

1 TO THE HOUSE OF REPRESENTATIVES:

2 The Committee on Health Care to which was referred House Bill No. 762  
3 entitled “An act relating to the Adverse Childhood Experience Questionnaire”  
4 respectfully reports that it has considered the same and recommends that the  
5 bill be amended by striking out all after the enacting clause and inserting in  
6 lieu thereof the following:

7 Sec. 1. FINDINGS AND PURPOSE

8 (a) It is the belief of the General Assembly that controlling health care  
9 costs requires consideration of population health, particularly Adverse  
10 Childhood Experiences (ACEs).

11 (b) The ACE Questionnaire contains ten categories of questions for adults  
12 pertaining to abuse, neglect, and family dysfunction during childhood. It is  
13 used to measure an adult’s exposure to traumatic stressors in childhood. Based  
14 on a respondent’s answers to the Questionnaire, an ACE Score is calculated,  
15 which is the total number of ACE categories reported as experienced by a  
16 respondent.

17 (c) In a 1998 article entitled “Relationship of Childhood Abuse and  
18 Household Dysfunction to Many of the Leading Causes of Death in Adults”  
19 published in the American Journal of Preventive Medicine, evidence was cited  
20 of a “strong graded relationship between the breadth of exposure to abuse or

1 household dysfunction during childhood and multiple risk factors for several of  
2 the leading causes of death in adults.”

3 (d) The greater the number of ACEs experienced by a respondent, the  
4 greater the risk for the following health conditions and behaviors: alcoholism  
5 and alcohol abuse, chronic obstructive pulmonary disease, depression, obesity,  
6 illicit drug use, ischemic heart disease, liver disease, intimate partner violence,  
7 multiple sexual partners, sexually transmitted diseases, smoking, suicide  
8 attempts, and unintended pregnancies.

9 (e) ACEs are implicated in the ten leading causes of death in the United  
10 States.

11 (f) An individual with an ACE score of two is twice as likely to be at risk  
12 of rheumatic disease. An individual with an ACE score of four has a three to  
13 four times higher risk of depression; is five times more likely to become an  
14 alcoholic; is eight times more likely to experience sexual assault; and is up to  
15 ten times more likely to attempt suicide. An individual with an ACE score of  
16 six or higher is 2.6 times more likely to experience chronic obstructive  
17 pulmonary disease; is three times more likely to experience lung cancer; and is  
18 46 times more likely to abuse intravenous drugs. An individual with an ACE  
19 score of seven or higher is 31 times more likely to attempt suicide.

1       (g) Physical, psychological, and emotional trauma during childhood may  
2       result in damage to multiple brain structures and functions and may even alter  
3       a child's genes.

4       (h) ACEs are common in Vermont. In 2011, the Vermont Department of  
5       Health reported that 58 percent of Vermont adults experienced at least one  
6       adverse event during their childhood, and that 14 percent of Vermont adults  
7       have experienced four or more adverse events during their childhood.  
8       Seventeen percent of Vermont women have four or more ACEs.

9       (i) The impact of ACEs is felt across all socioeconomic boundaries.

10       (j) The earlier in life an intervention occurs for an individual with ACEs,  
11       the more likely that intervention is to be successful.

12       (k) ACEs can be prevented where a multigenerational approach is  
13       employed to interrupt the cycle of ACEs within a family, including both  
14       prevention and treatment throughout an individual's lifespan.

15       (l) It is the belief of the General Assembly that people who have  
16       experienced adverse childhood experiences can be resilient and can succeed in  
17       leading happy, healthy lives.

18       Sec. 2. TRAUMA-INFORMED CARE IN THE BLUEPRINT FOR HEALTH

19       (a) Using existing appropriations if available, the Director of the Blueprint  
20       for Health, in consultation with appropriate stakeholders who are interested  
21       participants, shall explore ways to implement the following initiatives:

1           (1) use of an appropriate and voluntary screening tool containing  
2           questions on the ten categories of adverse childhood experiences at Blueprint  
3           for Health practices, including consideration of patient privacy, appropriate  
4           training for providers using the screening tool, and increased per member, per  
5           month payments to incentivize use of the screening tool; and

6           (2) a pilot program in at least two counties using the Vermont Center for  
7           Children, Youth, and Families' Vermont Family Based Approach, in which  
8           participating community health teams may hire a family wellness coach, or  
9           contract with an appropriate community partner organization who shall serve  
10           as a family wellness coach, to provide prevention, intervention, outreach, and  
11           wellness services to families within the community health team's region.

12           (b) On or before December 15, 2014, the Director of the Blueprint for  
13           Health shall submit a report to the House Committee on Health Care and to the  
14           Senate Committee on Health and Welfare containing findings and  
15           recommendations regarding the implementation of the initiatives listed in  
16           subsection (a) of this section, including funding constraints and opportunities.

### 17           Sec. 3. VERMONT FAMILY BASED APPROACH PILOT PROGRAM

18           (a) Using existing appropriations if available, the Commissioner of Health,  
19           in consultation with appropriate stakeholders, shall develop and implement a  
20           pilot program for primary schools in at least two counties throughout the State

1 using the Vermont Center for Children, Youth, and Families' Vermont Family  
2 Based Approach.

3 (b) A nurse or mental health professional employed at a primary school  
4 within in a participating county may apply to the Department of Health to take  
5 part in a four-day training program on the Vermont Center for Children,  
6 Youth, and Families' Vermont Family Based Approach. The Department shall  
7 select nurses or mental health professionals from among the applicants to  
8 participate in the training at the Department's expense.

9 (c) Upon completion of the four-day training program, each participating  
10 nurse or mental health professional shall employ the training received on the  
11 Vermont Family Based Approach in his or her school district. This shall  
12 include a formal presentation on the Vermont Family Based Approach for  
13 faculty members at the participating nurse or mental health professional's  
14 school district.

15 (d) On or before January 15 of each year through January 15, 2020, the  
16 Department shall report to the House Committee on Health Care and to the  
17 Senate Committee on Health and Welfare regarding any findings or  
18 recommendations related to the Vermont Family Based Approach Pilot  
19 Program in schools.

20 (e) The Vermont Family Based Approach Pilot Program shall cease to exist  
21 on June 30, 2020.

1 Sec. 4. 18 V.S.A. chapter 13, subchapter 3 is added to read:

2 Subchapter 3. Trauma-Informed Care

3 § 751. DIRECTOR OF ADVERSE CHILDHOOD EXPERIENCE,  
4 EDUCATION, AND TREATMENT

5 The Commissioner of Health shall designate a director of Adverse  
6 Childhood Experience, Treatment, and Prevention within the Department who  
7 shall be responsible for:

8 (1) surveying existing resources in each community health team's region  
9 and identifying gaps in resources, if any;

10 (2) coordinating the implementation of long-term services throughout  
11 the Department for persons who experienced trauma a child;

12 (3) providing advice and recommendations to the Commissioner on the  
13 expansion of long-term services throughout the State for persons who  
14 experienced trauma a child; and

15 (4) developing and implementing programs, if applicable, aimed at  
16 preventing and treating adverse childhood experiences.

17 Sec. 5. RECOMMENDATION; UNIVERSITY OF VERMONT'S COLLEGE  
18 OF MEDICINE AND SCHOOL OF NURSING CURRICULUM

19 The General Assembly recommends to the University of Vermont's College  
20 of Medicine and School of Nursing that they consider adding or expanding

1 information about the Adverse Childhood Experience Study and the impact of  
2 adverse childhood experiences on lifelong health to their curricula.

3 Sec. 6. TRAUMA-INFORMED EDUCATIONAL MATERIALS

4 (a) On or before January 1, 2015, the Vermont Board of Medical Practice,  
5 in collaboration with the Vermont Medical Society Education and Research  
6 Foundation, shall develop educational materials pertaining to the Adverse  
7 Childhood Experience Study, including available resources and  
8 evidence-based interventions for physicians, physician assistants, and advance  
9 practice registered nurses.

10 (b) On or before July 1, 2016, the Vermont Board of Medical Practice and  
11 the Office of Professional Regulation shall disseminate the materials prepared  
12 pursuant to subsection (a) of this section to all physicians licensed pursuant to  
13 26 V.S.A. chapters 23, 33, and 81, physician assistants licensed pursuant to  
14 26 V.S.A. chapter 31, and advance practice registered nurses licensed pursuant  
15 to 26 V.S.A. chapter 28, subchapter 3.

16 **Sec. 7.** DEPARTMENT OF HEALTH REPORT

17 (a) On or before November 1, 2014, the Department of Health shall submit  
18 a written report to the Green Mountain Care Board containing:

19 (1) recommendations for incorporating education, treatment,  
20 and prevention of adverse childhood experiences into Vermont's medical  
21 practices and the Department of Health's programs;

