

Betty is one of thousands of Vermonters who takes ten or more medications. She is also a patient that frequently is re-admitted to her local hospital.

Betty has four doctors, two pharmacies, and three separate insurances to cover different medications and supplies. She also often forgets to take some of her medicines.

Betty still has her car but doesn't like to go out in bad weather. Many of her medications are fillable during different weeks of the month but rarely at the same time. She finds it tough to coordinate filling her prescriptions.



Congestive Heart Failure: Digoxin

Chronic Obstructive Pulmonary Disease: Flovent, Albuterol HFA

Gastroesophageal Reflux disease: Omeprazole

High Blood Pressure: Lisinopril, Metoprolol

Depression: Zoloft

Glaucoma: Timolol Drops

High Cholesterol: Lipitor

Leg pain: Lyrica

Diabetes: Metformin, Januvia, glucose test strips, lancets

Alzheimers: Aricept

Over the Counter: Magnesium Oxide, Tylenol, Meclizine, Vitamin D 1000 IU