

Benefit Programs

3SquaresVT (formerly food stamps)

Helps eligible Vermonters to put three square meals on their tables.

Child Care Financial Assistance

Helps eligible families with the cost of child care.

Crisis Fuel Assistance

Crisis Fuel Assistance can help you with a heating crisis during the winter months (e.g., you are out of fuel or very close to running out of fuel and have no money to buy more).

Reach Up

Helps families with children by providing cash assistance for basic needs and services that support work.

Weatherization Program

Helps low income residents to save fuel and money by improving the energy efficiency of their homes.

Energy Assistance Program

The Energy Assistance Program helps lower-income Vermonters afford energy for their homes. At this time, energy assistance is *only available for* customers of Green Mountain Power and Vermont Gas.

Fuel Assistance

Helps eligible Vermonters pay their home heating bills.

Emergency / General Assistance

Helps individuals and families with their emergency basic needs with their emergency basic needs such as housing (including temporary housing), utilities, food/personal needs items, and burial costs.

Essential Person

Helps people who are blind, have a disability, or are 65 and older to stay in their homes.

Farm to Family

Helps you to buy locally-grown fresh vegetables and fruits.

Disability Determination Services

DDS determines the eligibility of Vermonters who apply for disability benefits under Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI). We also determine the medical eligibility of Vermonters who apply for Medicaid based on having a disability.

Health Insurance

Find out how and where to apply for health care programs in Vermont.

Long-Term Care Medicaid

Vermont's Long-Term Care Medicaid Program, called *Choices for Care*, helps eligible Vermonters pay for long-term care services in the setting of their choice.

Medicaid for the Aged, Blind or Disabled (MABD)

Medicaid for individuals who are applying based on being age 65 or older, blind, or disabled.

Phone Assistance

Helps make phone service more affordable for households with low income.

Prescription Assistance

Helps uninsured Vermonters and those enrolled in Medicare to pay for prescription medicines. Programs include *VPharm* and *Healthy Vermonters*.