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Application For Free And **Reduced Price School Meals** 2013-2014

WCAX Clip - What's Cooking: Autumn Vegetable and Grain Salad

Nutrition Nuggets Mar 2014

Nutrition Nuggets Feb 2014

Nutrition Nuggets Jan 2014

Randolph Union High School Breakfast & Lunch Menus 2011-2012 School Year

Download printable menus:

Breakfast Menus

Lunch Menus

Welcome to a New School Year at RUHS. Below is a brief description of how the breakfast and lunch program operates at RUHS

Each student has a PIN number (Personal Identification Number) through the SNP program. The PIN account tracks money received, meals purchased and a la-carte items. Parents and students are responsible for the account to stay at a positive balance at all times

All meals are to be paid for in advance or on the day of consumption. We have a strict "No Charge Policy".

Lunch Monday through Friday

Students' choice one of the following meals:

Main Entrée: Different entree each day (example: chicken fajitas, spaghetti, hot dogs etc.) choice of vegetable, fruit, bread, milk

Pizza Bar: Choice of pepperoni, cheese, hawaiian or veggie, choice of vegetable, fruit, milk

Salad Bar: All kinds of fresh vegetables, meats, cheese, choice of bread, fruit, milk

Deli Bar: Assorted breads & wraps, ham and/or turkey, tuna fish, american or swiss cheese, choice of lettuce, tomato, onion, pickle, fruit, milk

a la-Carte items are available for purchase

Checks can be mailed to: RUHS Galloping Ghost Café, 15 Forest Street, Randolph, Vt. 05060 phone:802.728.3397 ex 109. Please include your Child's name and PIN number on the check. This will ensure the money is put in the correct account.

Breakfast Monday through Friday

Serves from 7:30 a.m. to 9:45 a.m.

Choices:

Bagel, Cream Cheese, Milk or Fruit or Orange Juice

Low Sugar Cereal, English Muffin, Milk or Orange Juice

-or-

Yogurt Cup, English Muffin, Milk or Orange Juice

* Select one of the above meals *

Cost per day depends on your family eligibility status Full Price: \$1,75, reduced \$.00, free \$.00

Additional Information

School Nutrition Program (SNP) Transportation & Safety Search Engines For Kids **Employment Opportunities** Submit a Maintenance Request Submit a Tech Request VCAT Login First Class Login

Area Resources

Town of Randolph Town of Brookfield Town of Braintree Vermont Technical College Kimball Public Library Gifford Medical Center Randolph Area Chamber of Commerce

Website Login

User:		
Password:		
Remember me:		Login
Forget Passw	ord?	