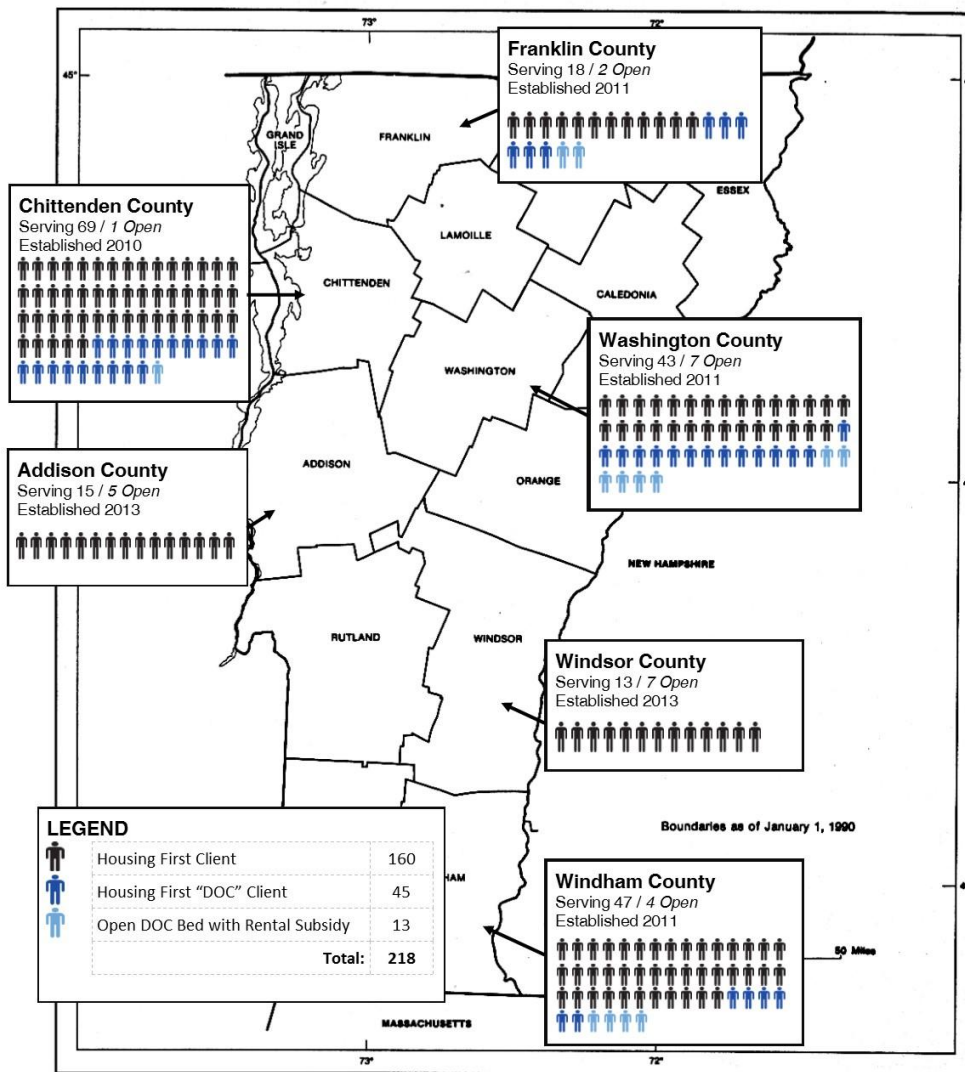


# Pathways Vermont's Housing First Program

is an evidence-based practice mobile mental health clinic which provides housing and intensive support services to Vermonters who have substance abuse and serious mental health challenges and are chronically homeless or involved with the Department of Corrections (DOC).

Pathways' Housing First program is currently serving 205 people and has capacity to serve 230.



# Housing First Program Funding

<b>Grant</b>	<b>Services Funding</b>	<b>Service Areas</b>	<b>End Date</b>
Federal SAMHSA SSH Grant	\$400,000	Chittenden, Franklin, Washington	October 2014
Federal SAMHSA CABHI Grant	\$400,000	Windham, Windsor	October 2014
Vermont Department of Mental Health (DMH)	\$130,000	All Counties	
Vermont Department of Corrections (\$330,000 for rental subsidies)	\$830,000	Chittenden, Franklin, Washington, Windham	
DMH Services Expansion	\$350,000	Addison, Franklin, Windsor	
DMH Services Expansion - additional capacity	\$75,000	Chittenden, Washington	
TOTAL:	\$2,185,000		

# Housing First Program Staff

**Franklin/Grand Isle**  
 - 1 Service Coordinator  
 - .5 Substance Abuse Specialist

**Chittenden**  
 - 3.5 Service Coordinators  
 - .3 Substance Abuse Specialist

**Regional Service Specialists**  
 - 2 Team Leaders  
 - 1 Supportive Employment Specialist  
 - 1.5 Computer Literacy Specialist  
 - .5 Nurse  
 - .3 Psychiatrist

**Statewide**  
 - Medical Director  
 - Project Manager  
 - Intake Coordinator  
 - Housing Director  
 - Administrative Staff

**Regional Service Specialists**  
 - 1 Team Leader  
 - .5 Computer Literacy Specialist  
 - .5 Substance Abuse Specialist  
 - .5 Peer Specialist  
 - .3 Nurse  
 - 1 Psychiatrist

**Red Clover Properties**  
 - 2 Housing Specialists

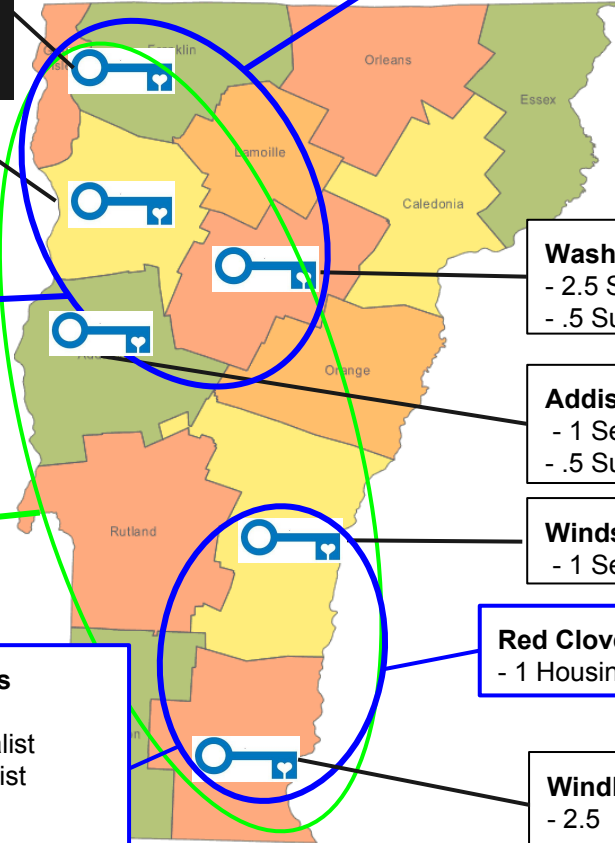
**Washington**  
 - 2.5 Service Coordinators  
 - .5 Substance Abuse Specialist


**Addison**  
 - 1 Service Coordinator  
 - .5 Substance Abuse Specialist


**Windsor**  
 - 1 Service Coordinator

**Red Clover Properties**  
 - 1 Housing Specialist

**Windham**  
 - 2.5 Service Coordinators



 = Red Clover Properties (Housing Team)

 = Pathways Office

# Housing First Program Outcomes

## Ending Homelessness

- 210+ persons housed
- 85% Housing retention rate
- Housing found for 100% of program participants
- 80,000 nights in apartments NOT in shelters, in prison, on the streets or state-funded hotels
- Partnering with 110+ community landlords

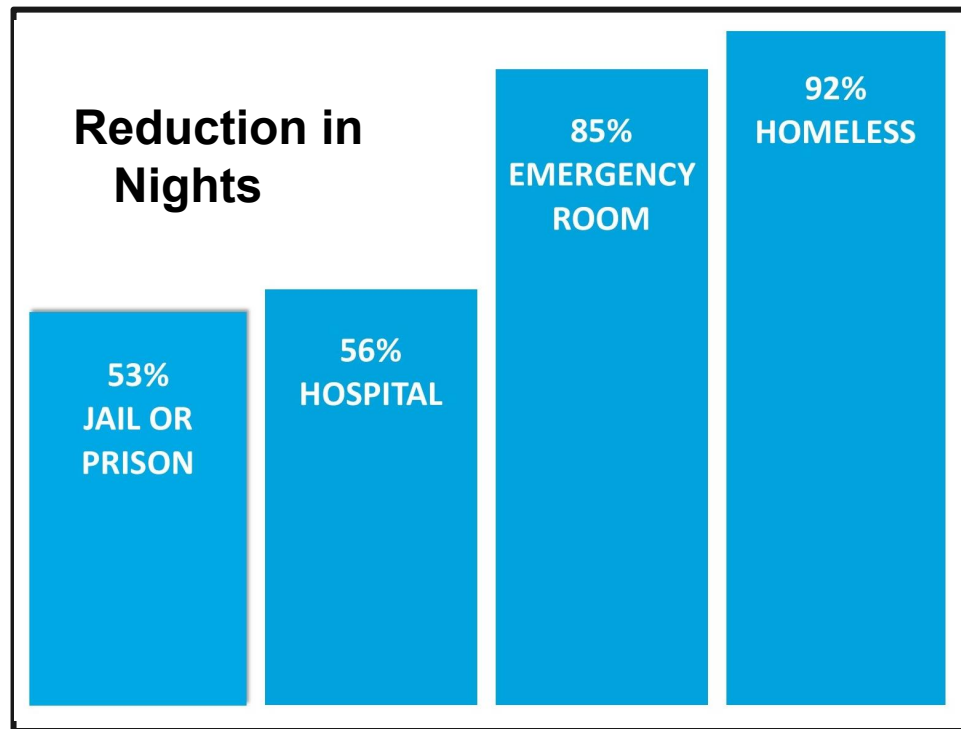
“They have HELPED our state immensely with their programs and have saved my life, directly, when no other services could provide me with the support I needed.”

*“Phae”, Bellows Falls  
Housed 17 Months*

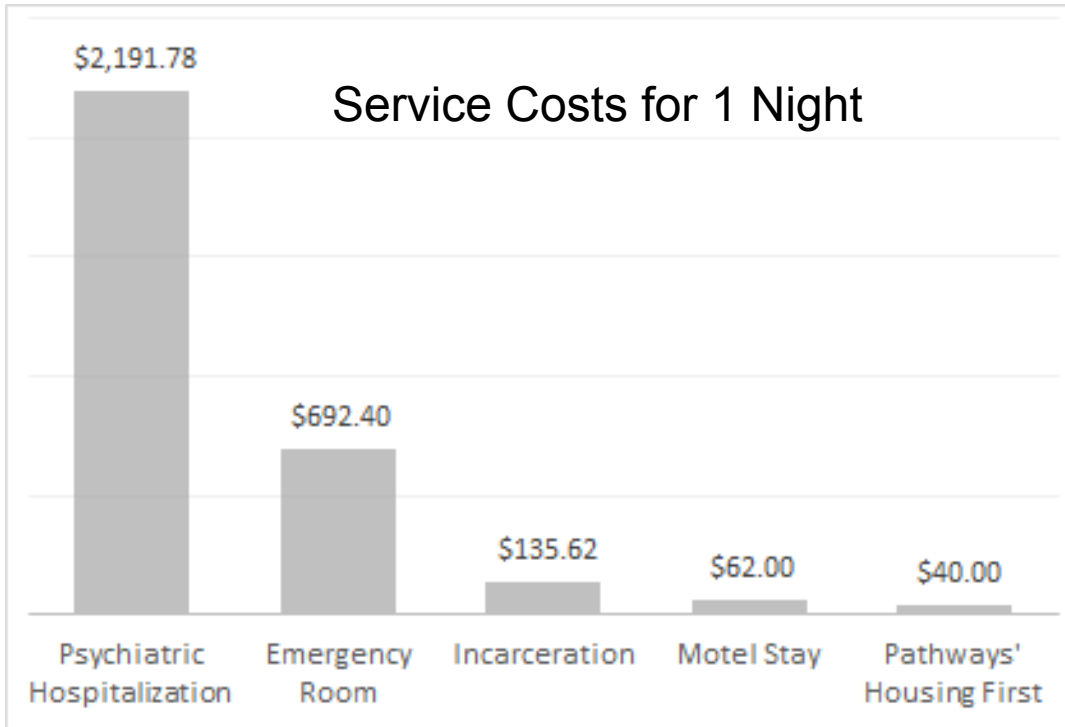
# Housing First Program Outcomes

## Decreasing Institutionalization and Contact with Emergency Services

- Community Retention increased from 18% to 73%
- ½ as many people at emergency rooms
- ½ as many people with hospital admissions
- 1000+ on-call contacts a year



# Housing First Program Outcomes

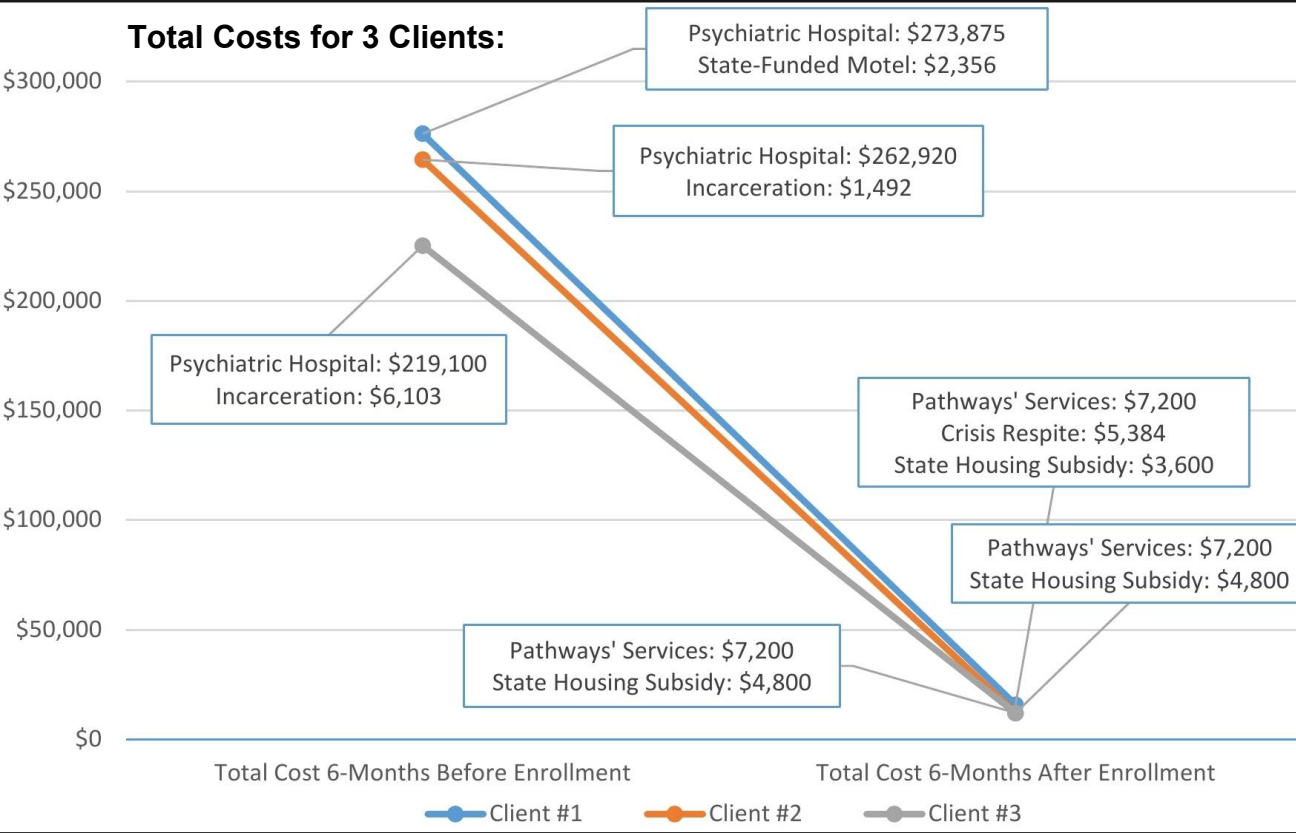


## Saving Vermont Money

- In one month of service Pathways saves Vermont:
  - **\$40,000+** in psychiatric hospitalization expenses\*
  - **\$15,000+** in emergency room visits\*
  - **\$56,000+** in incarceration expenses\*

*\*based on subset of 73 clients*

# Housing First Program Outcomes



## Saving Vermont Money

### Actual Costs for 3 Clients

6-months before Pathways:

- Psych. Hospital: \$755,895
- Incarceration: \$7,595
- State-Funded Hotel: \$2,356
- TOTAL: \$765,846

6-months with Pathways:

- Pathways' Services: \$21,600
- State Housing Subsidy: \$13,200
- Crisis Respite: \$5,384
- TOTAL: \$40,184

**Savings in 6-Months: \$725,662**

# Housing First Program Outcomes

## Serving the Unserved and Difficult-to-House

- 75% clients struggle with substance abuse
- No program refusals based on active substance use, criminal history, poor credit, lack of income, repeat hospitalizations or hoarding
- 700 program referrals in 3 years
- 28 Seriously Functionally Impaired (SFI) clients served *without additional funding*
- 650+ monthly in-person, community contacts
- 40+ monthly psychiatrist services





# Housing First Program Outcomes

## Supporting Self-Sufficiency

- 99.5% maintained or increased income
  - 20 gained employment
  - 29 received or applying for social security benefits
- 98% secured adequate medical insurance
- 90 gained computer literacy skills through Pathways' Computer Project
- Report increases in everyday functioning, perceptions of choice, empowerment and productive activities

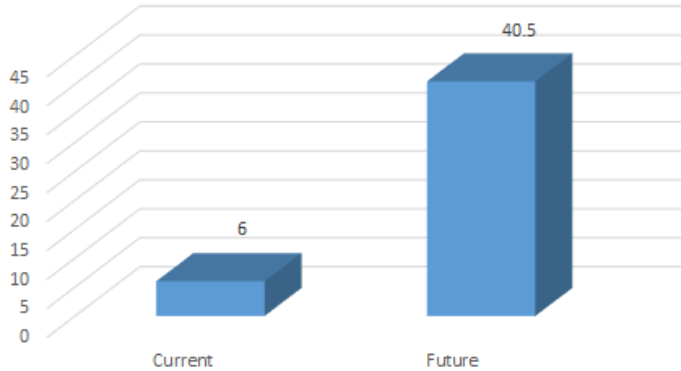
“I’m living my  
dreams and  
completing my  
dreams.  
It’s a very big  
blessing to me.”  
-Sid B.

# Housing First Program Future

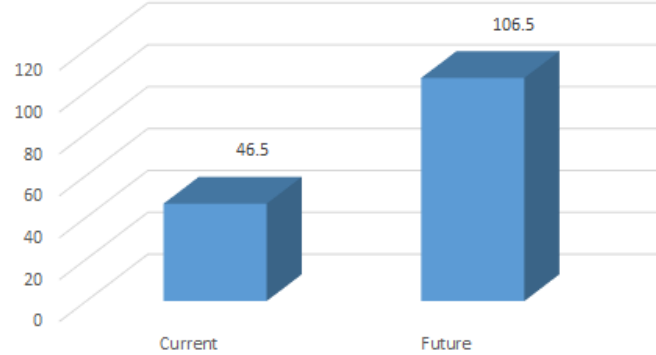
<b>FY15 Grant Funding</b>	<b>Services Funding</b>	<b>Service Areas</b>
Federal SAMHSA SSH Grant (until October 2014)	\$100,000	Where Needed
Federal SAMHSA CABHI Grant (until October 2014)	\$100,000	Where Needed
Vermont Department of Mental Health (DMH)	\$130,000	Where Needed
Vermont Department of Corrections - \$500,000 for services, \$330,000 for rental subsidies*	\$830,000*	Franklin, Chittenden, Washington, Windham
DMH Services Expansion	\$350,000	Franklin, Addison, Windsor
DMH Services Expansion	\$75,000	Chittenden, Washington
<b>REMAINING NEED</b>	<b>\$600,000</b>	<b>Ongoing Services for 210 Vermonters</b>

**Current funding allows for *NO* Housing First services in Vermont because there is insufficient funding for a team in *ANY* community**

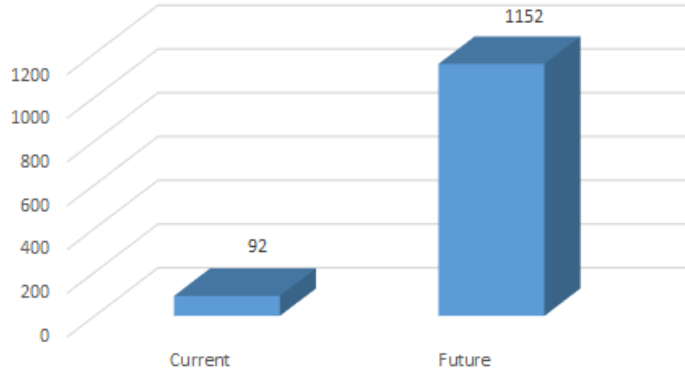
Total Nights in ER - 30 Days



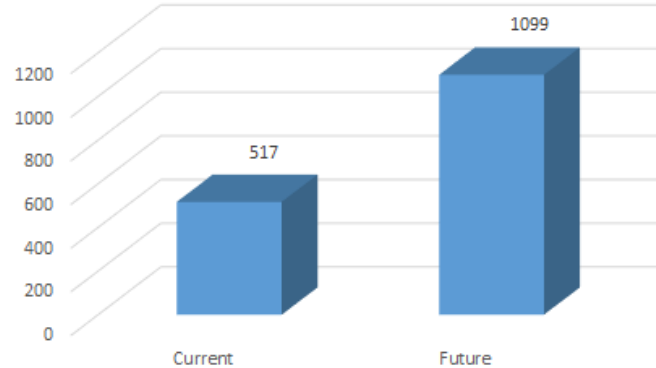
Total Nights in Hospital - 30 Days



Total Nights Homeless - 30 Days



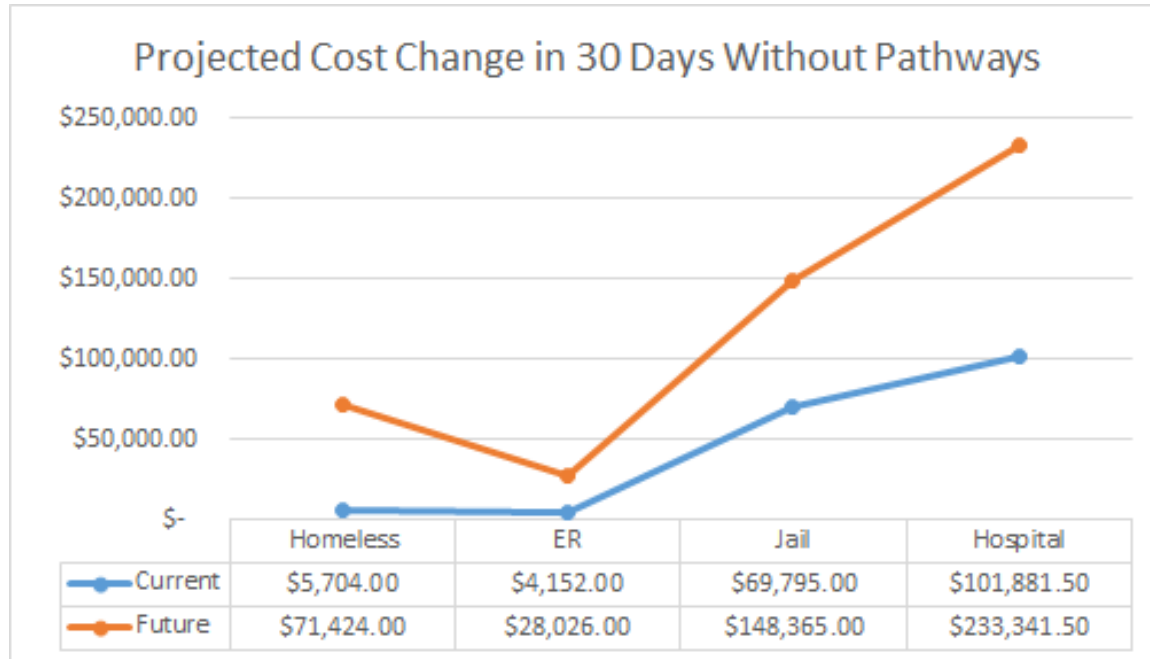
Total Nights in Jail - 30 Days



Total Nights Spent in Institutional Settings as a Group

Current nights with Pathways' services vs. future nights without Pathways.

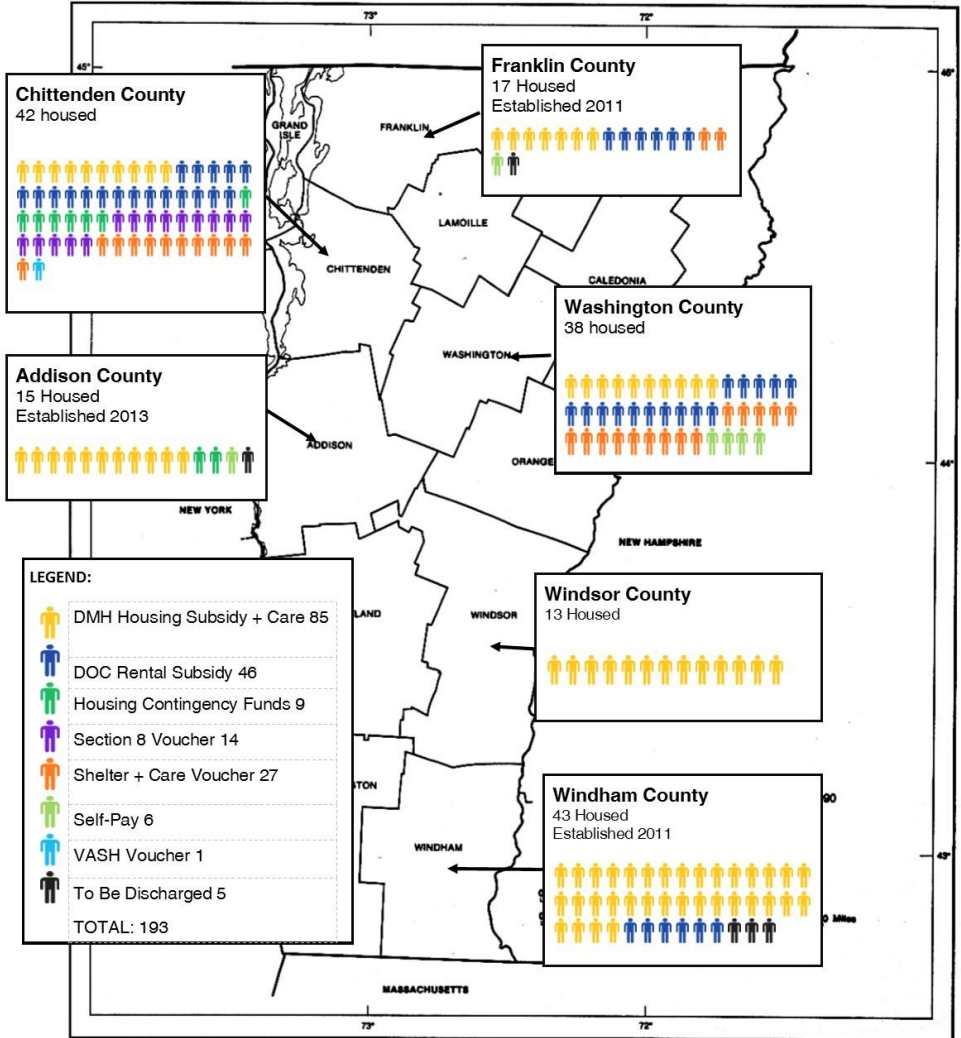
# Housing First Program Future



# Housing First Program Future

<b>Cost Increase - 30 Days Without Pathways</b>	
Emergency Room	\$23,874
Homeless	\$65,720
Jail	\$78,570
Hospital	\$131,460
<b>TOTAL</b>	<b>\$ 299,624</b>

<b>Cost Increase - 1 year Without Pathways</b>	
Emergency Room	\$286,488
Homeless	\$788,640
Jail	\$942,840
Hospital	\$1,577,520
<b>TOTAL</b>	<b>\$3,595,488</b>



## Current Housing Subsidy

- 20 Independent
- 10 Pathways is co-sponsor
- 158 Connected to Pathways

## Future Housing Subsidy

- 20 Independent
- 10 Other sponsor (sponsor had needed Pathways' help)
- 158 Connected to ????

**193 persons losing supportive housing services all at very high-risk for eviction**