



# Vermont Farmers Food Center

Farmers Hall and Event Center  
Projects and Costs  
December 2016

Projects	Cost
<b>Classroom</b>	\$10,100.00
<b>Balcony</b>	\$3,500.00
<b>Learning Kitchen</b>	\$13,611.00
<b>Offices</b>	\$8,550.00
<b>Hall Interior</b>	\$69,050.00
<b>Hall Exterior</b>	261,500.00
<b>Total</b>	\$366,311.00

Project Details	Task	Cost	Bid Quote Estimate Allowance
<b>Classroom</b>	Install electrical outlets	\$700.00	Bid Electric
	Install hydronic heater	\$1,500.00	Estimate Bill Lehsen
	Desks, tables, chairs, lighting	\$3,500.00	Allowance
	Tech equipment	\$3,750.00	Allowance
	Storage closet with shelving and doors	\$650.00	Estimate
Sub Total		\$10,100.00	

<b>Balcony</b>	Tables	\$3,500.00	Allowance
Sub Total		\$3,500.00	
<b>Learning Kitchen</b>			
	2 door refrigerator	\$3,375.00	Quote Steigers
	1 door freezer	\$2,541.00	Quote Steigers
	Convection oven and stainless stackable table	\$5,800.00	Quote Steigers
	Install doors with glass	\$1,895.00	Quote Steigers
Sub Total		\$13,611.00	
<b>Offices</b>			
	Construct 2 offices adjacent to classroom, over common area	\$8,550.00	Bid Harrington Custom Building
Sub Total		\$8,550.00	
<b>Hall Interior</b>			
	Insulated doors installed	\$4,800.00	Estimate Trombley Carpenter Services
	Floor resurface and epoxy	\$27,000.00	Quote
	Upgrade interior walls with historical artifacts and collage; includes wainscot and chair rail	\$8,750.00	Quote Green Screen Graphics
	Sound system, tech equipment, modular stage, curtain system	\$25,000.00	Allowance
	Display Case; Cabinet Storage	\$3,500.00	Estimate Harrington Custom Building
Sub Total		\$69,050.00	

<b>Hall Exterior</b>	South Vestibule	\$8,750.00	Quote
	Replace upper windows	\$8,750.00	Estimate Countryside Glass
	Install roof, insulation, and rubber membrane	\$67,000.00	Bid Primo Roofing
	External wall insulation and new metal siding	\$92,000.00	Bid Munford and Sons
	Addition for Equipment Storage	\$25,000.00	Allowance
	Biomass Heating System, Puck Maker	\$60,000.00	Allowance
Sub Total		\$261,500.00	
			01/18/17



### Health Care Share: A Farm to Patient Collaboration

The Vermont Farmers Food Center (VFFC), in alliance with local and state partners, began the VFFC Health Care Share (HCS) initiative in Rutland County in 2015. In 2016 the VFFC HCS expanded from 75 to 125 shares for 15 weeks, partnered with one new farm and employed 8 youth in Rutland County.

- The Health Care Share provides Rutland County families and individuals facing food-insecurity and chronic diet-related illnesses with 12-14 pounds of locally grown farm-fresh food and nutrition education.
- Families are identified by Primary Care Providers, Case Managers from the Rutland Regional Medical Center Community Health Team, and local health services providers.
- Cooking skills and nutrition classes are widely available to members, at no cost, in collaboration with partners at Hunger Free Vermont, Rutland Area Farm and Food Link, and University of Vermont Extension Expanded Food and Nutrition Program. Class curriculums align with foods provided in weekly shares.
- Food for shares is aggregated through a Farmers Network Cooperative comprised of small-scale and emerging farms in Rutland County. Farmers are compensated at a wholesale rate for the food.
- The HCS creates a new market niche and offers an innovative approach to farm viability and agricultural economy through public health.
- Rutland area Youth are hired in partnership with the Vermont Youth Conservation Corps and Department of Vocational Rehabilitation to work on participating VFFC HCS farms as a summer employment opportunity.
- The HCS inspires lasting lifestyle changes through building familiarity with fresh, local foods while addressing cooking skills, budget, transportation and health challenges.
- Rutland Health Care Share is being initially supported by the Bowse Health Trust of Rutland Regional Medical Center and will look to the community for future support.



### Outcomes To Date:

- In 2016, 125 HCS Memberships are benefitting 354 individuals, 116 of which are children living in the 50 HCS member households with children under the age of 18. In 2015, 75 shares reached 289 individuals.
- 4 new and emerging farmers in Rutland county are receiving the income equivalent of 30 new CSA customers for the 2016 growing season.
- 6 Rutland Area Youth ages 16-19 and 2 young adult crew leaders, were employed in an 8 week summer job training experience working with the VFFC Health Care Share.
- In 2017 the HCS will expand to 150 Shares for 18 weeks, work with one new farm and employ 8 youth.

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