



HOW MUCH DID WE DO?

- 3,000 of Vermont's lowest income seniors and persons with a disability are participating
- SASH is in every county and Health Service Area in the state
- We have created nearly 50 jobs
- SASH Coordinators around the state are trained to lead Healthy Living Workshops (28); Chronic Pain Management (10); Diabetes (2); Tai Chi for Arthritis (22) and Tobacco Cessation (11)
- SASH is addressing five top chronic conditions: arthritis, high blood pressure, vision problems, depression and anxiety
- 55 partner agencies have signed SASH Collaboration Agreements

HOW WELL DID WE DO IT?

- Estimates from the Medicare expenditure trend model indicate that quarterly savings accelerated during the first 15 months of the SASH program, reaching \$422 per beneficiary, per month, in the fifth quarter due to lower rates of growth in acute care payments and post-acute care payments (source: RTI, First Annual Memorandum prepared for the Office of the Assistant Secretary for Planning and Evaluation, HHS)
- The SASH Pilot resulted in a 19% reduction in hospitalizations (source: FAHC data)
- Reduced the number of participants reporting 3 or more falls in the past year from 39% statewide down to 29% statewide (source: DocSite Clinical Registry)
- Reduced the number of participants at High Nutritional Risk from 35% statewide down to 24% statewide (source: DocSite Clinical Registry)

IS ANYONE BETTER OFF?

- "I see SASH.... I feel excited that I have the opportunity to have it here. I think it is the model for senior living for every place. The time has come!" (source: SASH participant)
- "Physical Therapy students had an 8 week seminar on balance – and issues surrounding balance affect what we do, whether or not we go out....All of these things are brought in by the SASH Coordinator" (source: SASH participant)
- "The SASH program allowed our mother to avoid the stress of moving to assisted living while giving her the extra *years* being able to live on her own with dignity. (source: letter from the son of a SASH participant with Alzheimer's)

- Individuals that are enrolled in the SASH program are highly satisfied with their environment and the services that are made available to them (source: The Effectiveness of Health Care Coordinators Within A Novel Home Care Model For Elders, UVM Medical School, 2014)

SASH Participant Data – Collected through Personal Assessment and retained in DocSite Clinical Registry

