

SASH[®]

SUPPORT AND SERVICES
AT HOME

a caring partnership

sashvt.org

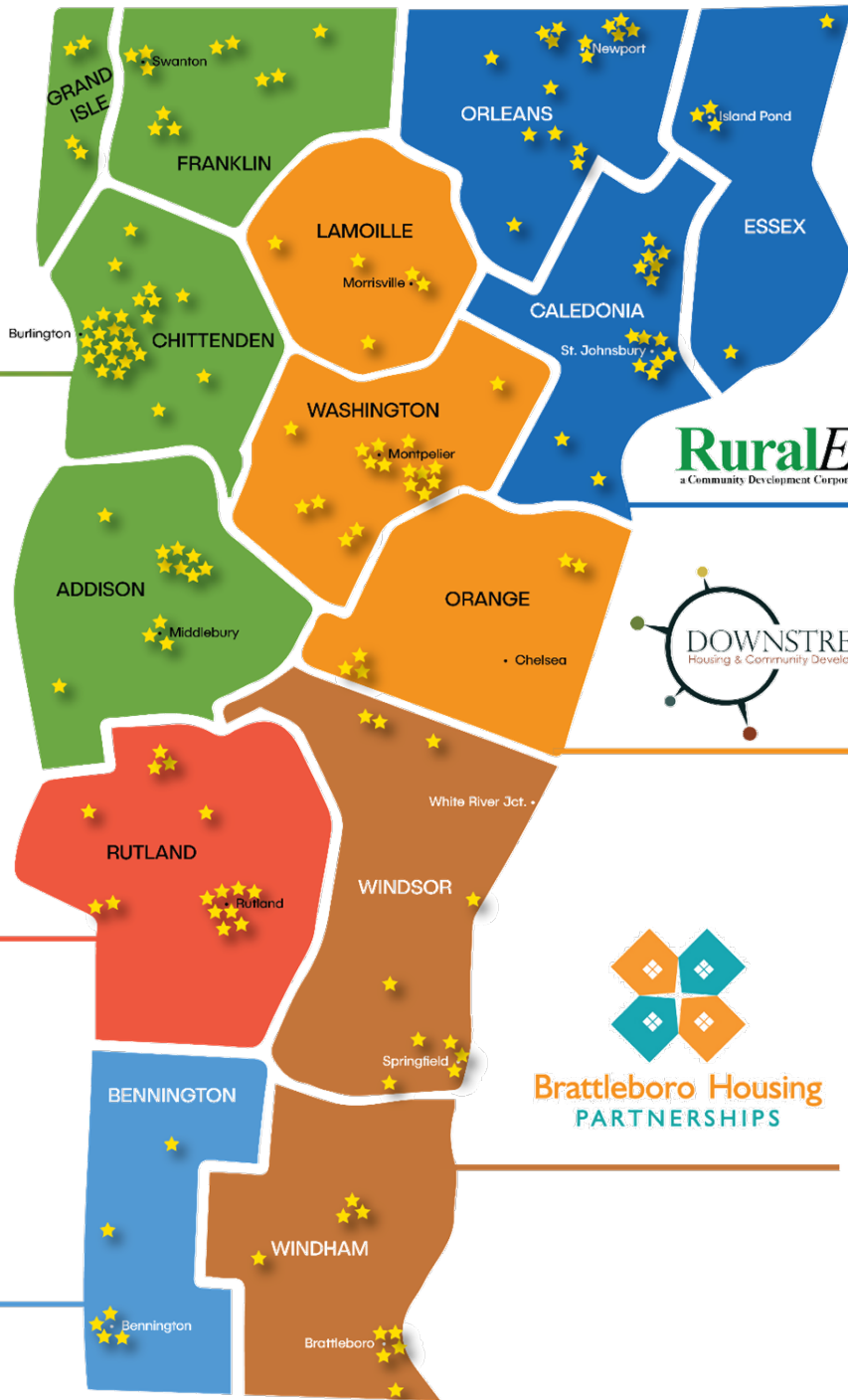
Better Care.
Healthier People.
Smarter Spending.

SASH for All Mission

SASH for All partners with participants and families to coordinate and deliver individualized support where they live to increase resilience, strengthen wellbeing, improve health outcomes, and build community.



Statewide Presence



HOME HEALTH AGENCIES

Addison County Home Health & Hospice
 Central Vermont Home Health & Hospice
 Franklin County Home Health Agency
 Lamoille Home Health & Hospice
 Northern Counties Health Care
 Orleans, Essex Visiting Nurse Assoc. & Hospice
 VNA & Hospice of the Southwest Region
 Visiting Nurse & Hospice for Vermont & NH
 UVM Health Network Home Health & Hospice
 (formerly VNA of Chittenden & Grand Isle Counties)

HOUSING

Addison County Community Trust
 Barre Housing Authority
 Bennington Housing Authority
 Brattleboro Housing Partnerships
 Burlington Housing Authority
 Cathedral Square
 Champlain Housing Trust
 Downstreet Housing & Community Development
 Housing Trust of Rutland County
 Lamoille Housing Partnership
 Montpelier Housing Authority
 National Church Residences
 Randolph Area Community Development Corporation
 RuralEdge
 Rutland Housing Authority
 Shires Housing
 Springfield Housing Authority
 Twin Pines Housing
 Valley Cares
 Vermont State Housing Authority
 Windham & Windsor Housing Trust
 Winooski Housing Authority

HOSPITALS

Brattleboro Memorial Hospital
 Central Vermont Medical Center
 Copley Hospital
 Gifford Health Care
 Mt. Ascutney Hospital & Health Center
 North County Hospital
 Northeastern Vermont Regional Hospital
 Northwestern Medical Center
 Porter Medical Center
 Rutland Regional Medical Center
 Southwestern Vermont Medical Center
 Springfield Hospital
 University of Vermont Medical Center

DEVELOPMENTAL, MENTAL HEALTH & ADDICTION SERVICES

Clara Martin Center
 Counseling Service of Addison County
 Health Care & Rehabilitation Services
 Howard Center
 Lamoille County Mental Health
 Northeast Kingdom Human Services
 Northwestern Counseling & Support Services
 Rutland Mental Health Services
 United Counseling Service
 Washington County Mental Health Services

OTHER HEALTH PROGRAMS

Castleton Undergraduate School of Nursing
 Graduate Counseling Program,
 Northern Vermont University
 United Health Alliance
 University of Vermont Center on Aging
 Vermont Chronic Care Initiative
 Vermont Health Foundation



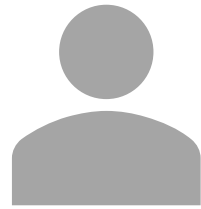
**SASH
Coordinator
& SASH
Emotional
Wellness
Clinician**

What is SASH for All?

Five Core Elements of SASH for All



Housing-based
staff



A person-driven
and strengths-
based approach
to partnering
with participants



An "all-in"
approach;
population-
based structure



Individual
planning and
goal setting



Partnership-
based approach



Program Evaluation Progress



Maggie
Foley
Consulting



Orientation to project



Planning and operation teams retreat to develop theory of change and program outcomes



Articulate outcomes and indicators



Map indicators to data source




Identify system limitations in current data collection systems



Create recommendations for shifts in new data collection methods and system adjustments



Map assessment questions to key use (data indicator, program response, individual service)



Are we making a difference?

INDIVIDUAL

STABLE HOUSING

Residents are secure in their tenancy.

- ❖ Selected housing stability indicators

BETTER HEALTH

Basic needs are met.

- ❖ Selected basic needs indicators

Participants have reduced risk from mental health and substance use challenges.

- ❖ Mental health and SUD screenings

Physical health risks are lowered.

- ❖ Selected physical health indicators

CONNECTED COMMUNITY

Residents have reduced risk for social isolation and loneliness.

- ❖ Loneliness and social isolation scales

NEIGHBORHOODS

Residents have pride in place.

- ❖ Volunteerism
- ❖ Complaints

Families have social support networks.

- ❖ Trusted adults in the community
- ❖ Complaints

ORGANIZATIONS

Housing partners use resources proactively.

- ❖ Eviction notices
- ❖ Lease violations
- ❖ Overdue rent

Housing partners have improved org. credibility.

- ❖ Focus groups
- ❖ Survey

SASH For All Demographics

January 12, 2024



80 adults
+73 dependents

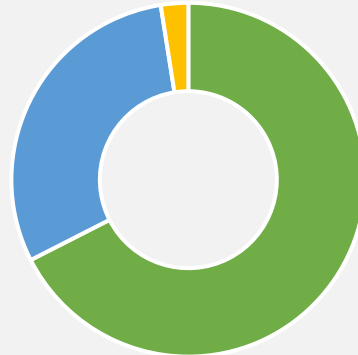
153 total participants

Average Age: 43
Median Age: 41
Age Range: 19-65

AGE DEMOGRAPHICS

2.5% Non-binary /
trans

30%
Male



67.5%
Female

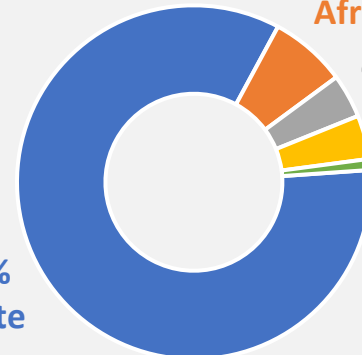
GENDER DEMOGRAPHICS

7% Black or
African American

4% Latinx / Hispanic

4% Two or more races

1% Asian



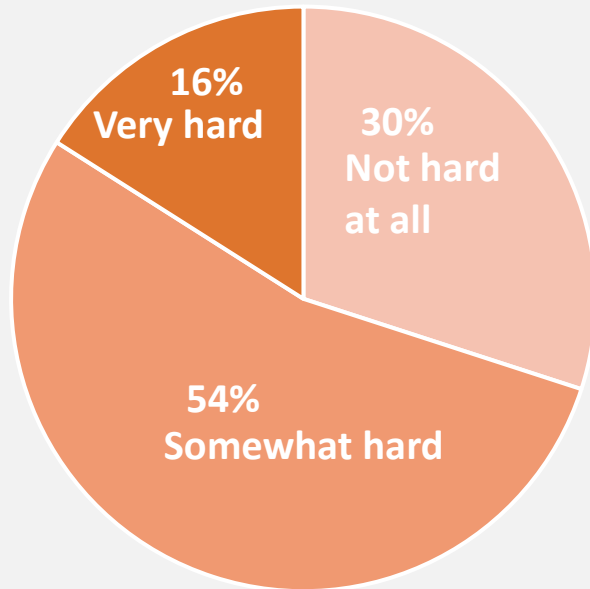
84%
White

RACE DEMOGRAPHICS

Panel Data Profile

FINANCIAL STABILITY / SECURITY

How hard is it for you to pay for the very basics like food, housing, medical care and heating?



FOOD INSECURITY

65%

of adult participants indicated food insecurity

58%

of the families with children in the home indicated food insecurity

HEALTH

Top 3 Chronic Conditions:

PTSD (17)
Anxiety (16)
Depression (15)

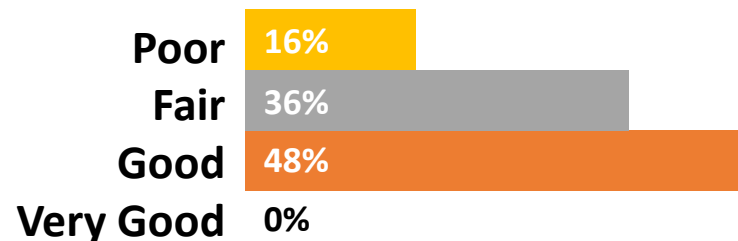
Average BP:
124 / 78

SUPPORT

57 participants received a total of 136 referrals for:

- Financial assistance (50)
- Mental health (31)
- Food assistance (16)
- Housing assistance (8)
- Health education (7)

How would you rate your health?





SASH for All Early Outcomes

- Increased Housing Stability – 10 evictions avoided.
- Community Building - 72 group programs (including evidence-based) delivered with robust resident participation
- Strengthened Partnerships - Monthly Team meetings with partner organizations and participants focusing on meeting self-identified goals.
- Relationship and trust building - large increase in program participation and assessment completion
- Creating baseline data, Reductions in annual Emergency Department visits – 31 to 25



SASH for All Community Events

Making Valentines Day Cards



SASH for All Funding:

- **\$450,000 is total annual cost to continue the SASH For All pilot**
- **We have secured \$150,000 per year for 3 years from a private bank**
- **Requesting \$300,000 from 2025 Budget**

**SFY 2025
Budget
Request for
SASH for All**

Thank
you!

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