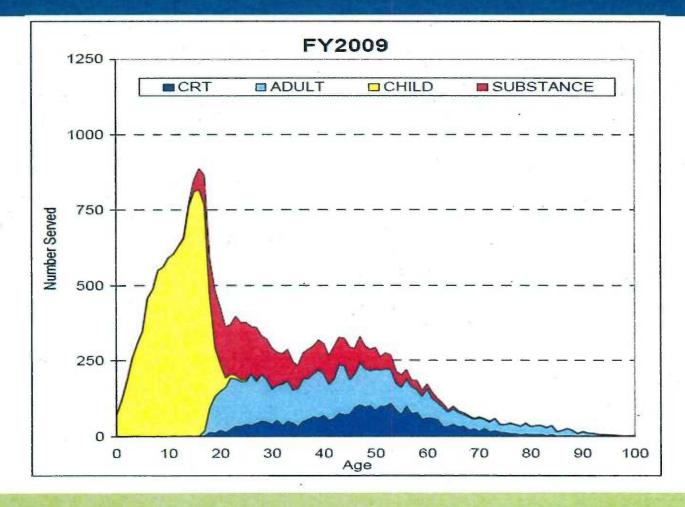
The "Cliff"



8 Broad Outcomes



Mental health symptoms & Substance use



Access to & use of medical home



Number of young adults' strengths



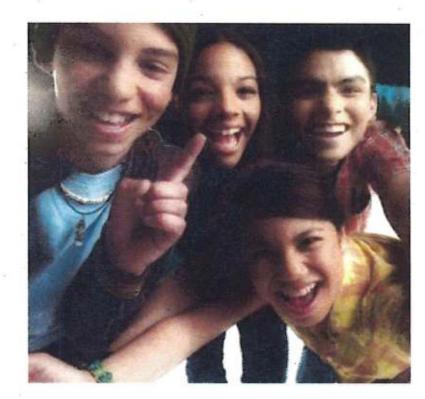


Number of young adults in safe & stable housing

Number of young adults caring & supportive relationships

Our Vision

Young adults in Vermont are empowered, healthy, valued, and engaged in their communities



Our Mission

Young adults, families/adult allies and community partners collaborate to develop a system of care to support transition to adulthood. The system builds upon the strengths of young adults and creates an array of specialized mental health and related services to meet their unique and changing needs. The system also fosters young adult leadership.

Young Adult Leadership/Involvement

- Making positive contributions to communities
- Being recognized in/by communities
 - Active youth groups
 - Peer workers





What did young adults like about services: Relationships with youth workers

"And they care, which is hard to come by, people who actually care."

"Really, really supportive...they almost acted just like a family they were so supportive."

"...listened to what I had to say."

Almost in in said it's about the relationship.



What did young adults like about services: How services were delivered

"...help connect you with what's in the area that is good for you and what you need."

"He works around my schedule."

Almost **1** in **111** talked about the importance of how services were delivered.



What needs to change: Need for true acceptance



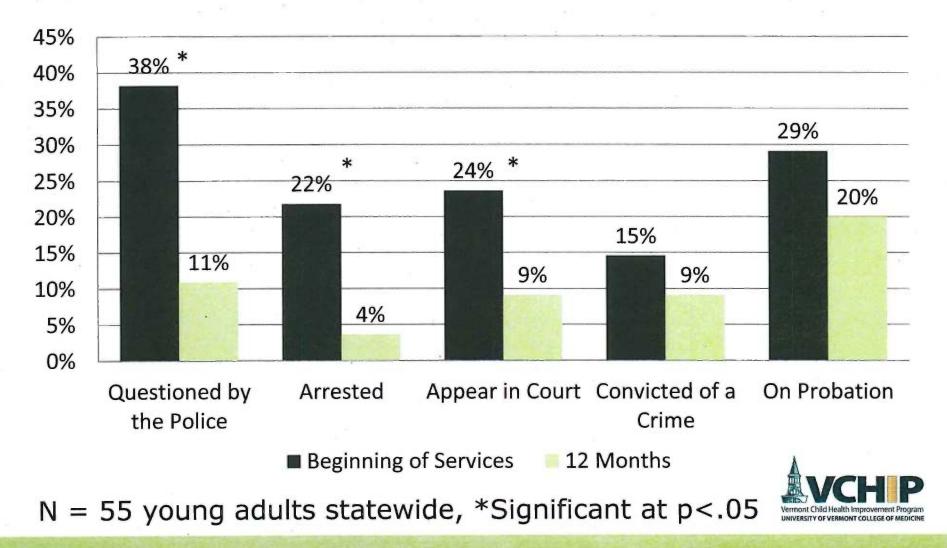
"Personally, I wish they would listen to me more and take my [idea] when I want to do something, how I would do it. Rather than just [doing] everything for me. Makes me feel like a science project." "The adults that work [with us] need to start caring again, because it gets to a point where they see so many broken people they don't care anymore."

> expressed a desire not to be judged, and to be respected, listened to, and cared for.



Subsample of Criminal Justice History: 12 Months after Start of Services

•In the past 6 months have you been . . .



Statewide Data from Vermont's Dept. of Corrections

Proportion of Population of 18 to 24 Year Olds Involved in the Department of Corrections Over Time

