

THE
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HEALTHY CITIES.
BETTER LIVES.

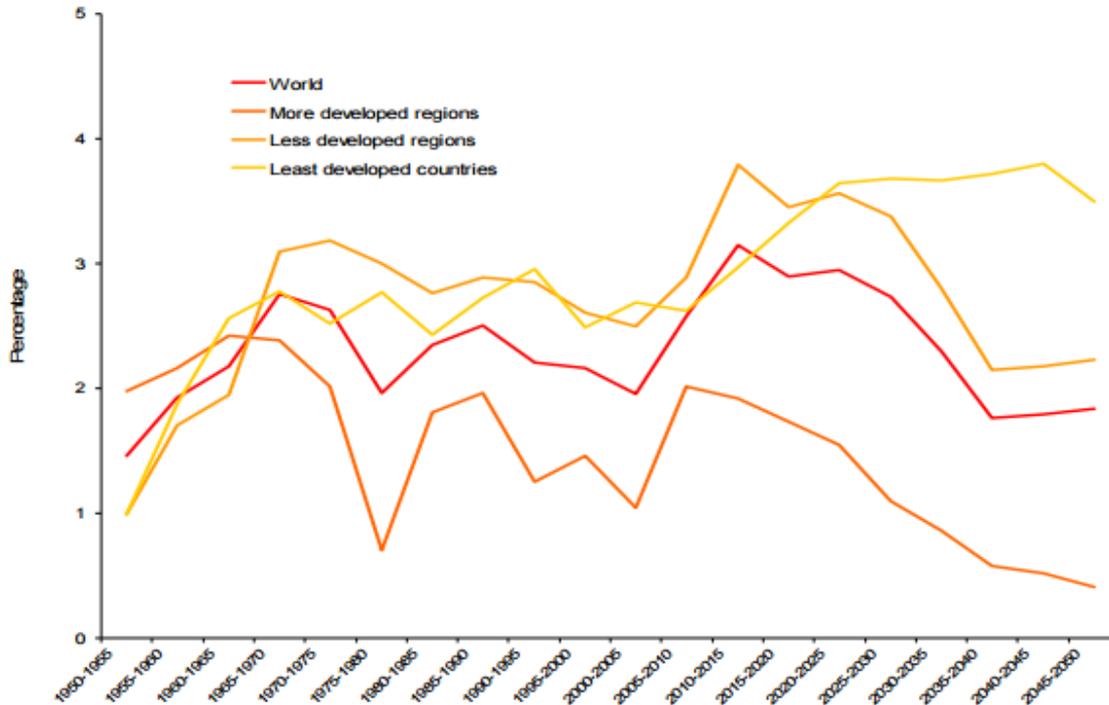
February 11, 2016 | Vermont Committee on Human Services

INSTITUTE FOR URBAN HEALTH

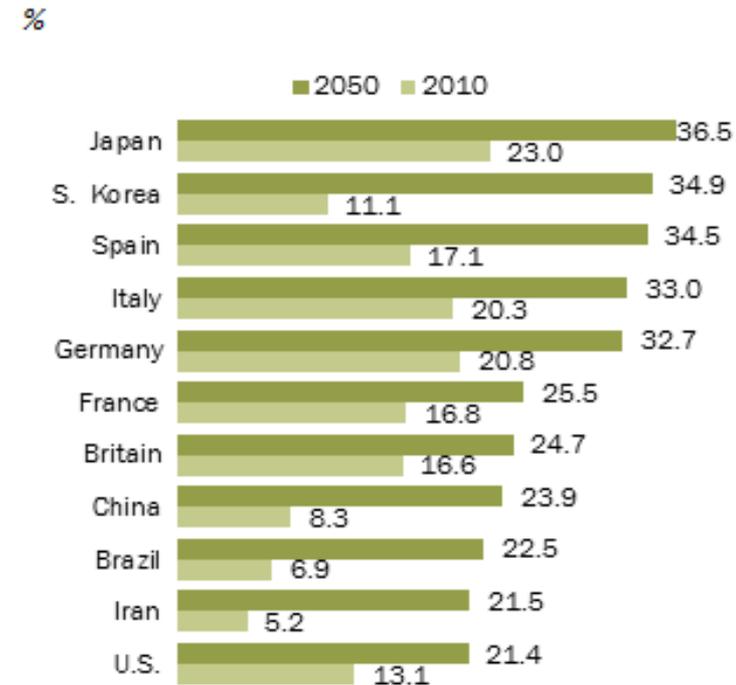
Aging Demographics & Trends

Lindsay Goldman, LMSW
Deputy Director, Healthy Aging

Global Aging

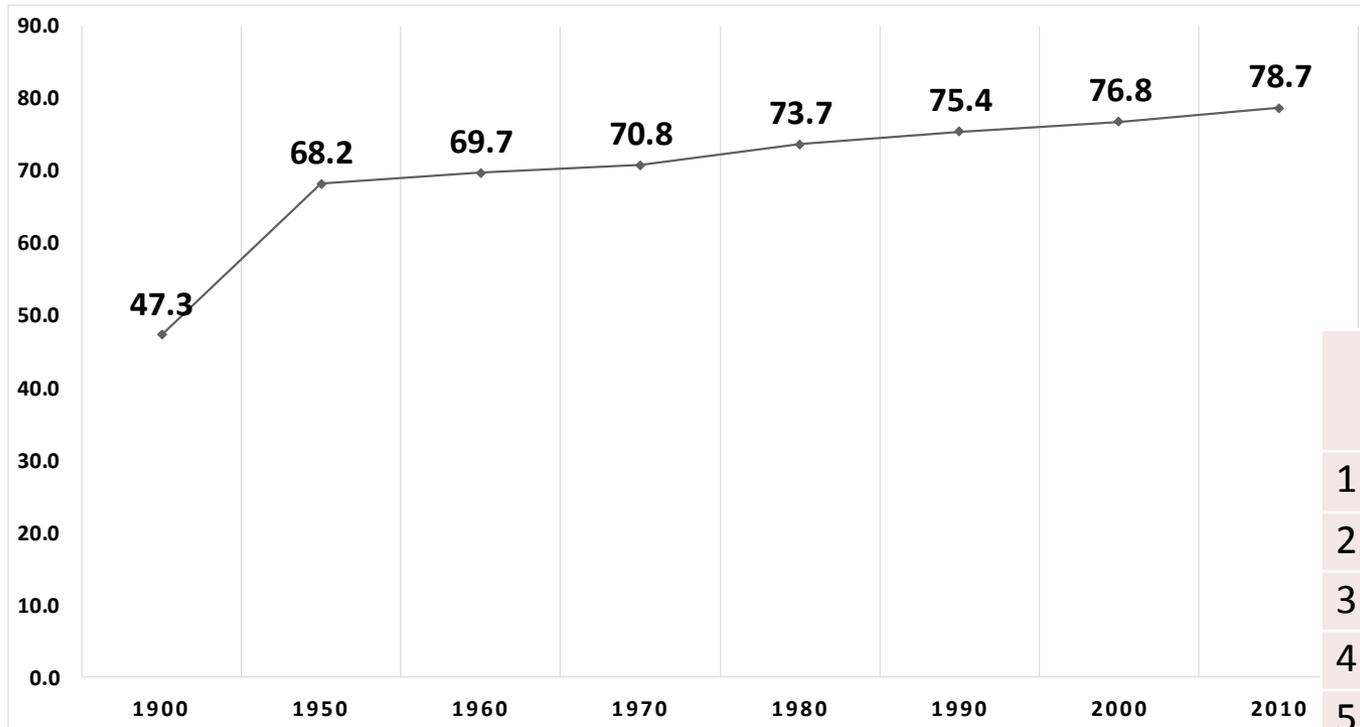


Proportion of People 65 and Older in a Country's Population, Estimates for 2010 and 2050



United Nations, 2013

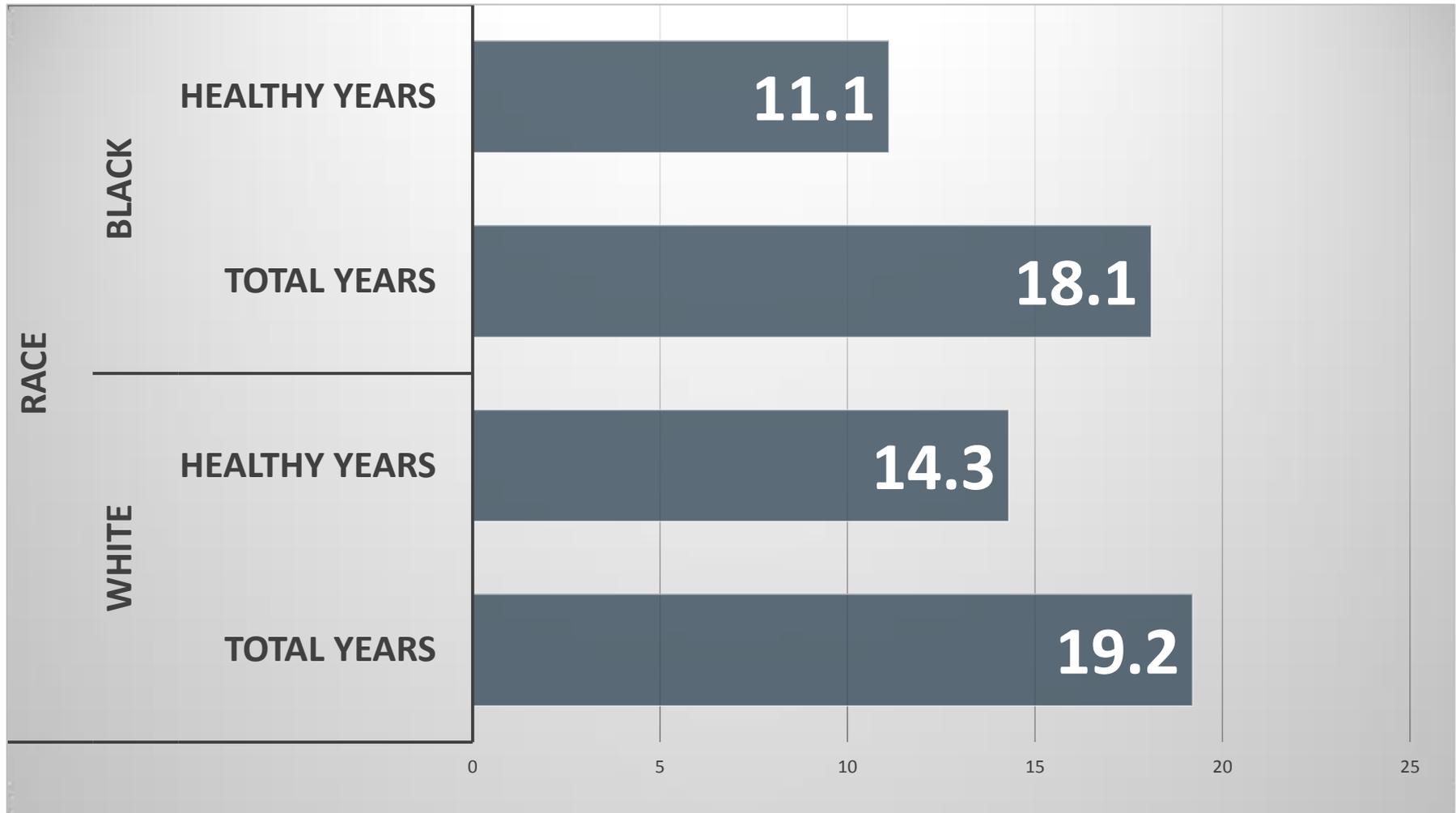
American Life Expectancy



Kaiser Family Foundation, 2010.

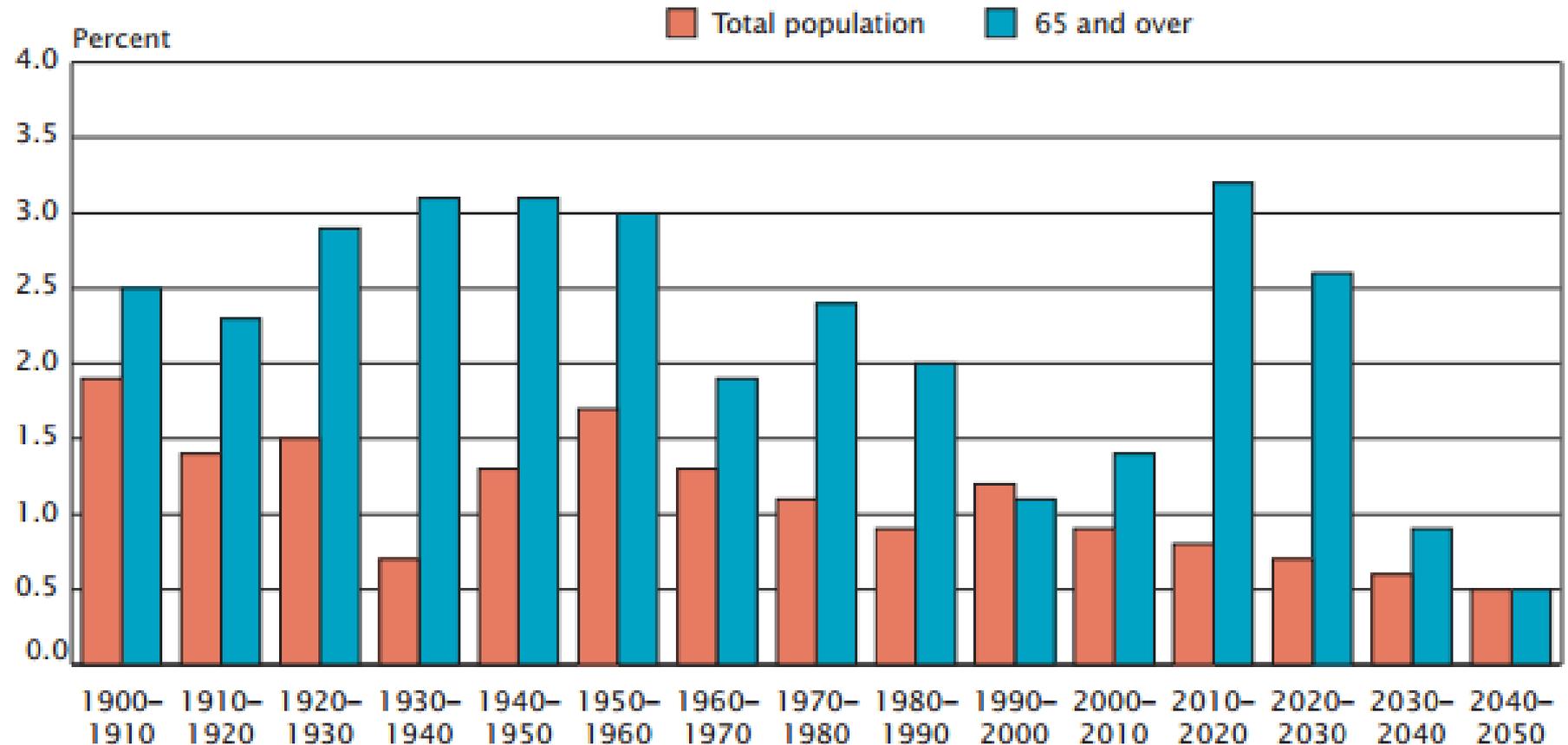
	State	Male	Female
1	MN	78.7	84.7
2	CT	78.6	83.3
3	CA	78.3	83.1
4	UT	78.3	82.9
5	VT	78.2	82.8
6	MA	78.1	82.7
7	HI	78	82.6
8	NH	78	82.5
9	NY	77.9	82.5
10	NJ	77.8	82.4

Life Expectancy: Disparities



CDC, National Vital Statistics System, Behavioral Risk Factor Survey System, and the U.S. Census Bureau 2013.

United States 65+ Population Growth



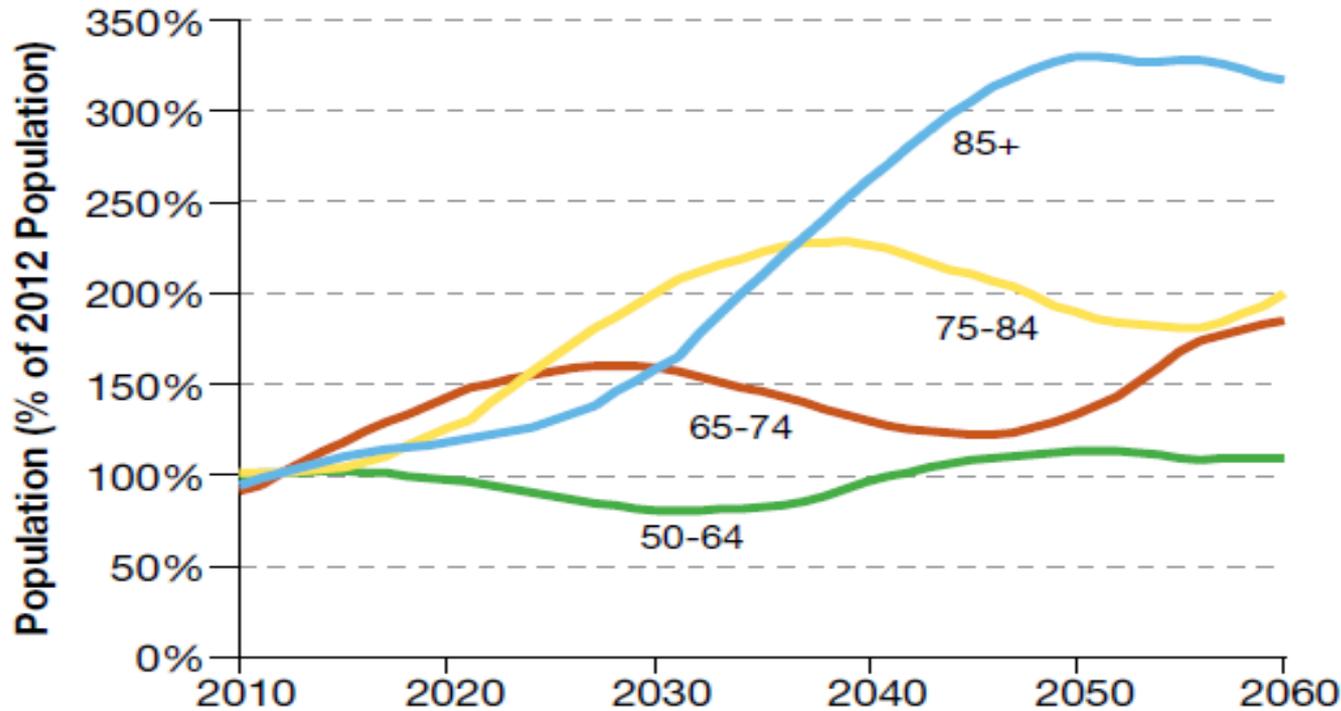
States With Largest Population 65+

Rank	Population 65 and over		Rank	Percent 65 and over of state population	
	State	Number		State	Percent
1	California	4,246,514	1	Florida	17.3
2	Florida	3,259,602	2	West Virginia	16.0
3	New York	2,617,943	3	Maine	15.9
4	Texas	2,601,886	4	Pennsylvania	15.4
5	Pennsylvania	1,959,307	5	Iowa	14.9
6	Ohio	1,622,015	6	Montana	14.8
7	Illinois	1,609,213	7	Vermont	14.6
8	Michigan	1,361,530	8	North Dakota	14.5
9	North Carolina	1,234,079	9	Rhode Island	14.4
10	New Jersey	1,185,993	10	Arkansas	14.4
11	Georgia	1,032,035	11	Delaware	14.4
12	Virginia	976,937	12	Hawaii	14.3
13	Massachusetts	902,724	13	South Dakota	14.3
14	Arizona	881,831	14	Connecticut	14.2
15	Tennessee	853,462	15	Ohio	14.1
16	Indiana	841,108	16	Missouri	14.0
17	Missouri	838,294	17	Oregon	13.9
18	Washington	827,677	18	Arizona	13.8
19	Wisconsin	777,314	19	Massachusetts	13.8
20	Maryland	707,642	20	Michigan	13.8

U.S. Census Bureau 2014

VT Population Projections

**Projected Growth in the Older Population
in Vermont as a Percentage of
2012 Population, by Age Group**

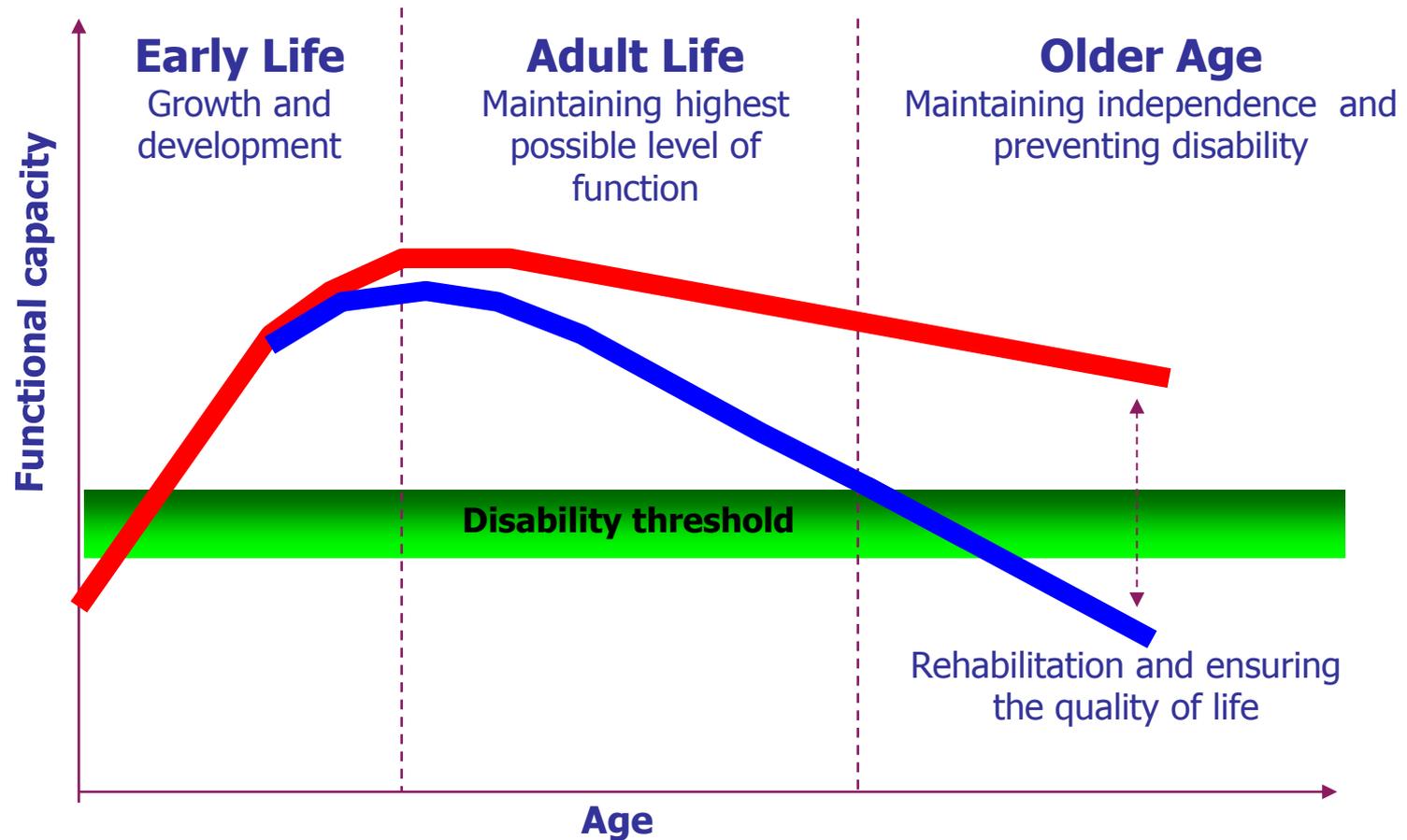


Aging Vermonters

Select Socio-demographics	US	VT
Employed	16%	21%
Retirement Income	48%	45%
Below 100% Poverty	9%	7%
At 100-149% Poverty	11%	12%
Homeowner Cost Burden	28%	37%
Renter Cost Burden	55%	50%
Any Disability	36%	34%
Live Alone	44%	46%

US Census Bureau 5-Year Estimates 2014

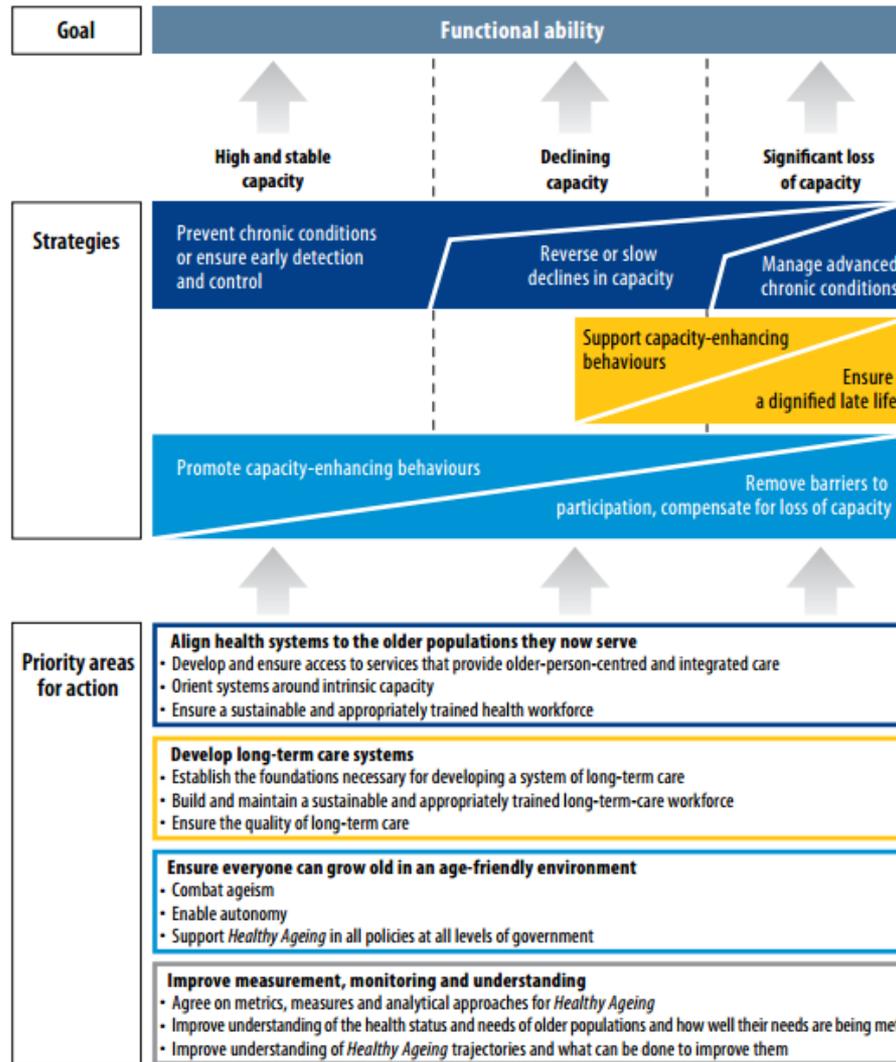
Aging and the Life Course



Determinants of Active Aging

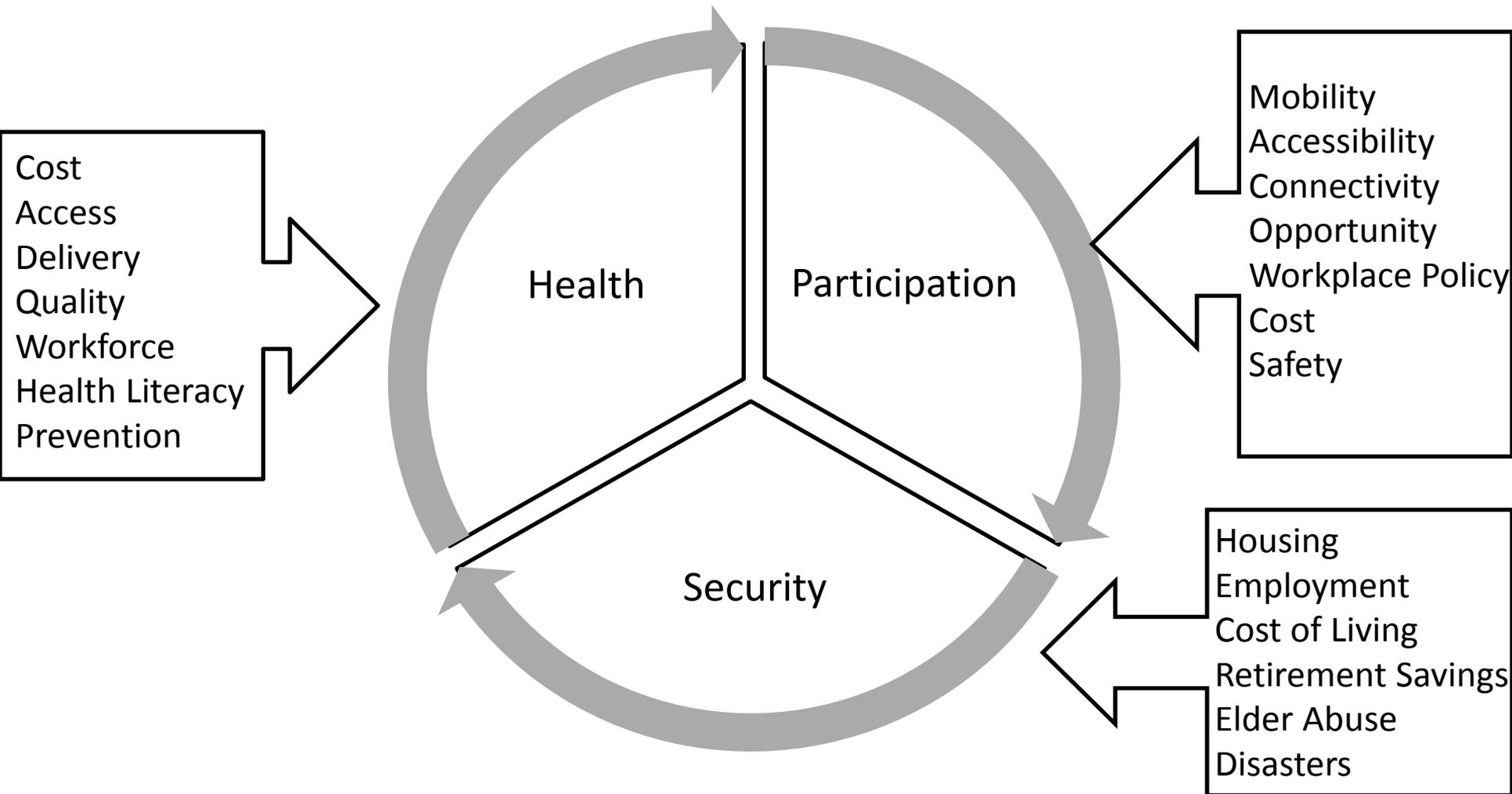


Public Health Approach



Source: WHO, World Report on Ageing & Health, 2015.

Challenges & Opportunities



Participation: Age-friendly Communities

1. Outdoor spaces and buildings
2. Transportation
3. Housing
4. Social participation
5. Respect and social inclusion
6. Civic participation and employment
7. Communication and information
8. Community support and health services



World Health Organization, 2007

Health: Prevention

- Walkability
- Health literacy
- Falls prevention
- Immunization
- Healthy Food Access
- Substance Abuse
- Cognitive Screening
- Depression Screening



Financial Security

- Age-smart employment practices
- Age-friendly banks & bankers
- Fiduciary duty for investment professionals
- Use of tax incentives
- State-based retirement savings options & auto-enrollment incentives
- Reduce barriers to accessing benefits & entitlements
- Increase financial literacy

AGE SMART EMPLOYER NYC

AGING WORKERS & THE MULTIGENERATIONAL WORKFORCE

Population aging is transforming societies & economies around the world

THE WORLD IS CHANGING

People are living longer and for the first time in history the proportion of older adults in developed countries is growing faster than that of young people.

Today's older adults are healthier, better educated and longer-lived than any generation before. Most expect and/or need to keep continue working well past traditional retirement age in some way.

Many hope to phase into retirement through a gradual reduction in workload or hours at their current employer and others hope to take on new work either part or full-time.

Perception



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Aging Tsunami: As Crisis Grows, a Search for Help

BY LISA RIORDAN SEVILLE

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Gray Dawn: The Global Aging Crisis

The Telegraph

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World faces ageing population time bomb says UN

The world needs to take urgent action to cope with the impact of a rapidly ageing population, according to a new report, which forecast that the number of people older than 60 would surpass one billion within a decade.

Review Trip Itinerary

Fare Details	
1 Adult (18-64)	\$128.00
Additional Taxes/Fees *	\$28.20
Total	\$156.20

Reality

50% Discretionary Spending

72% Vote

64% No Disability



For More Information

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