

Pru Sullivan

Practitioner-in-Residence

David L. Cooperrider Center for Appreciative Inquiry



Pru Sullivan is the Practitioner-in-Residence at the David L. Cooperrider Center for Appreciative Inquiry in the Stiller School of Business, Champlain College. Pru joined the Center in 2015 after retiring from her role as the Director of Culture and Workplace Innovation at Keurig Green Mountain, Inc.

Keurig Green Mountain's founder, Bob Stiller, championed Appreciative Inquiry in the 1990s as a method to engage the entire value chain from source to cup. In her role, Pru was responsible for weaving a strengths-based approach into the fabric of Keurig Green Mountain. From onboarding new employees, to new product development, to team member career development, she worked to embed appreciative strength-based approaches into daily organizational practices.

Early in her career, Pru was the Organization and Employee Development Manager at Digital Equipment Corporation and prior to Keurig was the founding partner of The Change Factory Inc. an international consulting practice focused on individual and organizational breakthrough and growth.

Today, Pru focuses on bringing Appreciative Inquiry to non-profit organizations, and she has lead strengths-based strategic planning for organizations like Vermont End Child Abuse, Rodale Institute, Vermont Food Bank, and the Leahy Environmental Center among others.