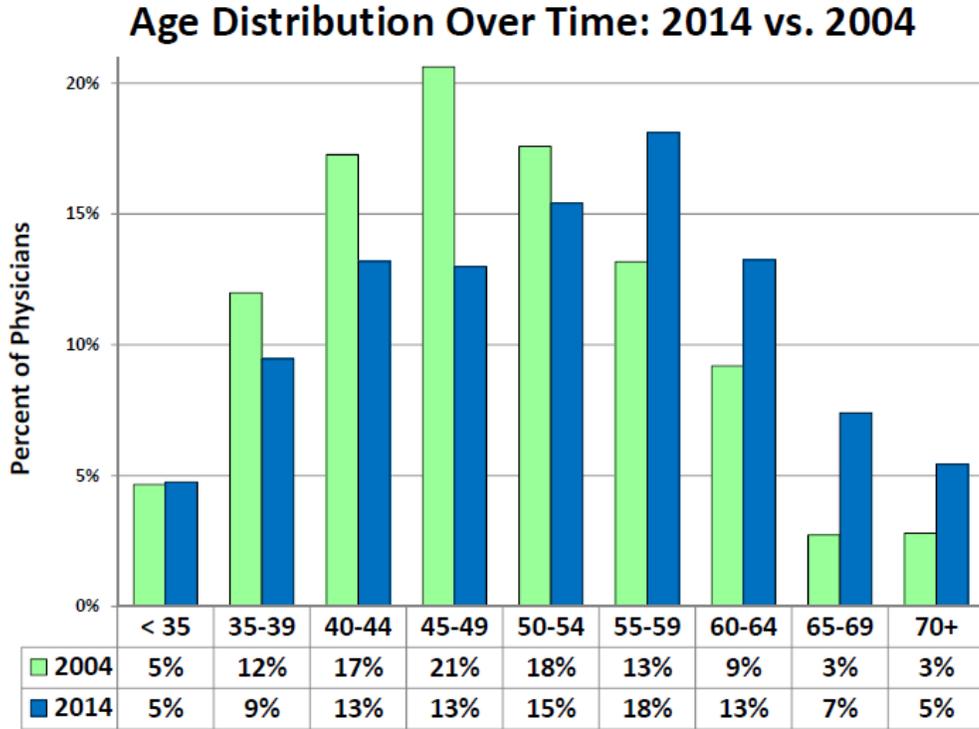




VERMONT PRIMARY CARE: THE PATH FORWARD

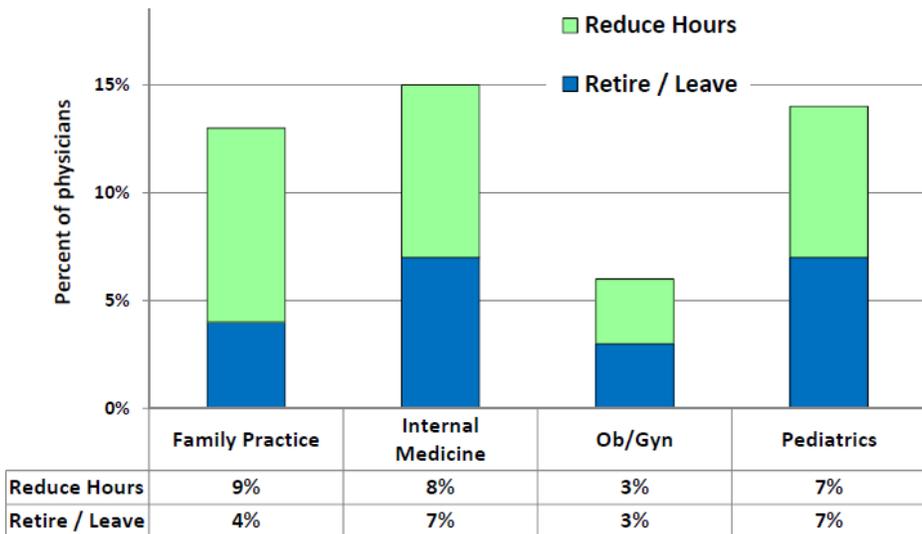
We're Getting Older and New Physicians Aren't Filling the Void



We're Burning Out and Leaving the Workforce or Cutting Back Hours

50% of Internal and Family Medicine Physicians Report Feeling Burned Out

Planning to Retire or Reduce Hours Within 12 Months – VT Primary Care





VERMONT PRIMARY CARE: THE PATH FORWARD

Why We're Burning Out

Annually, physicians spend an average of:

- 365 hours dealing with notifications via electronic health record (EHR)-based inboxesⁱⁱⁱ
- 785 hours reporting quality measures to Medicare, Medicaid and private payers^{iv}
- 1040 hours on prior authorizations^v

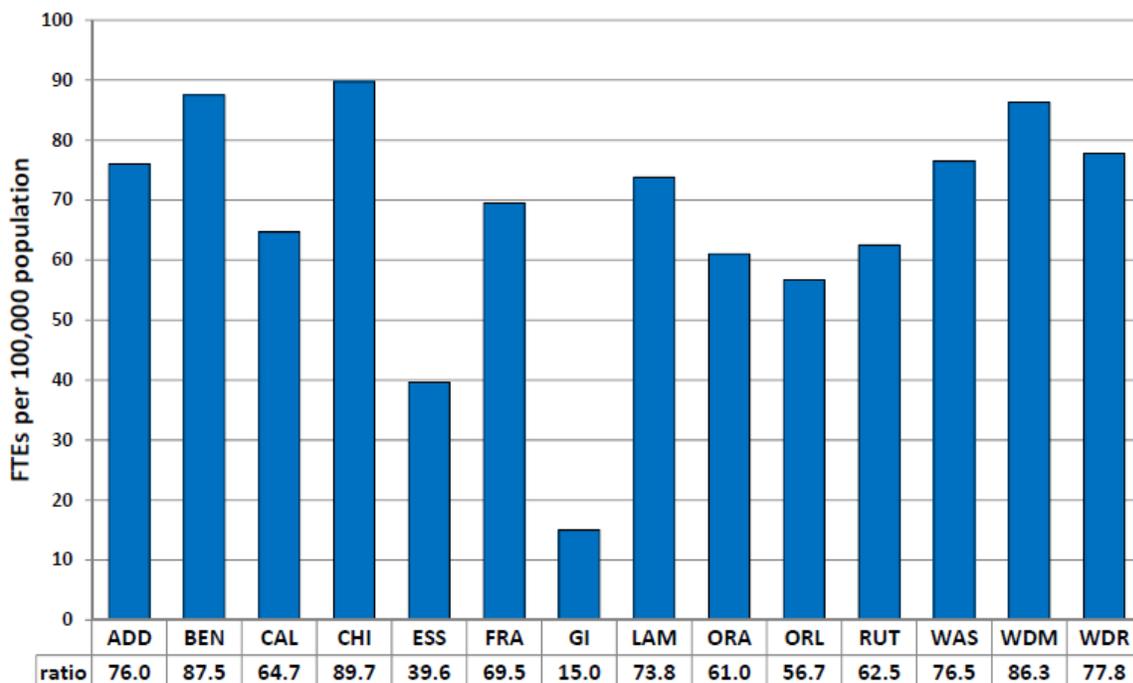
This is equal to 6 hours per day spent on administrative or reporting tasks

Access is Already an Issue in Many Parts of the State

While the U.S. Department of Health and Human Services predicted the Primary Care FTE to Population Ratio to be 100: 100,000 in 2014, this isn't the case for *any* Vermont County with several counties having a shortage of primary care physicians relative to their population^{vi}

vii

Primary Care FTE to Population Ratios by County



Several counties have a shortage of primary care physicians relative to their population



VERMONT PRIMARY CARE: THE PATH FORWARD

ⁱ Carol Peckham, “Medscape Physician Lifestyle Report 2015,” *Medscape online*, January 26, 2015 available at <http://www.medscape.com/features/slideshow/lifestyle/2015/public/overview>

ⁱⁱ Vermont Department of Health, “2014 Physician Census Summary Report,” VDH website, February 2016 available at <http://healthvermont.gov/research/HlthCarePrvSrvys/documents/phys14ppt.pdf>

ⁱⁱⁱ Nicola M. Perry, “Physicians Spend 1 Hour on EHR Alerts per Day,” *Medscape Medical News online*, March 16, 2016 available at <http://www.medscape.com/viewarticle/860457>

^{iv} Mike Miliard, “Quality reporting costs doctors more than \$15.4 billion a year, Health Affairs says,” *Healthcare IT News online*, March 8, 2016 available at <http://www.healthcareitnews.com/news/quality-reporting-costs-doctors-more-154-billion-year-health-affairs-says>

^v Jeffrey Bendix, “The prior authorization predicament,” *Medical Economics online*, July 8, 2014 available at <http://medicaleconomics.modernmedicine.com/medical-economics/content/tags/insurance-companies/prior-authorization-predicament?page=full>

^{vi} U.S. Department of Health and Human Services, Health Resources and Services Administration, Bureau of Health Professions, “The Physician Workforce: Projections and Research into Current Issues Affecting Supply and Demand,” Bureau of Health Professions website, December 2008 available at <http://bhpr.hrsa.gov/healthworkforce/reports/physwfissues.pdf>

^{vii} Vermont Department of Health, “2014 Physician Census Summary Report,” VDH website, February 2016 available at <http://healthvermont.gov/research/HlthCarePrvSrvys/documents/phys14ppt.pdf>