

## Testimony for Vermont House Committee on Human Services

1/14/14

Jack Duffy, CEO Valley Vista

- **Waiting Lists** – In the first six months of SFY2014, all waiting lists have been depleted primarily due to institution of managed care for State funded patients.
  - At present there are 16 adult beds and 7 adolescent beds available.
  - Patients can be admitted within one day of approval, many on the same day.
  - Only delayed admissions relate to benefit approval; request for clinical information; patient transportation issues or patients awaiting release from corrections.
  
- **Utilization** – As a result of ADAP managed care utilization has been dramatically impacted.
  - Number of adult State funded patients admitted has increased by 56.7%.
  - Average length of stay for State funded adult patients has decreased by 47.6%.
  - Total State funded utilization has decreased by 13.4%.
  - Number of patient requests for re-admission has doubled from 2012 to 2013.
  - Average number of adult re-admissions a month has grown from 12/mo in 2012 to 33/mo for the 4<sup>th</sup> quarter of 2013.
  
- **Financial**
  - As a result of the decreased utilization, Valley Vista has recently reduced staffing by 9%.
  - While a 3% rate increase has recently been received, there have been no rate increases since 2010. The 2010 rates were determined based on a utilization rate 17.3% higher than currently experiencing.
  
- **Opportunity**
  - Valley Vista has the capacity to serve additional 10-15 corrections clients and has developed a program specially designed for criminal justice clients based on best practice guidelines for this population.
  - Valley Vista currently admits adults from correctional institutes and anticipates that any increase in utilization from corrections will not require any increase in appropriations since current utilization is significantly below contract.

Valley Vista Data

Vermont House Committee on Human Services

1/9/14

	Adults	Adol.	Total	Comments
Facility Capacity (#beds)	65	13	78	
State Contract	40.3	6.1	46.4	59.5% of total capacity contracted with State
State Funded Utilization (Beds)				
Jul12 - Dec 12	41.9	6.6	48.5	13.4% drop from 2012;
Jul 13 - Dec 13	36.9	5.0	42.0	9.5% below contract
Total Utilization (Beds)				
Jul12 - Dec 12	47.1	7.8	55.0	7.1% drop from 2012 to
Jul13 - Dec 13	43.3	6.4	51.1	2013
# State Funded Patients Admitted				
Jul12 - Dec 12	251	42	293	68.1% increase in adult admissions from 2012
Jul13 - Dec 13	422	37	459	
# Total Patients Admitted				
Jul12 - Dec 12	290	53	343	74.8% increase in adult admissions from 2012
Jul13 - Dec 13	507	52	559	
Average Length of Stay State Funded Patients				
Jul12 - Dec 12	30.7	28.9		47.6% decrease in adult length of stay
Jul13 - Dec 13	16.1	25.1		
# State Funded Re-Admits Adult				
Jul12 - Dec 12	71	12	83	100% increase in adult re-admits
Jul13 - Dec 13	142	18	160	