

## Adverse Childhood Experiences (ACE)

58% of Vermont adults had at least one adverse event in their childhood.

- 23% had one ACE and 14% four or more.

Women significantly more often had four or more ACE than men.

Adults 25-44 were significantly more likely to report four or more ACE, compared with those 45 and older.

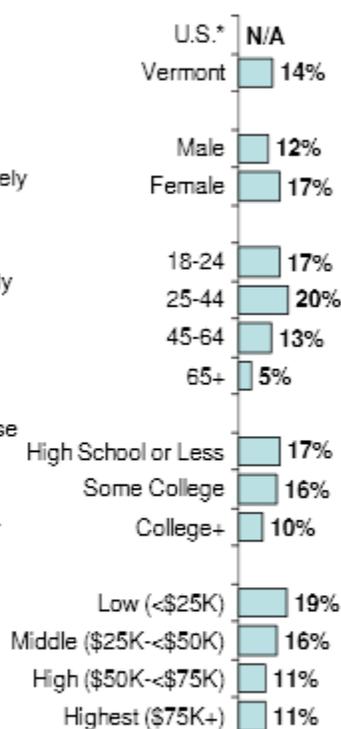
- Adults 65 and older were also significantly less likely to report four or more ACE compared to all other age groups.

Adults with some college education or less were significantly more likely to report four ACE than those with a college degree.

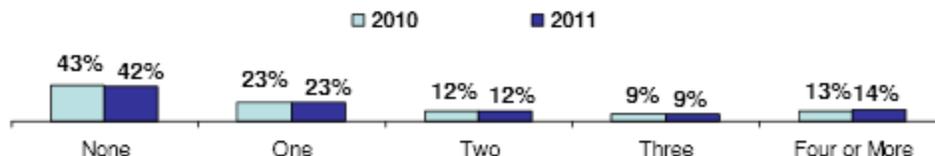
Adults in households with a low annual income were significantly more likely to report four or more ACE than those in households with higher incomes.

- Individuals in homes with middle incomes were also significantly more likely to report four or more ACE than those in homes with the highest annual earnings.

### Four or More ACE Vermont Adults, 2011



### Adverse Childhood Experiences Vermont Adults, 2010 and 2011



\*No national estimate available.

\*\*Additional information about the ACE questions can be found: <http://www.cdc.gov/aca/index.htm>

[Note: The survey methodology changed in 2011. As a result, caution must be used when comparing data from 2011 to prior years. See page 3 for more information.]