

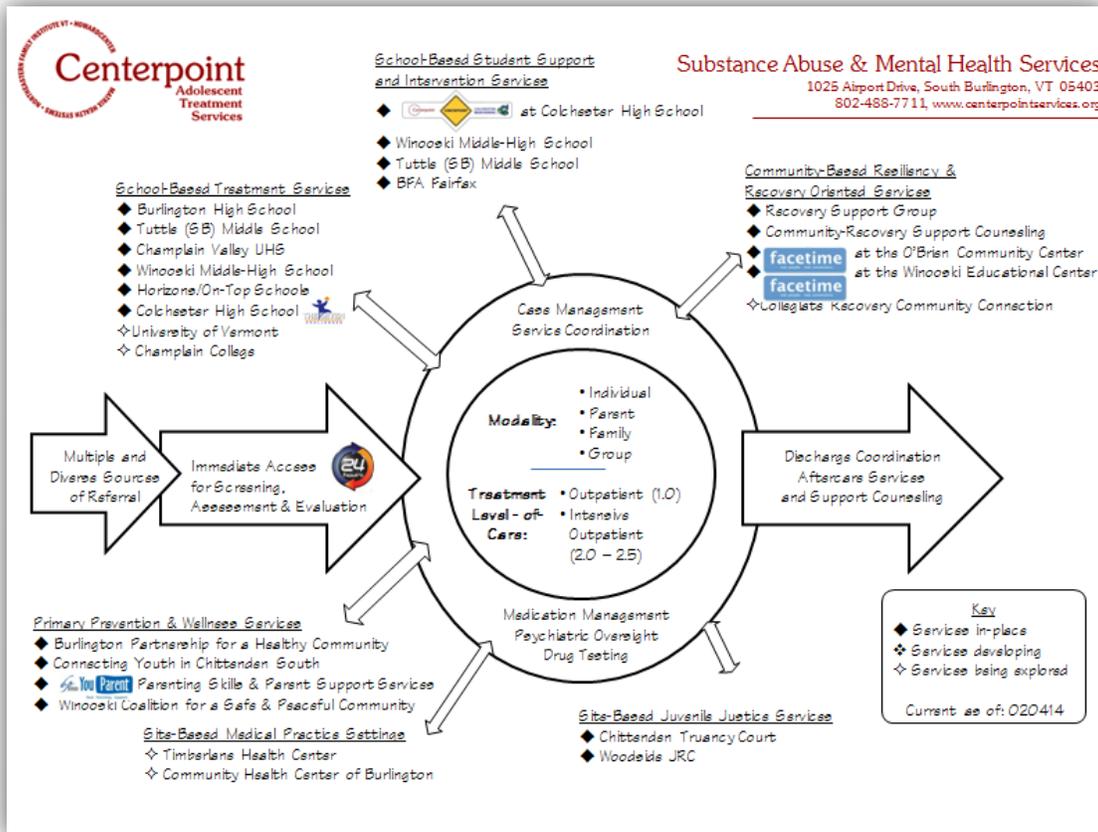


Substance Abuse & Mental Health Services

Field-Based and Community Based Services

While many students, clients, and families take advantage of Centerpoint services in one of our SAMH clinic or Centerpoint School campus locations, just as many are served through community-sites that allow ‘easier access’ to our supports and programs. Centerpoint’s field and community-based services include:

- Substance Abuse Prevention, Health Promotion, and Early Intervention Services in Chittenden and Franklin County public schools
- School-Based Therapy
- Community-Recovery Support Counseling
- Counseling and Case Management at the Chittenden Superior Court, Family Division Truancy Docket
- Home-based Outreach and Assertive Engagement Services
- Resiliency-based and Life Skills Services in Community Centers
- Assessment and Counseling Services provided to residents at the Woodside Juvenile Rehabilitation Center



Centerpoint's On-Site Services in Public Schools

Centerpoint's School-Based Services range from prevention and early intervention programming to more intensive treatment services, applying evidence-based strategies and integrative therapies to address the broad range of issues facing middle and high school students. These services include:

- **Health Promotion/Substance Abuse Prevention and Education Activities** ^{1,2,3}
 - Provided at BFA Fairfax and Winooski Educational Center
- **Screening & Brief Intervention Student Support Services** ^{1,2,3,9}
 - Provided at BFA Fairfax, Winooski Educational Center, and through Project Checkpoint® at Colchester High School
- **Individual Counseling Services** ^{3,4,6,9}
 - Provided at: Burlington High School (1 day/week)
Winooski High School (5 days/week)
Colchester High School (1 day/week)
FH Tuttle (South Burlington) Middle School (2 days/week)
Champlain Valley Union High School (3 days/week)
On-Top/Horizons (Burlington) Alternative High School (2.5 days/week)
- **Family Counseling and Therapy Services** ^{4,9}
 - Provided at: Winooski High School (as needed)
FH Tuttle (South Burlington) Middle School (as needed)
- **The *Creative Expressions* art therapy-based group** ^{4,9}
 - Provided at Winooski Middle School, as part of the coordinated Student Support Program
- **The *Rise Up* limbic and movement-based group** ^{4,9}
 - Provided at Winooski Middle School, as part of the Coordinated Student Support Program
- ***FaceTime*®, a wellness, life skills promotion, and resiliency-oriented community connections group** ^{4,9}
 - Provided at Winooski Middle School, as part of the coordinated Student Support Program
- **The *Changes group*, integrating motivational enhancement therapies, cognitive behavioral therapies, and the Seven Challenges® treatment model** ^{4,9}
 - Provided at Colchester High School, as a counseling adjunct to the Project Checkpoint referral and access of treatment/assertive engagement
- **Parent Support and Skills training Services, applying the *YouParent*® programming designed for parents of middle school students** ^{3,5,8}
 - Provided for Hunt and Edmunds (Burlington) Middle School parents, with likely expansion to the Winooski and Chittenden South Communities

- **Project Checkpoint®**, a screening, brief intervention, treatment access program with an alternative-sanctions/restorative justice model for school-based substance users (currently participating in a SAMSHA Service to Science Initiative) ^{3,9}
 - Provided at Colchester High School
- **Truancy Intervention & Support Services** ⁷
 - Provided to students and families attending Chittenden County schools
- **School-wide interventions**, including pre-prom presentations and special assemblies ^{2,3}
 - Provided at: Colchester High School, through the Project Checkpoint Wellness Advisory Model
Winooski Middle - High School, through the Coordinated Student Support Program

Funding

This broad range of school-based services is supported through a blend of funding resources as coordinated through Centerpoint. This key identifies the specific funding streams for these services, as indicated in the superscripts above:

SY 2013-2014 Funding for the above identified Services:

- 1 – Vermont Department of Health School-Based Substance Abuse Grant funds
- 2 – Other VT Department of Health Prevention Program funds
- 3 – Local Education Agency funds ('local dollars')
- 4 – Fee-for-Service Treatment dollars (Medicaid or Commercial Insurances)
- 5 – SAMHSA Drug Free Community grant funding (DFC)
- 6 – SAMHSA Adolescent Treatment Enhancement (VYTEP) Grant
- 7 – OJJDP grant funds
- 8 – Other grant funds accessed by Centerpoint
- 9 – Private donation funding accessed through Centerpoint

The current funding model remains dynamic. The success of these services, and of this service expansion, is related to Centerpoint's access to and blending of multiple funding sources.

Attachments

Included as attachments, you'll find more detailed information regarding Centerpoint's Winooski Student Support Program, the Project Checkpoint® intervention program, and the YouParent® parent support and skills training model.

For more information

With questions, to hear about the growth and expansion of Centerpoint's services, or to learn how these services could support your students and school community, please be in touch with:

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