

Vermont Department of Mental Health

Public Mental Health System of Care

Frank Reed, Commissioner

Melissa Bailey, Deputy Commissioner

Departmental Overview

Central Office Organization
Provider Agencies
Departmental Programs

Central Office Organization

OVERALL OPERATIONS

- ▶ Administrative Support Unit
- ▶ Financial Services Unit
- ▶ Legal Services Unit
- ▶ Research & Statistics Unit
- ▶ Clinical Care Management Unit
- ▶ Policy, Planning & System Development Unit
- ▶ Quality Management Unit
- ▶ Children, Adolescent and Family Unit (CAFU)- Part of Integrating Family Services (IFS) Initiative
- ▶ Adult Mental Health Services Unit

Designated Providers

Designated Agencies

- ▶ Clara Martin Center
- ▶ Counseling Services of Addison County
- ▶ Health Care and Rehabilitation Services of Southeastern Vermont
- ▶ Howard Center
- ▶ Lamoille County Mental Health Services
- ▶ Northwest Counseling and Support Services
- ▶ Northeast Kingdom Human Services
- ▶ Rutland Mental Health Services
- ▶ United Counseling Service
- ▶ Washington County Mental Health Services

Specialized Service Agencies

- ▶ Pathways Vermont
- ▶ Northeastern Family Institute

Designated Hospitals

- ▶ Brattleboro Retreat
- ▶ Central Vermont Medical Center
- ▶ Rutland Regional Medical Center
- ▶ University of Vermont Medical Center
- ▶ Windham Center

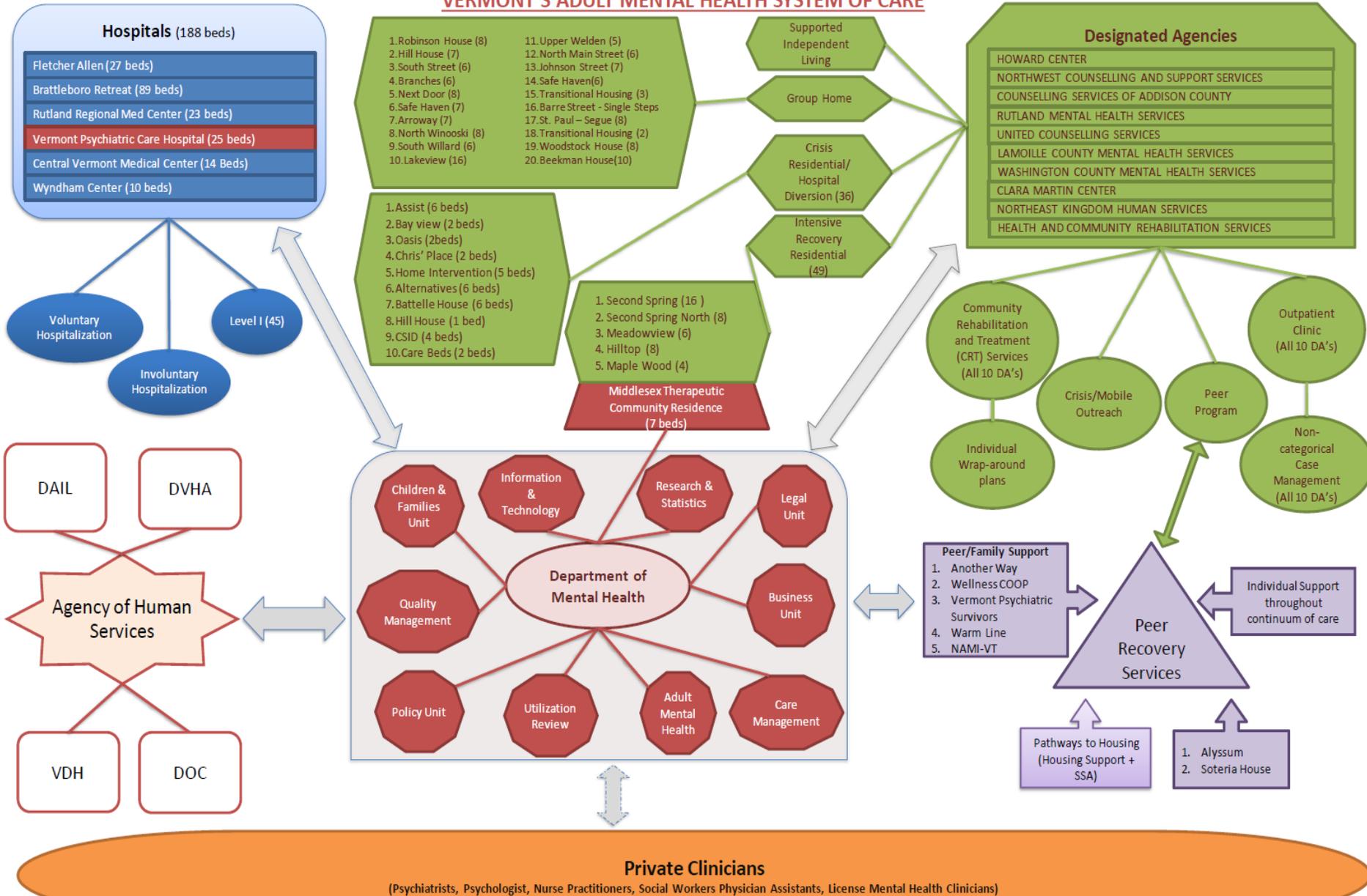
State Psychiatric Hospital

- ▶ Vermont Psychiatric Care Hospital

State Secure Residential

- ▶ Middlesex Therapeutic Community Residence

VERMONT'S ADULT MENTAL HEALTH SYSTEM OF CARE



Provider Capacity

Designated Agencies

- ▶ Adult Crisis Beds : 38 beds
- ▶ Youth Crisis Beds : 12 beds
- ▶ Adult Intensive Residential : 42 beds

Peer Services Agencies

- ▶ Adult Crisis Beds : 2 beds
- ▶ Adult Intensive Residential : 5 beds

Designated Hospitals

- ▶ Adult - Level 1 : 20 beds
- ▶ Adult - Non-Level 1 : 143 beds
- ▶ Children and Youth : 33 beds

State-Run Psychiatric Hospital

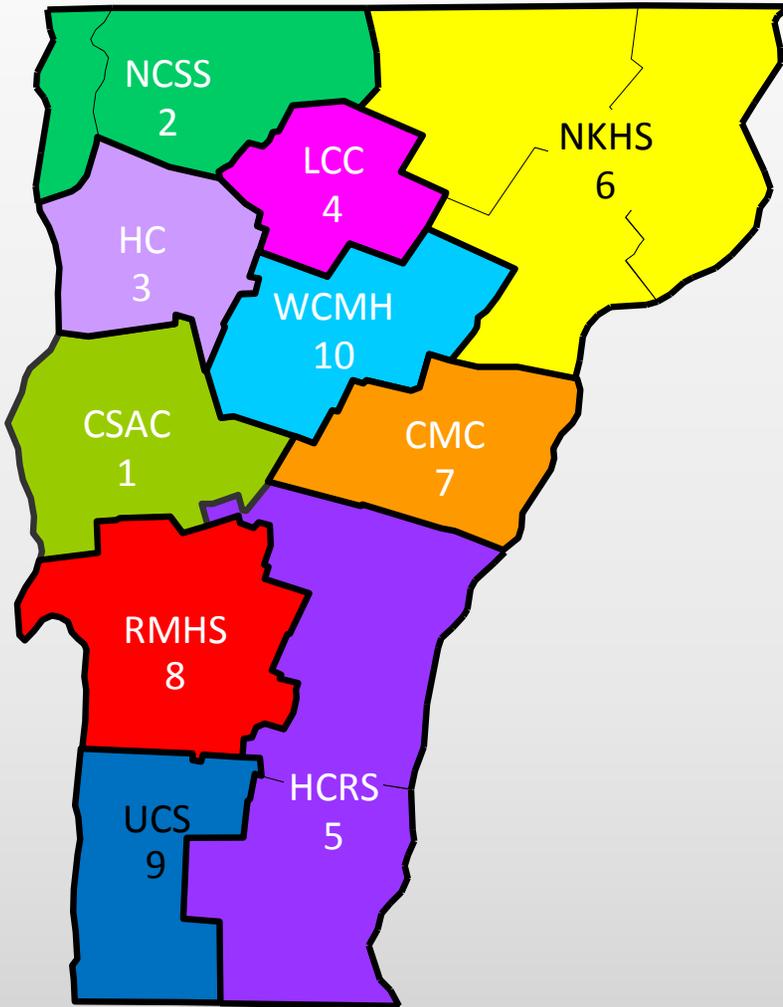
- ▶ Level 1 : 25 beds

State-Run Secure Residential

- ▶ Middlesex Therapeutic Community
Residence : 7 beds

As of July 2015

Designated Providers

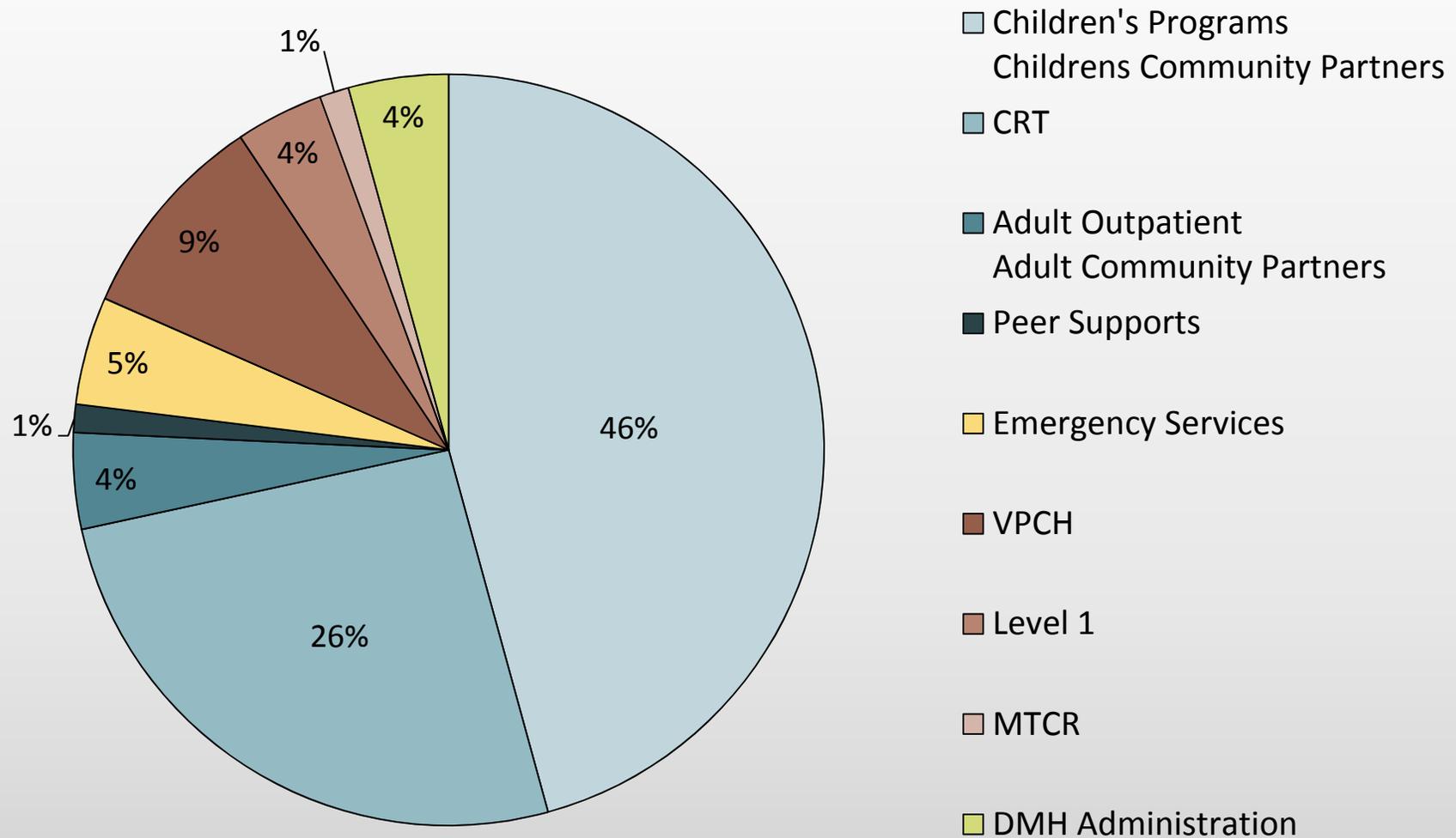


(CMC)	Clara Martin Center
(CSAC)	Counseling Services of Addison County
(HCRS)	Health Care and Rehabilitation Services of Southeastern Vermont
(HC)	Howard Center
(LCMH)	Lamoille County Mental Health Services
(NCSS)	Northwest Counseling and Support Services
(NKHS)	Northeast Kingdom Human Services
(RMHS)	Rutland Mental Health Services
(UCS)	United Counseling Service
(WCMH)	Washington County Mental Health Services
(PV)	Pathways Vermont (SSA-provisional)

Community Programs

Program	Description
Adult Outpatient (AOP)	Provides services for adults who do not have prolonged serious disabilities but who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention
Community Rehabilitation and Treatment (CRT)*	Provides services for adults with severe and persistent mental illness
Children and Families (C&F)*	Provide services to children and families who are undergoing emotional or psychological distress or are having problems adjusting to changing life situations.
Emergency Services	Serves individuals who are experiencing an acute mental health crisis. These services are provided on a 24-hour a day, 7-day-per-week basis with both telephone and face-to-face services available as needed.
Advocacy and Peer Services	Broad array of support services provided by trained peers (a person who has experienced a mental health condition or psychiatric disability) or peer-managed organizations focused on helping individuals with mental health and other co-occurring conditions to support recovery

Composition of Program Expenses EH6



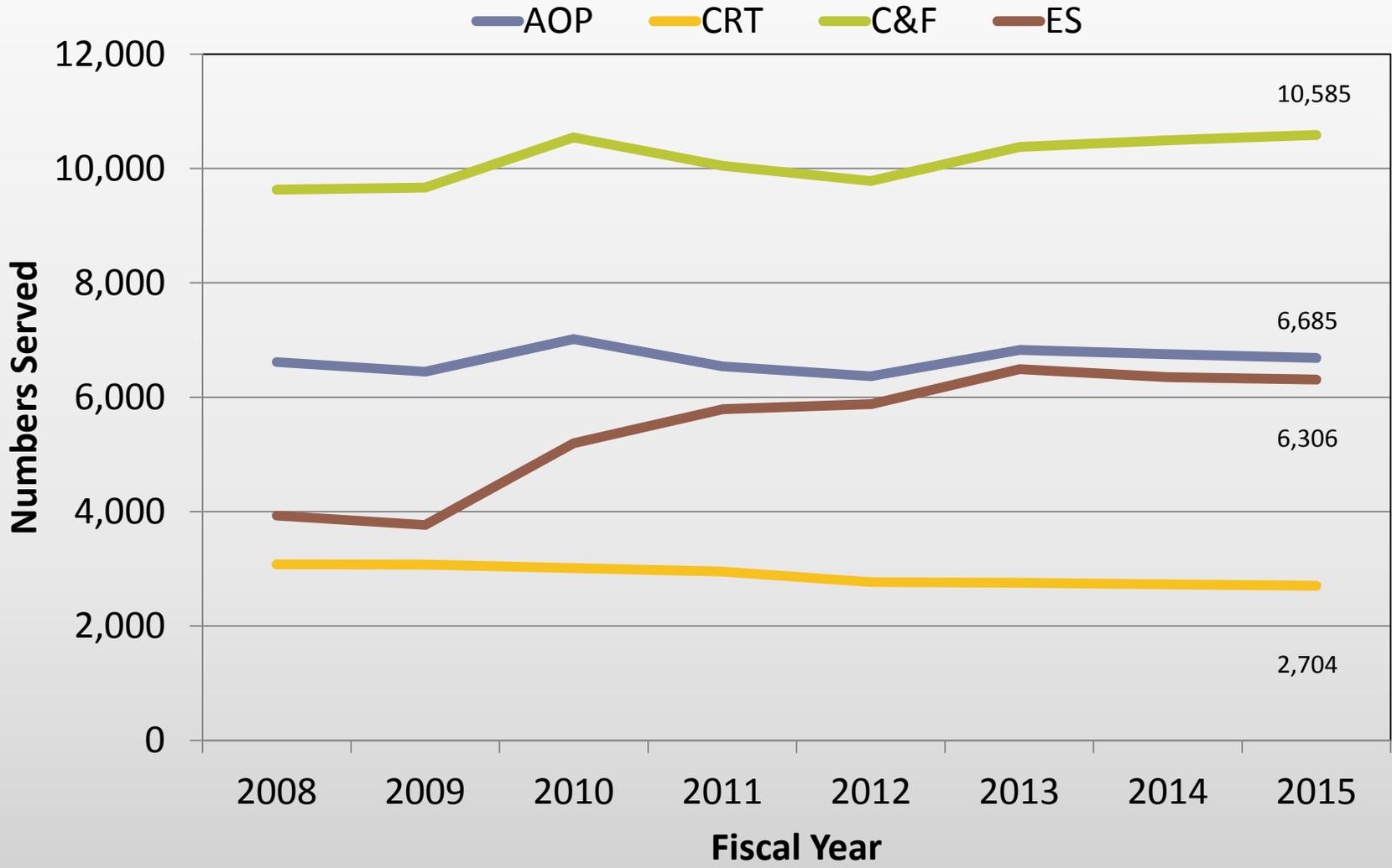
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EH6

Needs update

Harrigan, Emma, 1/7/2016

People Served by Primary Program



DMH Initiatives - Adult

- ▶ Participation in the Vermont Health Care Innovation Project workgroups and the Steering Committee
- ▶ Permanent Secure Residential Planning
- ▶ Partnership with DA's on statewide implementation of Mental First Aid.
- ▶ Six Core Strategies for Seclusion & Restraint Reduction
- ▶ Open Dialogue-Treatment of Early Episode Psychosis
- ▶ Suicide Prevention
- ▶ Team Two Training
- ▶ Supporting adoption and improvement of evidence-based practices
- ▶ Promoting primary care/mental health care integration through more-formalized relationships that reduce redundancy and increase points of access

DMH Initiatives – Child and Family

- ▶ Collaboration with One Care and VCP on identifying best practice and funding options for pediatrics and MH integration models building on current models.
- ▶ Promoting the availability of Child Psychiatric Consultation for Pediatric Primary Care
- ▶ Primary contributor—through funding , service provision, and leadership—for Integrating Family Services (IFS)
- ▶ Funding Vermont Family Based Approach training in the two IFS regions
- ▶ Funding CDC pediatric epidemiologist jointly with VDH for study of pediatric and family Mental health conditions
- ▶ Secured Federal grant to start Success Before Six
- ▶ Partnering with VDH regarding peri-natal maternal depression screening; tobacco cessation; marijuana health impact assessment
- ▶ Working with VCHIP on school culture, including bullying prevention and in coordination with Success Beyond Six services
- ▶ Continue to expand the use of Act 264 (1988) and Coordinated Service Planning (CSP) for children and their families as well as expand the use of CSPs to be a proactive, multi-disciplinary shared planning tool

Outcomes for Programs

Adult Outpatient (AOP)

P AOP Adult Outpatient (AOP)		Time Period	Actual Value	Current Trend
+ PM	How_Much # of people served in AOP	SFY 2015	6,685	↘ 2
+ PM	How_Much # of non-categorical case management services	SFY 2015	15,066	↗ 6
+ PM	How_Well # of Medicaid AOP hospitalizations	FYQ2 2016	58	↘ 1
+ PM	Better_Off % improved upon discharge from AOP	SFY 2015	44%	↘ 2

▶ <http://app.resultsscorecard.com/Scorecard/Embed/9939>

Outcomes for Programs

Community Rehabilitation and Treatment (CRT)

			Time Period	Actual Value	Current Trend	
-	P	CRT	Community Rehabilitation and Treatment (CRT) 📄			
+	PM	How_Much	# served in CRT	SFY 2016	2,708	↗ 1
+	PM	How_Much	# of new CRT enrollees	FYQ2 2015	43	↗ 1
+	PM	How_Well	# of inpatient psychiatric bed days for CRT clients	FYQ4 2015	3,629	↘ 1
+	PM	How_Well	% of CRT clients receiving follow up services within 7 days of psychiatric hospitalization discharge	SFY 2015	93%	↘ 1
+	PM	Better_Off	% of working age CRT clients who are employed	SFY 2015	22%	→ 1
+	PM	Better_Off	% of CRT clients reporting positive outcomes	SFY 2014	73%	↘ 1

▶ <http://app.resultsscorecard.com/Scorecard/Embed/9939>

Outcomes for Programs

Children, Youth, and Family Services

C&F Children, Youth & Families (C&F)	Time Period	Actual Value	Current Trend
How_Much # of children and youth served by C&F	SFY 2015	10,585	3
Better_Off % of students receiving intensive school based behavioral interventionist services showing improvement	SFY 2014	45%	3
Better_Off % of children and youth receiving respite services who remain in their homes	SFY 2013	81.5%	1
Better_Off # of youth engaged in JOBS who achieve 90 days in competitive employment	SFY 2013	131	2
Better_Off % of adolescents reporting positive outcomes	SFY 2013	66%	1

▶ <http://app.resultsscorecard.com/Scorecard/Embed/9939>

Outcomes for Programs

Emergency Services

- P ES Emergency Services (ES) 		Time Period	Actual Value	Current Trend
+ PM	How_Much # served by ES	SFY 2015	6,306	↘ 2
+ PM	How_Much % occupancy of Designated Agency adult crisis bed programs	FYQ1 2016	76%	→ 1
+ PM	How_Well # of involuntary admissions via emergency exams	SFY 2014	405	↘ 2
+ PM	How_Well % of clients served by a non-emergency program within 1 week of an emergency service	FYQ2 2014	23%	↘ 1

▶ <http://app.resultsscorecard.com/Scorecard/Embed/9939>

Outcomes for Programs

Vermont Psychiatric Care Hospital (VPCH)

			Time Period	Actual Value	Current Trend
⊖	P	VPCH Vermont Psychiatric Care Hospital (VPCH)			
+	PM	How_Well Average length of stay in days for discharged patients	SFY 2015	72	↓ 1
+	PM	How_Well # hours of seclusion and restraint per 1,000 patient hours	SFY 2015	1.00	↓ 1
+	PM	How_Well % of discharges readmitted involuntarily within 30 days of discharge	SFY 2015	9%	↓ 1

▶ <http://app.resultsscorecard.com/Scorecard/Embed/9939>

Scorecards for Inpatient System of Care, Peer Services, Housing Subsidy are in development

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