

Transforming Health Care An Overview of the Virginia Mason Production System

Diane Miller, VP Virginia Mason March 19, 2014



Virginia Mason

- Integrated health care system
- 501(c)3 not-for-profit
- 336-bed hospital
- Nine locations
- 500 physicians

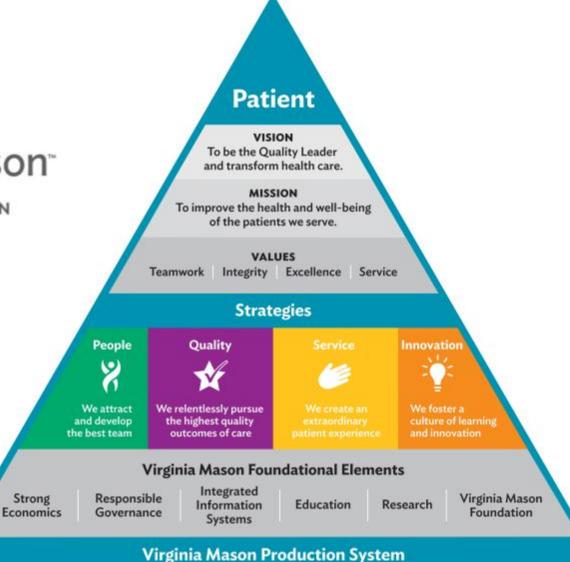
- 5,500+ employees
- Graduate Medical Education
- Research Institute
- Foundation
- Virginia Mason Institute

Sense of Urgency: Health Care Challenges

- Poor quality health care = 3% defect rate and costs the U.S. billions of dollars
- Health care is unaffordable and unavailable to millions of people
- Health care workers are negatively impacted by unreliable systems
- VMMC financial loss for two successive years



Strong



The Virginia Mason Quality Equation:

$$Q = A \times (\underline{O + S})$$

$$W$$

Q = Quality

A = Appropriateness

O = Outcomes

S = Service

W = Waste

Transforming Health Care...

FROM

ТО

- Provider First
- Waiting is Good
- Errors are to be Expected
- Diffuse Accountability
- Add Resources
- Reduce Cost
- Retrospective Quality Assurance
- Management Oversight
- We Have Time

- Waiting is Bad

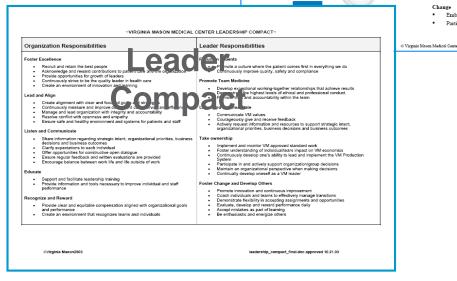
Patient First

- Defect-free Medicine
- Rigorous Accountability
- No New Resources
- Reduce Waste
- Real-time Quality Assurance
- Management On Site
- We Have No Time

Aligned Expectations



Change Emb Partis



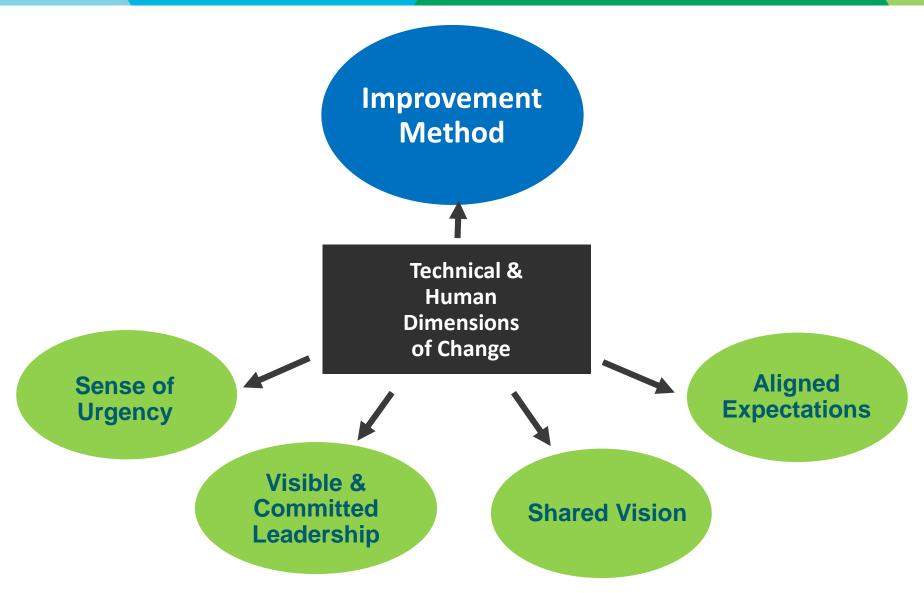
VIRGINIA MASON MEDICAL CENTER BOARD MEMBER COMPACT Organization's Responsibilities Board Member's Responsibilities Facilitate the recruitment and retention of superior boar mer Provide a process for regular, written evaluation and fe Know the Organization annual board self-evaluation Provide a thorough orientation process for new board n Support governance excellence with adequate board resources Share information regarding strategic intent, Consistently maintain a surrent and vital strategic plan Life on and Communicate Life on and Communicate Participate in educational opportunities and request information and resources needed no provide responsible oversight business decisions Offer opportunities for constructive dialogue Report regularly on implementation of strate specific board objectives Disclose to and inform board on risks and opportunities facing the Provide and accept feedback Provide materials to members necessary for informed decision making Represent the board to the organization and be an advocate for the sufficiently in advance of board meeting organization in the commun Provide information and tools necessary to keep members informed and educated on local and national health care issues Attend meetings Ask timely and substantive questions at board and commi Provide educational and training opportunities to maintain a high level of board member effectiveness and knowledge consistent with your conscience and convictions Prepare for, participate in, and support group decisions Understand and participate in approving annual and longer range financial plans and Quality & Safety oversight Make an annual, personal financial contribution to the organization, according to personal means Serve on board committees or task forces Manage and lead organization with integrity and accountability Create clear goals and strategies Create clear goars and strategies Continuously measure and improve patient care, service and efficiency Resolve conflict with openness and empathy Ensure safe and healthy environment and systems for patients and staff Promote Effective Change Foster innovation and continuous improv Pursue necessary organizational change ©2004 Virginia Mason Medical Center

Visible & Committed Leadership

Dr. Kaplan reviewing the flow of the process with Drs. Jacobs and Glenn



Requirements for Transformation



The Virginia Mason Production System



- 1. The patient is *always* first
- 2. Focus on the highest quality and safety
- 3. Engage all employees
- 4. Strive for the highest satisfaction
- 5. Maintain a successful economic enterprise

The Patient is Always First



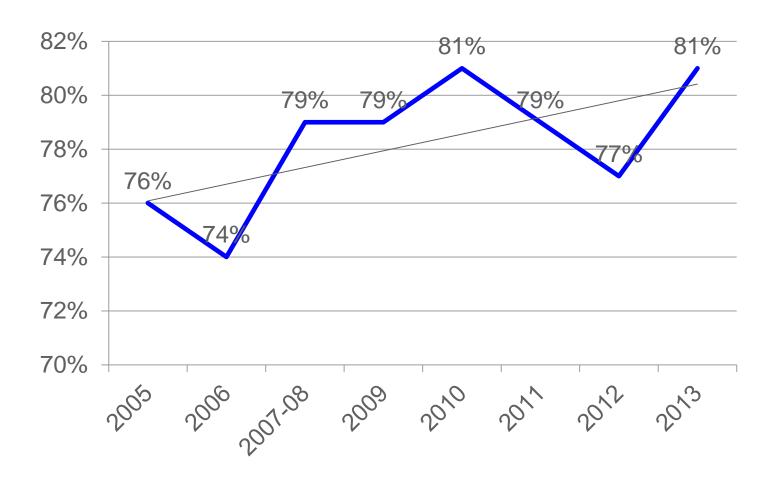
- The patient is at the top of our strategic plan
- Value is defined by the patient
- Patient's voice is embedded in our improvement activities

Focus on Highest Quality & Safety



- Embedding mistake proofing into everything we do
- Patient Safety Alert (PSA)
- 5S across Virginia
 Mason
- Standard Work

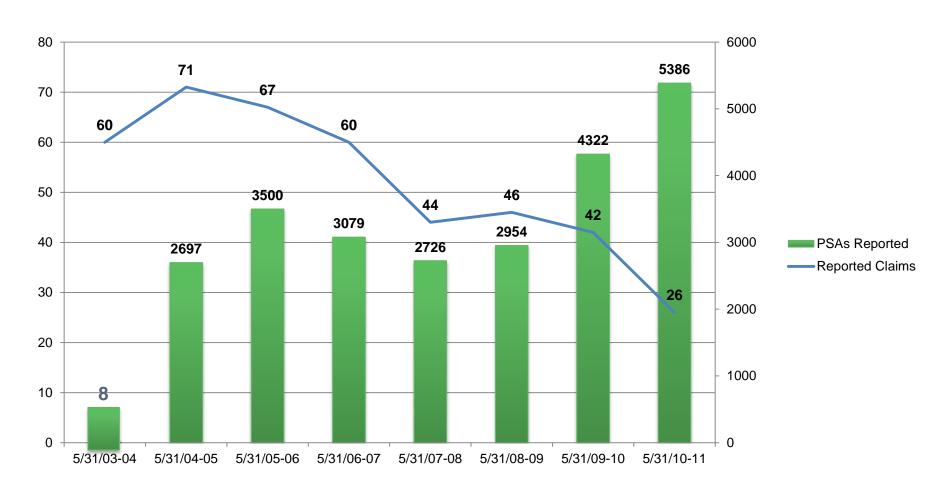
Safety Culture Question Staff Speak Up Freely*



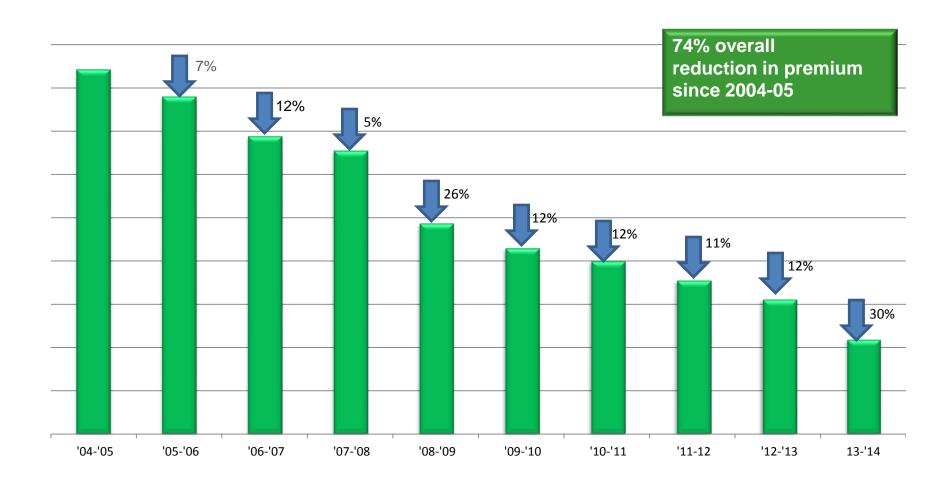
^{*}Question: Staff will speak up freely if they see something that may negatively affect patient safety

Effectiveness of Patient Safety Program

Total Number of Claims and PSAs reported



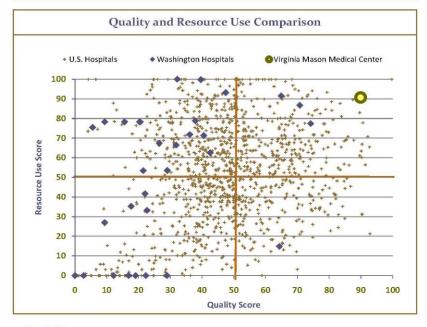
Reduction of Hospital Professional/General Liability Premiums



Leapfrog Hospital Recognition



The scatter plot below illustrates how your hospital compares to others in the state and across the country on Quality and Resource Use. (Please note that a higher Resource Use score is better.) Refer to the National Efficiency Score Comparison chart to better understand how your hospital ranks in overall Efficiency compared to others. Leapfrog's 2010 database contains 1,184 hospitals from 45 states.



Page 3 of 4 © 2010, 2009 The Leapfrog Group, www.leapfroggroup.org



Decile	Score Range	
Тор	74 or better 🗲 Virgi	nia Mason Medical Cente
2nd	66 to 74	
3rd	61 to 66	
4th	57 to 61	
5th	53 to 57	
6th	49 to 53	
7th	45 to 49	
8th	39 to 45	
9th	31 to 39	
10th	Less than 31	
	Note: Decile score ranges are	rounded to the

Virginia Mason Quality Awards











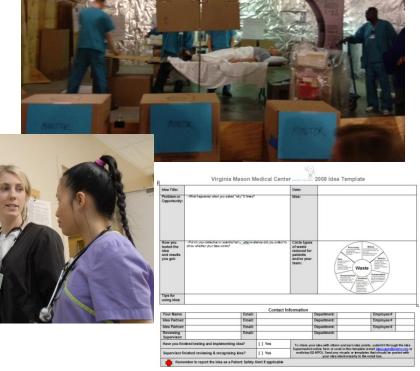




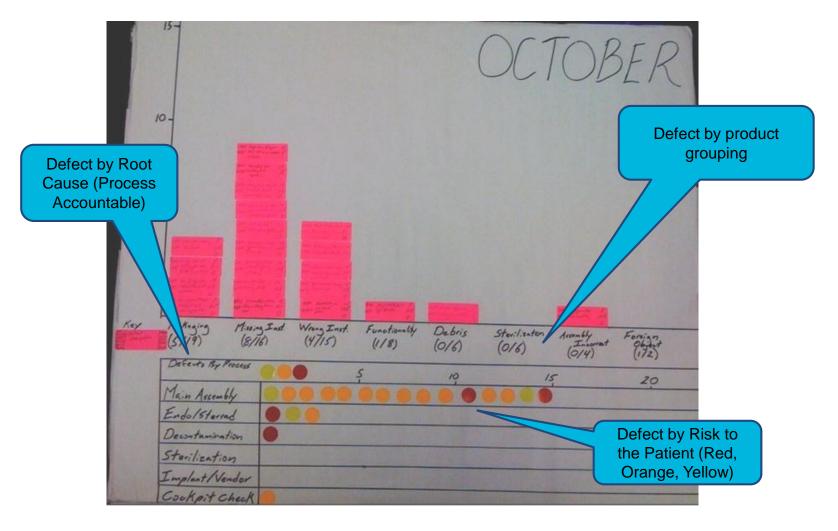


3. Engage all Employees

- Employees trained in VMF
- Involve employees in impr with ELI
- RPIW/Kaizen



Employee Engagement: Sterile Processing



Strive for the Highest Satisfaction Levels



TOP IO WAYS TO SHOW RESPECT

- Listen to understand. Good listening means giving the speaker your full attention. Non-verbal cues like eye contact and nodding let others know you are paying attention and are fully present for the conversation. Avoid interrupting or cutting others off when they are speaking.
- 2) Keep your promises. When you keep your word you show you are honest and you let others know you value them. Follow through on commitments and if you run into problems, let others know. Be reliable and expect reliability from others.
- 3) Be encouraging. Giving encouragement shows you care about others and their success. It is essential that everyone at VM understand their contributions have value. Encourage your co-workers to share their ideas, opinions and perspectives.
- 4) Connect with others. Notice those around you and smile. This acknowledgement, combined with a few sincere words of greeting, creates a powerful connection. Practice courtesy and kindness in all interactions.
- 5) Express gratitude. A heartfelt "thank you" can often make a person's day and show them you notice and appreciate their work. Use the VM Applause system, a handwritten note, verbal praise, or share a story of "going above and beyond" at your next team meeting.
- 6) Share Information. When people know what is going on, they feel valued and included. Be sure everyone has the information they need to do their work and know about things that affect their work environment. Sharing information and communicating openly signals you trust and respect others.

- 7) Speak up. It is our responsibility to ensure a safe environment for everyone at VM; not just physical safety but also mental and emotional safety. Create an environment where we all feel comfortable to speak up if we see something unsafe or feel unsafe.
- 8) Walk in their shoes. Empathize with others; understand their point of view, and their contributions. Be considerate of their time, job responsibilities and workload. Ask before you assume your priorities are their priorities.
- 9) Grow and develop. Value your own potential by committing to continuous learning. Take advantage of opportunities to gain knowledge and learn new skills. Share your knowledge and expertise with others. Ask for and be open to feedback to grow both personally and professionally.
- 10) Be a team player. Great teams are great because team members support each other. Create a work environment where help is happily offered, asked for and received. Trust that teammates have good intentions. Anticipate other team members' needs and clearly communicate priorities and expectations to be sure the work load is level loaded.



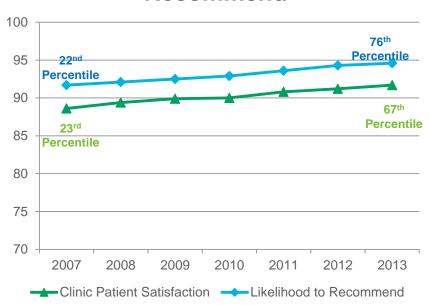
© 2014 Virginia Mason

Virginia Mason Patient Satisfaction Results

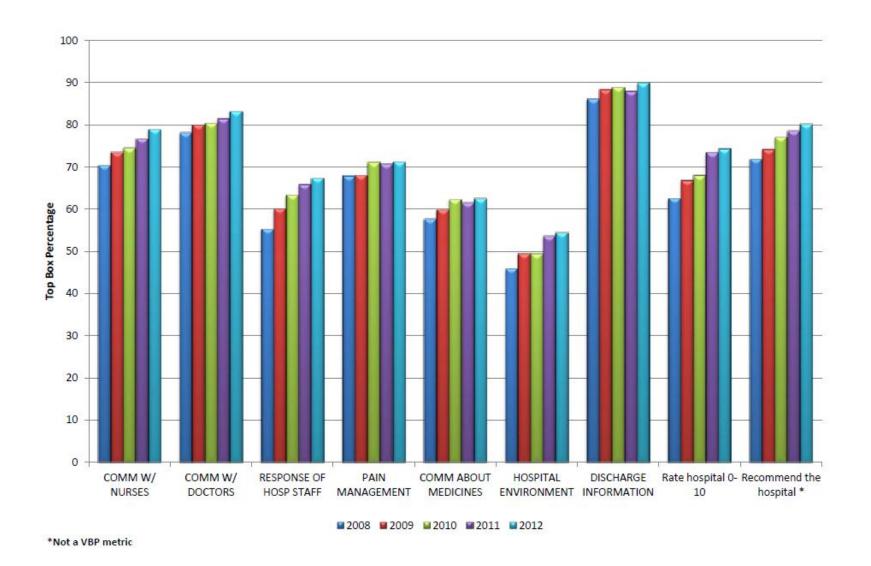
Hospital Patient Overall Satisfaction and Likelihood to Recommend



Medical Center Overall Satisfaction and Likelihood to Recommend

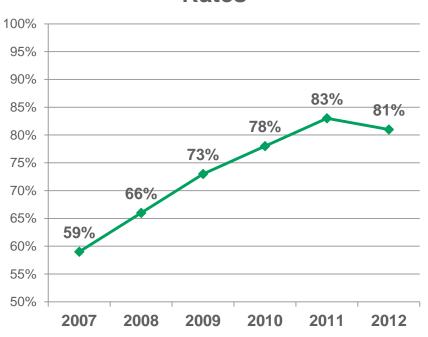


Virginia Mason Annual HCAHPS "Top Box" Performance Trend

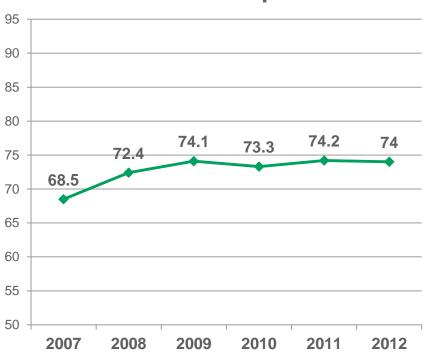


Virginia Mason Staff Partnership Results

Staff Partnership Response Rates



Staff Partnership Score



Maintain a Successful Economic Enterprise



Leadership Requirements Needed to Sustain VMPS

- 1. Set priorities that align with the vision
- 2. Use VMPS tools & methods
- 3. Lead change
- 4. Allocate resources to VMPS
- 5. Require accountability
- 6. Implement standard work for leaders



Aligning Vision with Resources



2014 VMPS Priorities

Reduce Lead Time

Improve Quality

Home



Clinic



Hospital and/or Emergency Department



Home



Throughout the patient's experience we will improve

Home → Access to Clinic → Clinic Day of Visit → ED Length of Stay → Acute Length of Stay → Home

Quality of Care:

- Surgical Variability (Smoothing Patient Flow)
- Falls with Injury
- Readmissions
- Hospital-Induced Delirium
- Glycemic Control
- Sepsis
- Hypertension

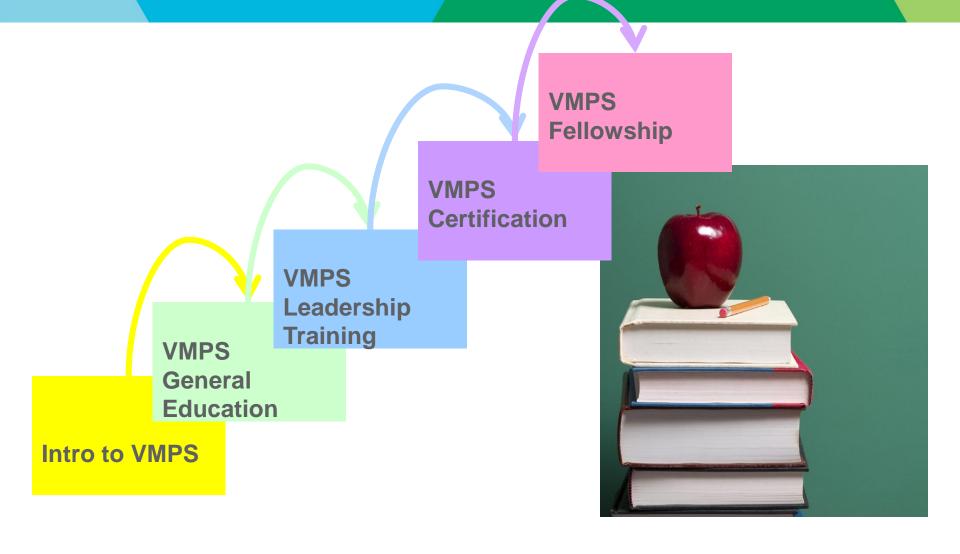
Supply Chain:

 The right supplies are available when and where they are needed – Just In Time (JIT).

Daily Management:

 The system we use to perform daily activities - standard operations and identify and eliminate waste with root cause analysis. Our system uses data to ensure we are continuously improving our business.

VMPS Education

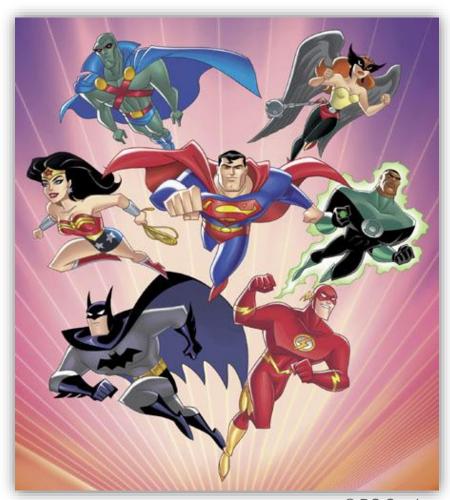


Accountability: Genba Walks



Go to the place, look at the process, talk with the people

Our Current Management System?



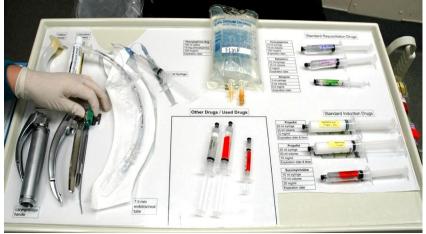
© DC Comics

Virginia Mason Leaders Have Two Jobs

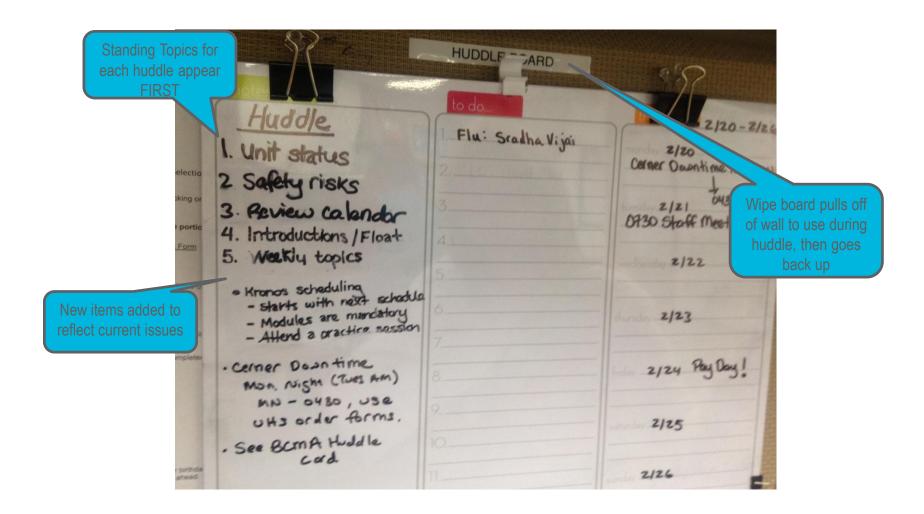
- 1. RUN their business
- 2. IMPROVE their business







Daily Team Huddle Board

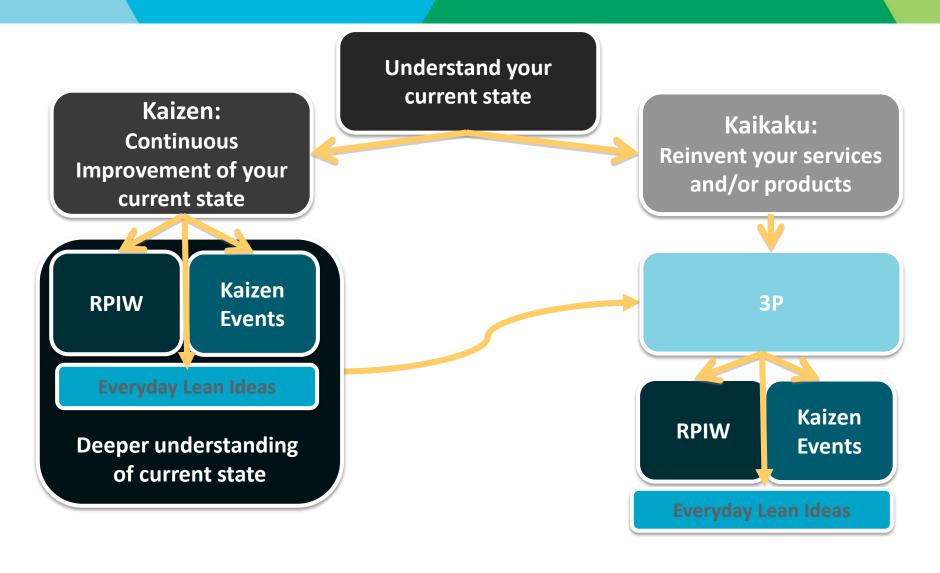


Courtesy of Christin Gordanier, Hospital Level 9 (Tele)

Standard Work for Leaders



VMPS Improvement Pathways



Waste

Any task or item that does not add value from the perspective of the customer.



Just in Time (JIT)

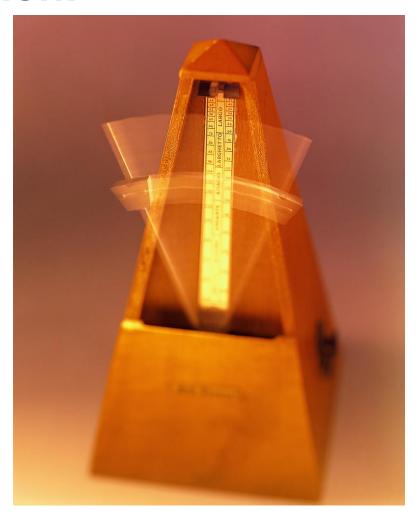
Definition:

Producing...

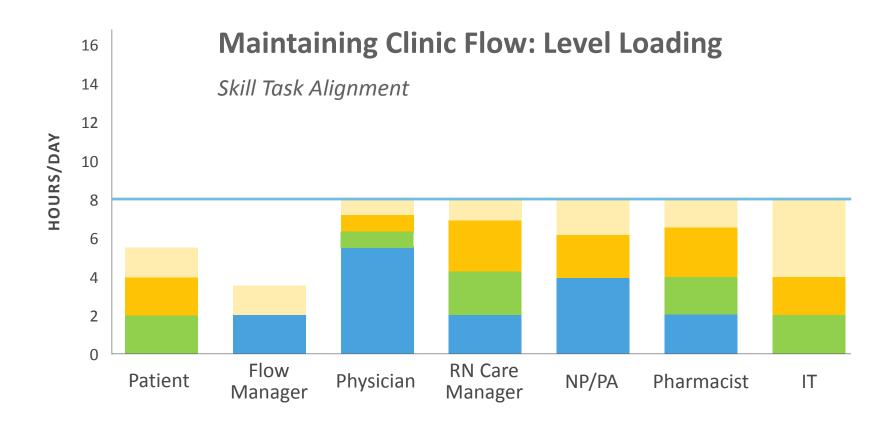
- Just what is needed
- Just the amount needed
- Just when it is needed

Using the...

- Minimum number of people
- Minimum materials
- Minimum equipment
- Minimum space



Heijunka



Lead Time, Cycle Time and Takt Time

Lead time

the entire time required to provide a product or service, from request to completion

Cycle time

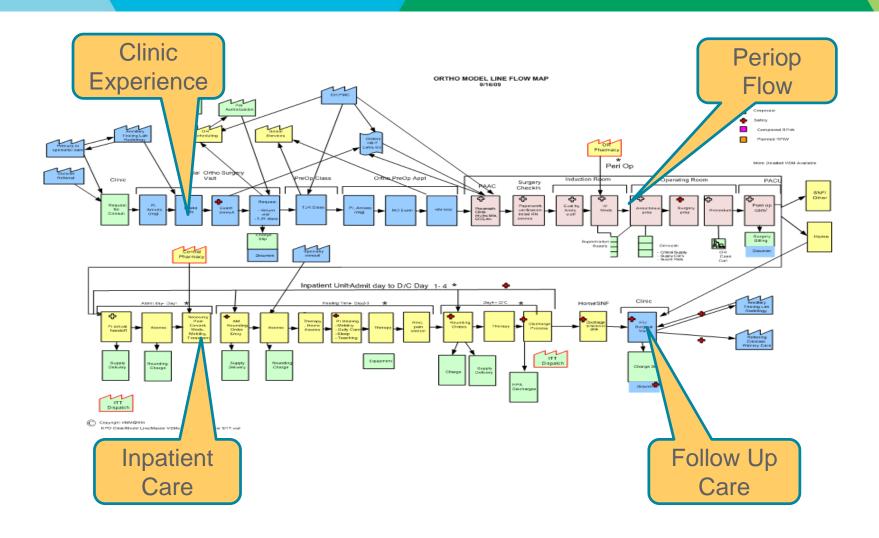
the time required for one operator or machine to complete one cycle of work

Takt time

the pace of customer demand



Orthopedic Model Line

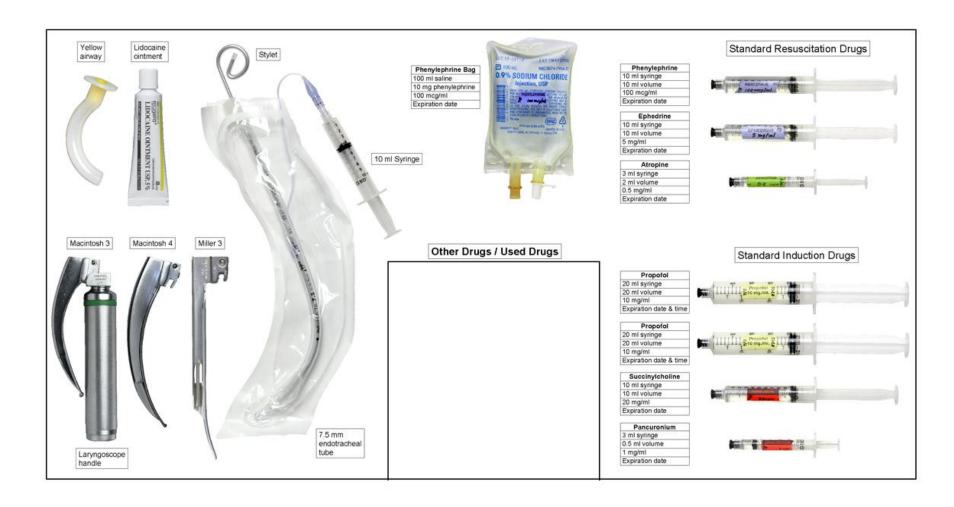


5S Creates Safety



5S Anesthesia - Before

5S Creates Safety

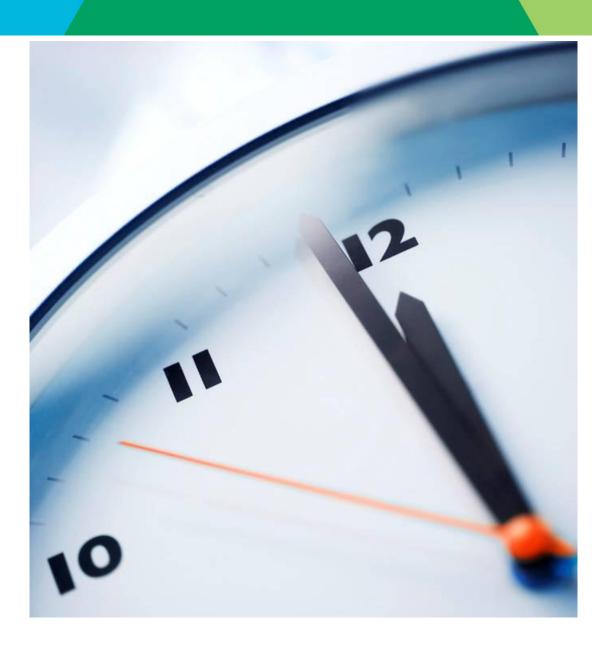


5S Anesthesia "Shadow Board" - After

Setup

is the time spent preparing to provide the next product or service.

Setup *reduction* is a method to reduce or eliminate setup time to increase capacity and flexibility.



Setup

Typical setup activities:

- gathering
- transporting
- opening
- removing from packaging
- assembling
- installing
- adjusting
- presenting
- disassembling
- cleaning



Mistake Proofing

Defects are mistakes that go uncorrected

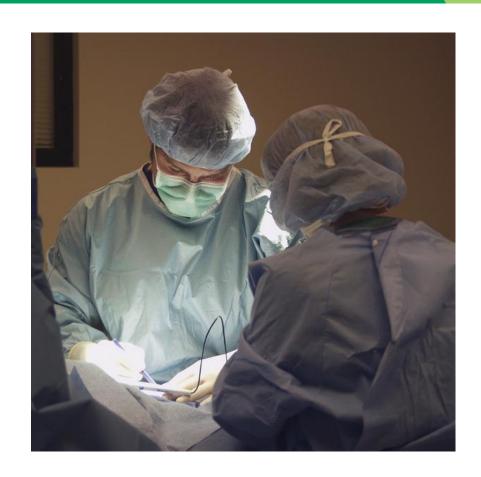
The purpose of VMPS is to ensure zero defects



So what's good enough?

Imagine 99.9% quality at VM...

- •15 defective surgeries/year
- •17 defective transfusions/year
- •1,000 defective medication administrations/year
- •182 wrong meals served/year
- •17,000 defective bills sent/year
- 125 defective paychecks/year



The Basic Elements of Mistake Proofing

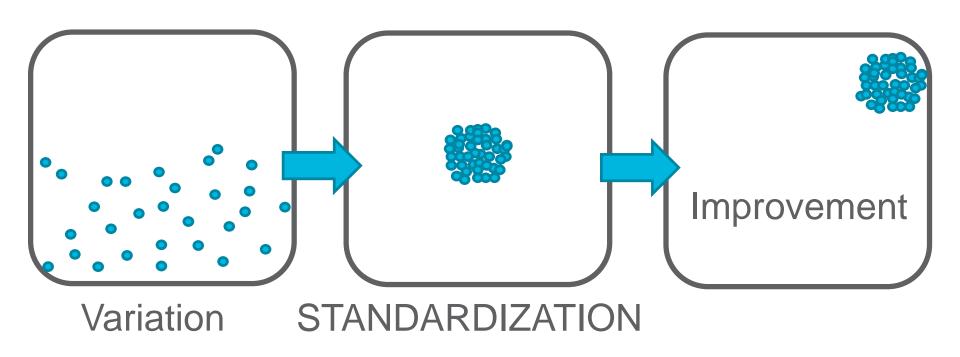
mistake-proofing:

- inspection
- standard work
- visual control
- devices



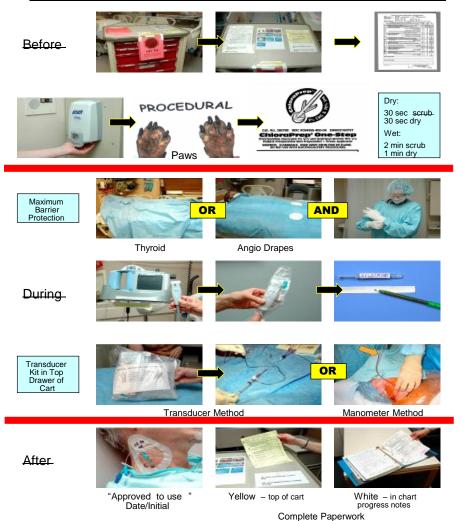


Adopt Standard Work



Standard Work

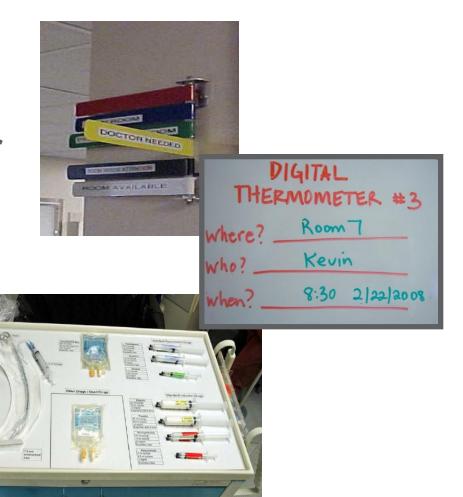
Central Line Insertion Standard Work



Visual Controls

Methods, devices, or mechanisms used to visually manage

operations



Devices

-MRI Back Exam Exam Requested* ☐ mr cspine ☐ mr tspine ☐ mr Ispine ☐ mr cspine w/ w/o ☐ mr tspine w/ w/o ☐ mr Ispine w/ w/o contrast contrast contrast Current Weight* ⊙ lbs ○ kg Max Table Weight 200 kg/441 lbs ICD9 Code(s) Indications (select ☐ Motor deficit (781.99) all that apply):* ☐ Unremitting pain despite 6 weeks of appropriate therapy (appropriate therapy is defined as 2 weeks of NSAIDs AND advice to stay active AND documentation of lack of improvement) Document in relevant history field and apply appropriate ICD 9 code ☐ Strong suspicion of systemic disease Document in relevant history field and apply appropriate ICD 9 code ☐ Neurogenic Claudication(435.9) ☐ Cauda Equina(344.60) ☐ Upper motor neuron findings: use myelopathy codes ■ Unspecified Region (722.70) ☐ Cervical (722.71) ■ Thoracic (722.72) ■ Lumbar (722.73) ☐ Significant trauma or fall Document in relevant history field and apply appropriate ICD 9 code Consult has been performed by physical medicine. NOTE: A spine MRI will likely not be helpful for the patient with back or neck pain if none of these indications are present. The Spine Clinic physician on call will provide help by phone and offer a same day visit to assist in care of the patient. Text page (spine clinic page number) on V-Net and enter the following message: "Dr. --- wishes to speak with you about a patient with neck/back pain in whom an MRI is not indicated. Please call (pager number of ordering provider).





PDSA

- vigorously pursue waste
- use the PDSA method Plan-Do-Study-Act
- continuously test/refine ideas
- focus on results Example: defects down 66%

Observe and develop a new vision PLAN **Rapid** implementation - give it a try STUDY Study the results

PDSA Cycle

Awareness:

a change

in thinking





"In times of change, learners inherit the earth, while the learned find themselves beautifully equipped to deal with a world that no longer exists."

Eric Hoffer