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Pathways to Recovery – VT Recovery Network – Opiate Recovery Supports

The VT Recovery Network's Pathways to Recovery project has hired an administrator, Kristen Aja, and 11 half-time Pathway Guides, who will provide recovery support for Vermonters in opiate treatment and/or seeking help in maintaining recovery. All of Vermont's recovery centers now have a peer recovery worker you can contact and refer people to. (see list below) These experts on the recovery process will support people seeking help for opiate addiction.

Our experience with providing recovery support has demonstrated that recovery centers help visitors reduce recidivism and become productive members of their communities. We have learned that our approach to providing information and peer support for people suffering from addictive disease helps them take responsibility for managing their lives with this chronic condition, just as people with diabetes, asthma or heart problems have traditionally benefitted from information and targeted recovery support. Our Pathway Guides will function as ambassadors of recovery and help people in medication-assisted treatment to develop their own vision of how their lives could become more comfortable and satisfying in ongoing recovery. We help people regain their enthusiasm for life.

We have already developed introductions to various recovery approaches such as: All Recovery Meetings, Making Recovery Easier groups, and our pilot Recovery is the Solution groups, which answer the question, "Why would I want recovery?" These groups will be held in recovery centers in order to introduce participants to others in recovery, helping them to create their own webs of recovery support.

The Pathways to Recovery project will make it possible for our team to refine these recovery approaches, while working with those providing medication assisted treatment. Guides will coordinate with treatment professionals to determine mutually agreeable ways to introduce people in treatment to personally directed recovery approaches. Many providers and centers have regularly scheduled visits where center representatives introduce themselves and the recovery supports available in recovery centers to treatment clients. Increased staff support will allow us to expand these efforts.

Location	Pathway Guide	Phone	E-mail
Barre - Turing Point Center of Central Vermont	Shelley Sweet	479-7373	shelleysweet@vtrecoverynetwork.org
Bennington - Turning Point Center of Bennington	Douglas Davison	442-9700	douglasdavison@vtrecoverynetwork.org
Brattleboro - Turning Point Center of Windham County	Brian Condon	257-5600	briancondon@vtrecoverynetwork.org
Burlington - Turning Point Center of Chittenden County	Tara Campbell	861-3150	taracampbell@vtrecoverynetwork.org
Middlebury - Turning Point Center of Addison County	Ramona Akpo-Sani	388-4249	ramonaakposani@vtrecoverynetwork.org
Morrisville - North Central Vermont Recovery Center	Megan Dorsey	851-8120	megandorsey@vtrecoverynetwork.org
Rutland - Turning Point Center of Rutland	Michael Guyette	773-6010	michaelguyette@vtrecoverynetwork.org
St. Albans - Turning Point of Franklin County	Hal Porter	782-8454	halporter@vtrecoverynetwork.org
St. Johnsbury - Kingdom Recovery Center	Cynthia Nutting	751-8520	cynthianutting@vtrecoverynetwork.org
Springfield - Turning Point Recovery Center of Springfield	Larry Beach	885-4668	larrybeach@vtrecoverynetwork.org
White River Jct. - Upper Valley Turning Point	Sheila Young	295-5206	sheilayoung@vtrecoverynetwork.org