

Lund

Residential and Community Treatment
Services



RCTS OVERVIEW

Vermont Parent Child Center

Vermont's Women's Substance Abuse Treatment Center

Family Centered approach

Two generational -treatment happens simultaneously with prevention and early intervention for young children

Residential Treatment

- Only program in Vermont where women can receive Residential treatment while residing with their children.
- Licensed for 26 women and their children
- Women range in age from 12 to 40
- Children range in age from zero to five



Independence Place

- Transitional Housing Program- 7 apartments for young women and their child
- Multi-generational housing project originated with the Sisters of Mercy, now managed by Cathedral Square
- Burlington Housing Authority Project Based Section 8



Children's Services

- Parent education and coaching in the Residential program as well as in the community (home visiting)
- Children's Integrated Services provider-Family Support
- Use the Parents as Teachers model and informed by the Strengthening families framework
- Work to build upon and increase protective factors
- Supervised Visitation and Exchange
- Child Development Screening



Reach Up

- Contract with State of Vermont Economic Services Division
- Welfare to Work Program- Case Management to 140 families in Chittenden county, including minor parents in the county
- Work placements on site as well as developed in the community



Early Childhood Education Program

- Licensed for 50 children
- 5 STAR accredited program
- Two Pre-K classrooms
- About 70% are families who receive full childcare subsidy, Lund does not charge a co-pay above subsidy
- Collaboration with Howard Center to provide a therapeutic child care model
- Developmental screening-referrals to Early intervention and Special Education as appropriate
- Use the Strengthening families model- developing protective factors for children and families
- Multi tiered systems of support (Pyramid model) pilot center

Case Management Services

- Therapeutic Case Managers address barriers to treatment and assist with transition from the Residential program
- Financial Literacy
- Life skills Groups
 - Social skills
 - Basic living skills
- Family Engagement Specialists
 - MAPS
 - Family Connections
 - Social Supports



New Horizons Education Program and Teen Pregnancy Prevention Outreach

- Licensed to provide high school education to pregnant and parenting women
- Post secondary support
- Family Planning education with every program participant
- Facilitated Teen pregnancy prevention Outreach peer panels throughout Vermont
- Leadership skill building



Regional Partnership Program

- Originated with five year federal grant through Administration for Children and Families.
- Co-located Substance Abuse Treatment Case Managers within the Department for Children and Families District Office
- Screening and brief case management services to support parent's timely access and engagement in treatment
- Significant family outcomes highlighted by the Department in their federal review
- ADAP and Family services sustained funding after the grant ended and in 2017 expanded to cover the entire State.

KidsApart

- Parenting program at the Chittenden County Correctional Facility for incarcerated women and their children
- Parent child contact through visitation, mail and phone calls
- Case Management Support for the children and the family members that are caring for them in the community
- Visitation assistance funding to provide concrete supports that increase likelihood of regular visitation
- Resource for stakeholders involved with children and families impacted by incarceration- Vermont police academy

Clinical Services-Mental Health and Substance Use Disorder Treatment

- Out-Patient substance abuse treatment provider- adults and adolescents
- Residential co-occurring treatment for pregnant and parenting women
- Licensed Clinical staff offering individual, group and family treatment
- SPOKE provider

