

## Position Statement on the Use of Medical Marijuana for Posttraumatic Stress Disorder

Approved by the Board of Trustees, July 2013

Approved by the Assembly, May 2013

"Policy documents are approved by the APA Assembly and Board of Trustees...These are...position statements that define APA official policy on specific subjects..." – *APA Operations Manual*.

Because of the lack of any credible studies demonstrating clinical effectiveness, the APA cannot endorse the use of medical marijuana for the treatment of posttraumatic stress disorder (PTSD). The Council on Research and Quality Care reviewed available evidence regarding the use of marijuana in the treatment of PTSD and concluded that no published evidence of sufficient quality exists in the medical literature to support the practice.