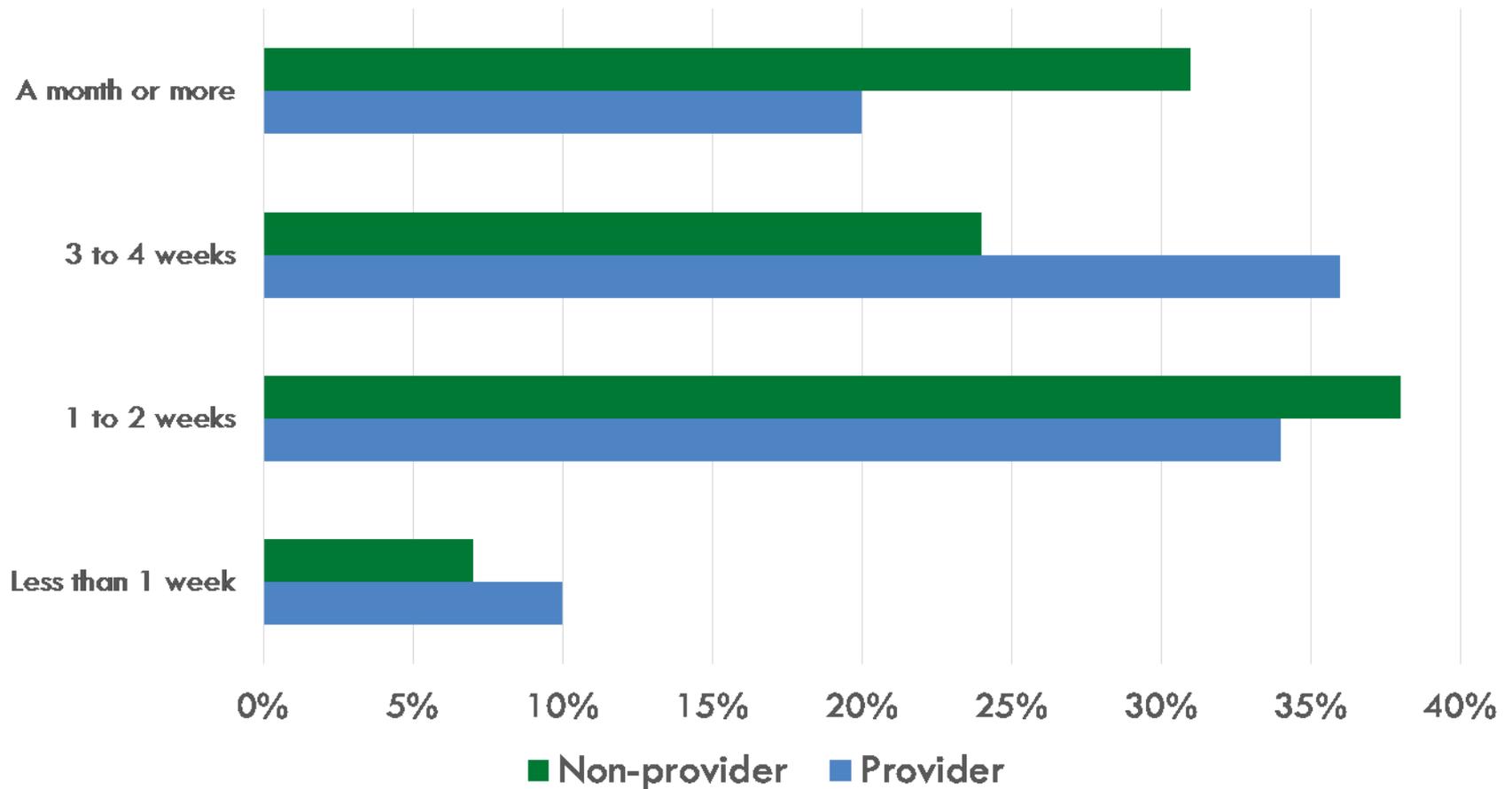
Adolescent Needs Assessment Survey: How often are the following problematic when a young person is referred for substance abuse assessment/treatment?



Adolescent Needs Assessment Survey: Average Time to Assessment Estimates



Adolescent Needs Assessment Survey: Average Time to Treatment Estimates



Access to Treatment Varies by Region

Example of three regions that are improving access to SUD services:

Lamoille County

- ❑ Behavioral Health and Wellness Center is using Seven Challenges, has clinicians embedded in 4 high schools, participates in the bimonthly Youth Provider SUD Treatment Working Sessions (co-lead by ADAP and the youth providers)
- ❑ Lamoille County Mental Health has been trained and licensed in Seven Challenges

Windham and Windsor Counties

- ❑ Health Care & Rehabilitation Services of Southeastern Vermont is using Seven Challenges within their Children's Mental Health Program, participates in the bimonthly Youth Provider SUD Treatment Working Sessions, received TA from Centerpoint to expand their adolescent SUD services, spring 2016 (funded by the VTYEP grant)
- ❑ Youth Services Brattleboro is hiring a private SUD clinician, and Washington County Youth Service Bureau has provided them with TA to grow their adolescent SUD services (funded by the VTYEP grant)

Rutland County

- ❑ One of the first adopters of Seven Challenges and actively participates in the Youth Provider SUD Treatment Working Sessions

Improving Access to Treatment

- Needs Assessment Survey identifies the primary access issues: stigma, transportation, availability of services
- ADAP is encouraging substance use specialty treatment providers to offer services in the community and school
- Offering evidence-based age appropriate SUD treatment that isn't called "substance abuse treatment" or offered in the adult SUD program
- Building the SUD skills of mental health clinicians in schools and in the children's programs within mental health agencies

How to Support Adolescent SUD Services

- Encourage services offered in school or community
- Fund specialty SUD providers to offer SUD intervention services
- Support the continued workforce development training of youth mental health clinicians in substance abuse identification, intervention and treatment, and specialty SUD providers in age appropriate SUD treatment