

Testimony Before the Mental Health Oversight Committee September 25 2013

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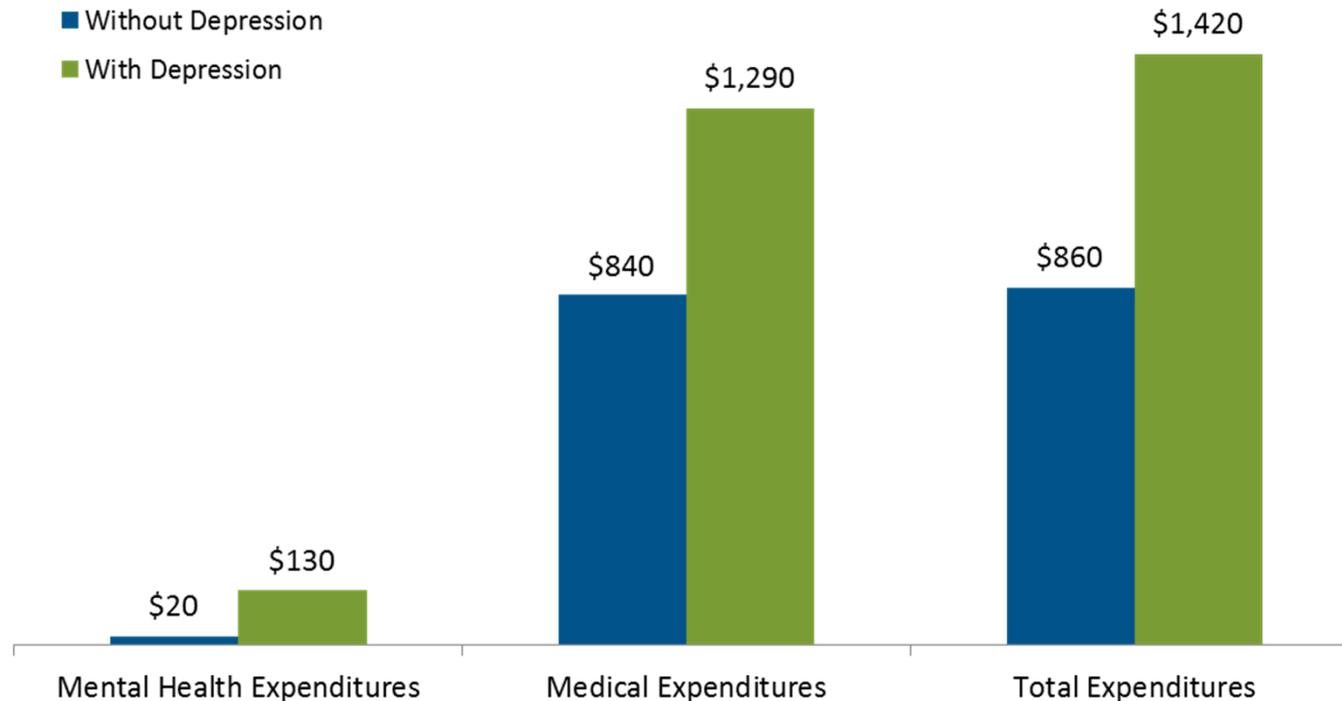


Range of Need for Collaboration in the Patient Centered Medical Home (Kessler & Miller, 2009) 

	Severe Mental Health/ Substance Abuse Management	Identification and Treatment of Mental Health and Substance Abuse	Comorbid Medical and Psychological Presentations	Medical Presentations Which Need Behavioral Treatment
Primary Care Functions	Manage pharmacology; coordinate w/ community providers; crisis management	Identification; motivational interviewing; brief intervention; pharmacology, refer to mental health/substance abuse	Identification; patient education, co-treatment w/ mental health, monitor activation and adherence (e.g. chronic medical disorders, non-adherence)	Identification; education; referral for consultation and co-treatment (e.g. primary insomnia, Gastrointestinal, headache)
Primary Care Mental Health Clinician	Crisis intervention; communication w/ outside specialty care providers	Treatment of depression/anxiety; co-treatment w/ PCP; evidence based treatment; medication monitoring	Psychoeducation; motivational interviewing; behavioral activation	Health behavior change; psychoeducation; evidence based treatment

The presence of a mental health disorder raises treatment costs for chronic medical conditions.

Monthly Health Care Expenditures for Chronic Conditions, with and without Comorbid Depression, 2005



Source: Melek, S., and Norris, D. (2008). *Chronic Conditions and Comorbid Psychological Disorders*. Cited in: Druss, B.G., and Walker, E.R. (February 2011). *Mental Disorders and Medical Comorbidity*. Research Synthesis Report No. 21. Princeton, NJ: The Robert Wood Johnson Foundation.

CHRONIC CONDITIONS THAT REQUIRE BEHAVIORAL HEALTH COMPONENT IN STANDARD OF CARE PROTOCOLS:

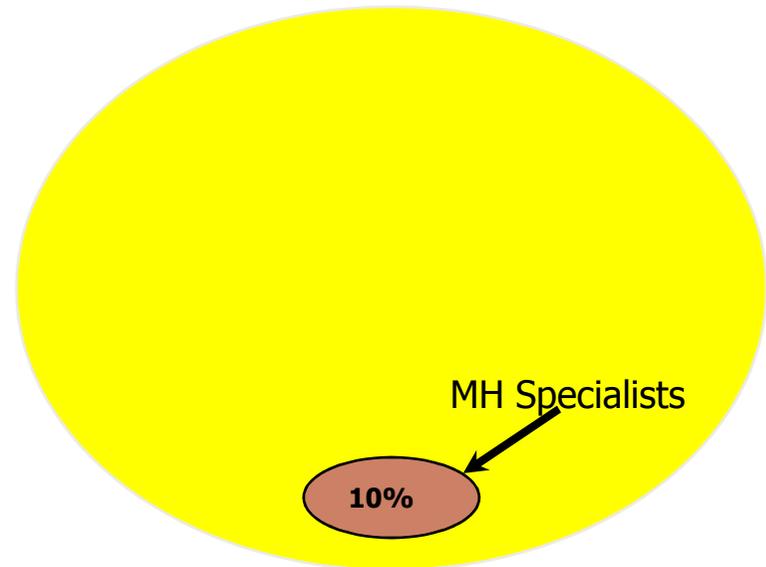
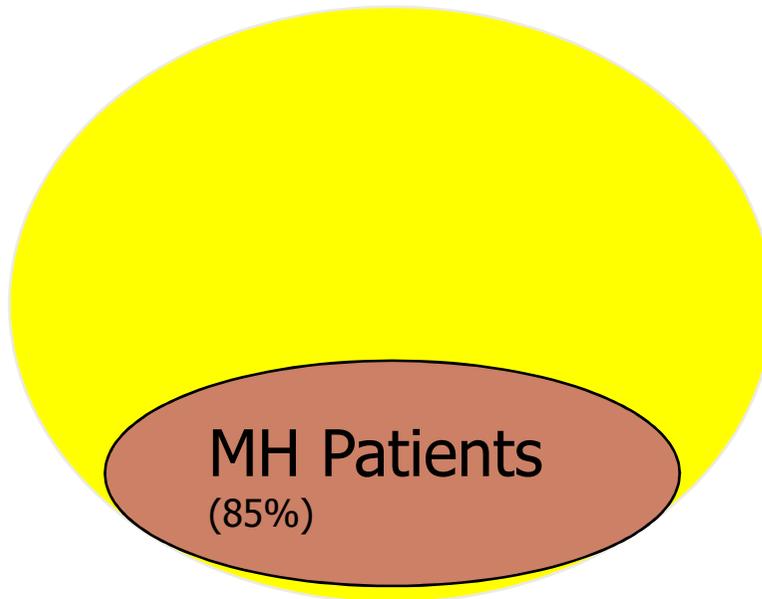
- Asthma
- Diabetes
- CVD
- Irritable Bowel Syndrome
- Obesity
- Cardiac Conditions
- Insomnia

MH Specialist-MH Patient Mismatch

Patients with Mental Disorders

MH Specialists

PH Sector



MH Sector

MH Patients

MH Specialists (90%)

Clinical, Operational and Financial
Dimensions: Integrated PCBH care
is...

All three at the same time

C.J. Peek



When a patient is referred out from Primary Care to the Mental Health system, treatment initiation occurs about a third (or less) of the time.

When referred by Primary Care to an Integrated Mental Health or Substance Abuse Clinician located within the Primary Care practice Care is initiated 75-90% of the time.

QUESTIONS AND COMMENTS

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<http://www.aafp.org/online/en/home/clinical/research/natnet/get-involved/ccrn-info.html>