

Telemonitors Usage/History by VAHHA Members

- Average number of machines in use each day: 222
- Of the patients receiving telemonitoring services, 53% suffered from heart failure and 23% COPD (chronic obstructive pulmonary disease).

In 2004, the average rate of hospitalization of home health patients in Vermont was 32% which compared unfavorably to the national average of 28%.

Many efforts were undertaken by all the Vermont home health agencies to improve this statistic, one of which was implementation of telemonitoring.

In 2006, the VNA & Hospice of Vermont and New Hampshire became the first Vermont agency to provide telemonitors.

By last year, all 11 VAHHA members provided telemonitoring services.

In 2012, the Vermont average improved to 26% and compared favorably to the national average of 27%.

The current VT hospitalization rate is 16%. (In 2013, the methodology for calculating hospitalization rates was changed by the Centers for Medicare and Medicaid Services.)