

Pathways Vermont's Housing First Program


is an **evidence-based practice** which provides **housing** and **intensive support services** to Vermont families who struggle with **chronic homelessness, poverty, substance abuse, criminal justice** issues, and serious physical and mental health challenges.

Pathways' Housing First program is currently serving 205 people and has capacity to serve 230.

Pathways Housing First Program Funding

Grant	Services Funding	Service Areas	End Date
Federal SAMHSA SSH Grant	\$400,000	Chittenden, Franklin, Washington	October 2014
Federal SAMHSA CABHI Grant	\$400,000	Windham, Windsor	October 2014
Vermont Department of Mental Health (DMH)	\$130,000	All Counties	
Vermont Department of Corrections (\$330,000 for rental subsidies)	\$830,000	Chittenden, Franklin, Washington, Windham	
DMH Services Expansion	\$350,000	Addison, Franklin, Windsor	
DMH Services Expansion - additional capacity	\$75,000	Chittenden, Washington	
TOTAL:	\$2,185,000		

Pathways Housing First Program Staff

 **Red Clover Properties**
- 2 Housing Specialists

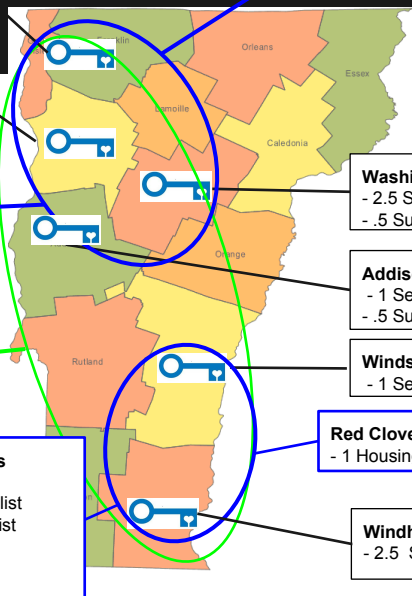
Franklin/Grand Isle
- 1 Service Coordinator
- .5 Substance Abuse Specialist

Chittenden
- 3.5 Service Coordinators
- .3 Substance Abuse Specialist

Regional Service Specialists
- 2 Team Leaders
- 1 Supportive Employment Specialist
- 1.5 Computer Literacy Specialist
- .5 Nurse
- .3 Psychiatrist

Statewide
- Medical Director
- Project Manager
- Intake Coordinator
- Housing Director
- Administrative Staff

Regional Service Specialists
- 1 Team Leader
- .5 Computer Literacy Specialist
- .5 Substance Abuse Specialist
- .5 Peer Specialist
- .3 Nurse
- .1 Psychiatrist




Washington
- 2.5 Service Coordinators
- .5 Substance Abuse Specialist


Addison
- 1 Service Coordinator
- .5 Substance Abuse Specialist

Windsor
- 1 Service Coordinator

 **Red Clover Properties**
- 1 Housing Specialist

Windham
- 2.5 Service Coordinators

 = Red Clover Properties (Housing Team)

 = Pathways Office

Pathways Housing First Program Outcomes

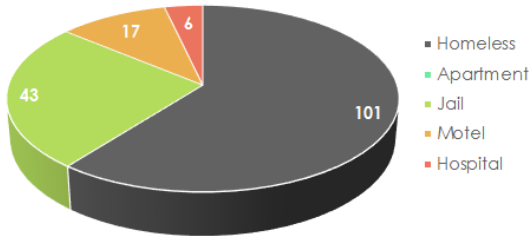
Ending Homelessness

- 210+ persons housed
- 85% Housing retention rate
- Housing found for 100% of program participants
- 80,000 nights in apartments NOT in shelters, in prison, on the streets or state-funded hotels
- Partnering with 110+ community landlords

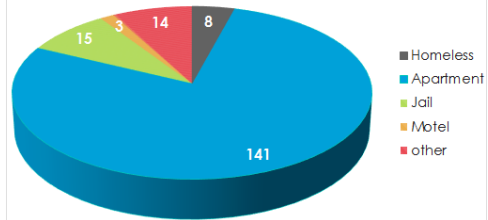
“They have HELPED our state immensely with their programs and have saved my life, directly, when no other services could provide me with the support I needed.”

*“Phae”, Bellows Falls
Housed 17 Months*

Reduction in Homelessness & Institutionalization



Average Nights Spent in Different Locations Before Housing First (180 Days)

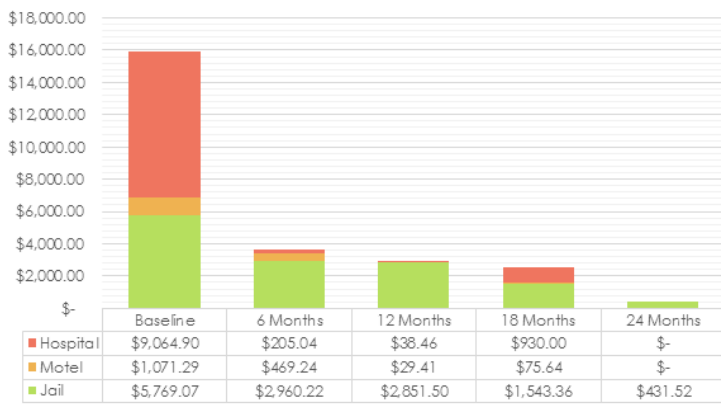


Average Nights Spent in Different Locations Post Housing First (180 Days)

In addition to a reduction in average nights spent homeless, Housing First reduces average nights spent in other settings (such as psychiatric hospitals, correctional facilities and state-funded motels) meaning retention in the community is increased.

Pathways Housing First Program Outcomes

Average Expenditure per Participant in 180 Days



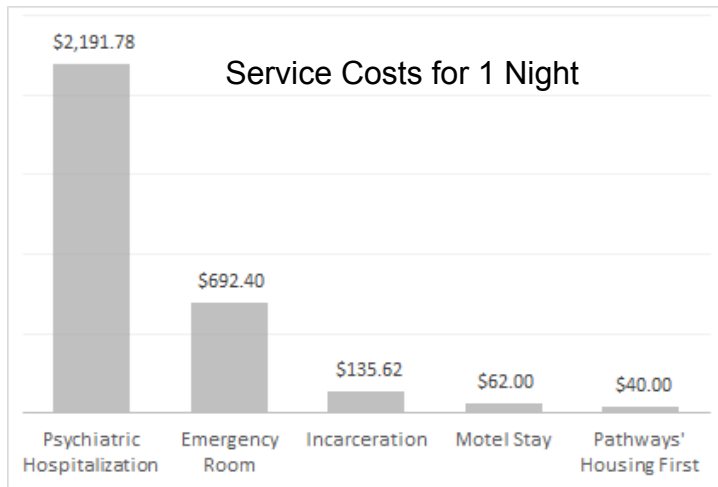
Decreasing Institutionalization and Contact with Emergency Services

Prior to enrollment in Housing First, participants experienced a high rate of utilization of services such as inpatient psychiatric hospitalization, incarceration and state-funded motels.

Following enrollment in Housing First, reliance on these other services decreased substantially resulting in significant cost savings for the state.

Housing First On Call service receives 1,000+ on-call contacts per year, diverting calls from crisis screeners and emergency response.

Pathways Housing First Program Outcomes



Cost Effective Service Model

The cost of Housing First services is a fraction of the cost of the services utilized by individuals experiencing chronic homelessness, meaning it is *less expensive to house individuals than it is for them to remain homeless*.

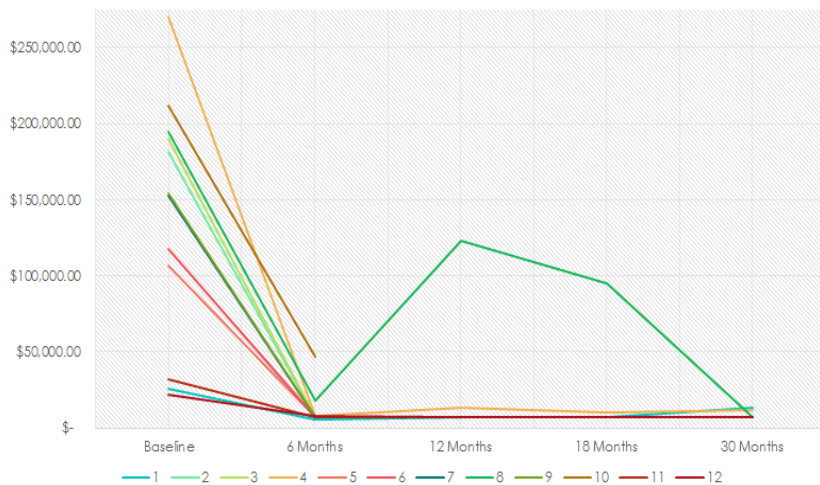
In one month the Housing First program prevents, on average:

- **\$40,000** in inpatient hospitalization*
- **\$15,000** in emergency room expenses*
- **\$56,000** in incarceration costs*

*based on subset of 73 clients

Pathways Housing First Program Outcomes

Aggregate Service Cost of 12 Clients Over Time



Saving Vermont Money

Actual Costs for 12 Clients

6-months before Pathways:

- Psych. Hospital: \$1,405,500
- Incarceration: \$71,451
- State-Funded Hotel: \$24,056
- TOTAL: \$1,501,007

6-months with Pathways:

- Psych. Hospital: \$40,500
- Incarceration: \$765
- State-Funded Hotel: \$15,624
- Pathways' Services: \$80,280
- Crisis Respite: \$5,384
- TOTAL: \$142,553

6-Month Savings: \$1,358,454

Pathways Housing First Program Outcomes

Serving the Unserved and Difficult-to-House

- 75% clients struggle with substance abuse
- No program refusals based on active substance use, criminal history, poor credit, lack of income, repeat hospitalizations or hoarding
- 700 program referrals in 3 years
- 28 Seriously Functionally Impaired (SFI) clients served *without additional funding*
- 650+ monthly in-person, community contacts
- 40+ monthly psychiatrist services



Pathways Housing First Program Outcomes

Supporting Self-Sufficiency

- 99.5% maintained or increased income
 - 20 gained employment
 - 29 received or applying for social security benefits
- 98% secured adequate medical insurance
- 90 gained computer literacy skills through Pathways' Computer Project
- Report increases in everyday functioning, perceptions of choice, empowerment and productive activities

"I'm living my dreams and completing my dreams. It's a very big blessing to me."
-Sid B.

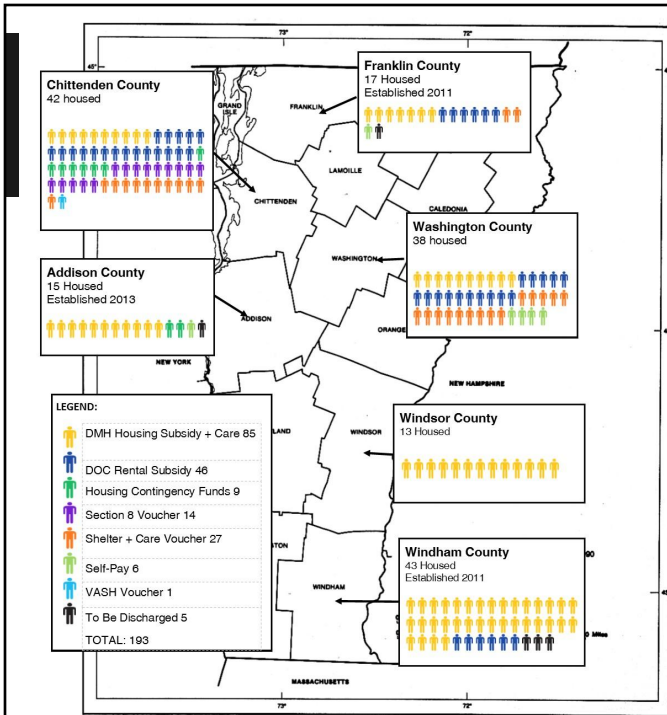
Pathways Housing First Program Future

Projected Cost Change in 30 Days Without Pathways



Cost Increase - 1 year Without Pathways

Emergency Room	\$286,488
Homeless	\$788,640
Jail	\$942,840
Hospital	\$1,577,520
TOTAL	\$3,595,488



Current Housing Subsidy

- 20 Independent
- 10 Pathways is co-sponsor
- 158 Connected to Pathways

Future Housing Subsidy

- 20 Independent
- 10 Other sponsor (sponsor had needed Pathways' help)
- 158 Connected to ?

188 persons losing supportive housing services all at very high-risk for eviction