

SASH[®]

SUPPORT AND SERVICES
AT HOME

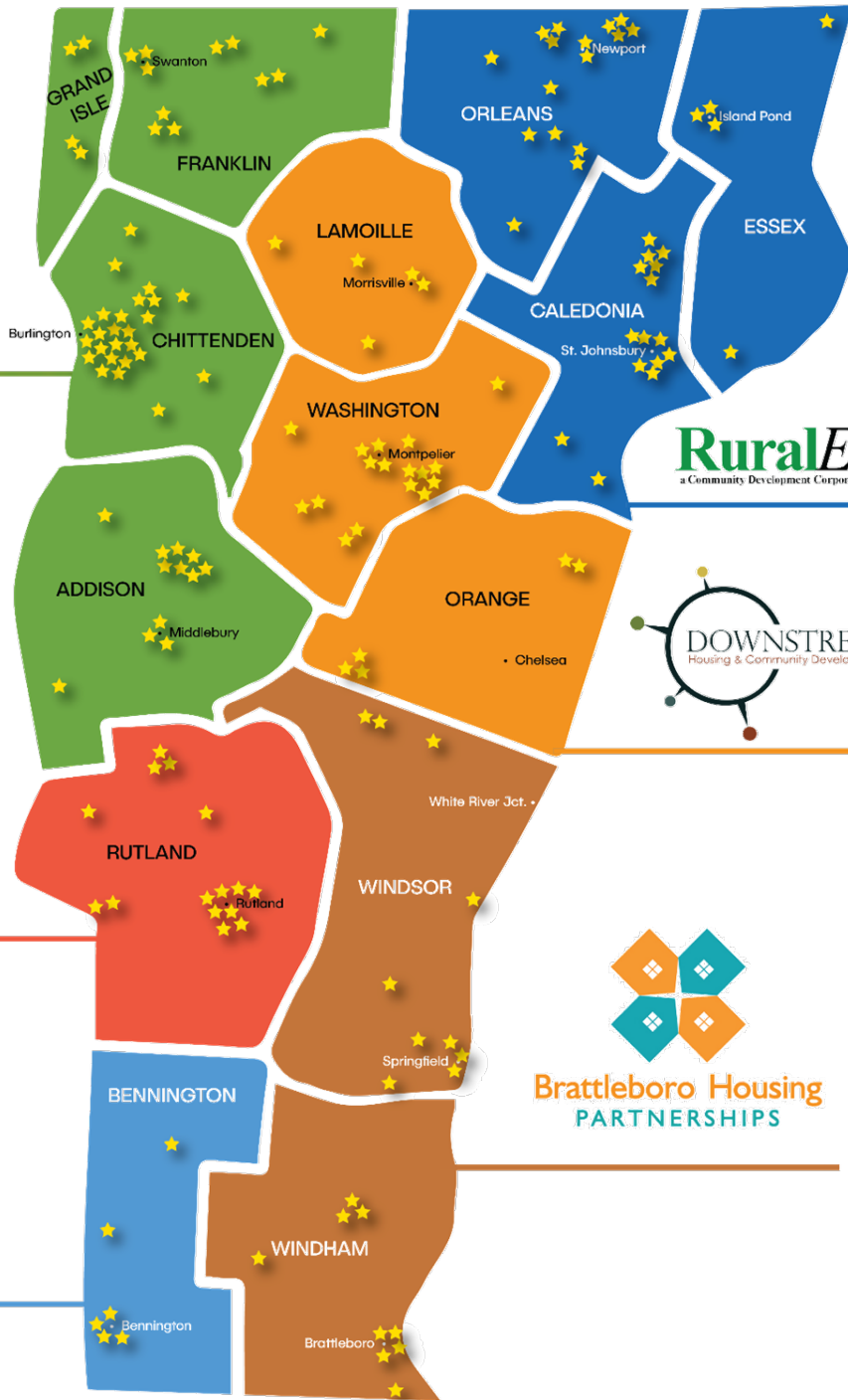
a caring partnership

SASH for All Pilot Program

sashvt.org

Better Care.
Healthier People.
Smarter Spending.

Statewide Presence



HOME HEALTH AGENCIES

Addison County Home Health & Hospice
 Central Vermont Home Health & Hospice
 Franklin County Home Health Agency
 Lamoille Home Health & Hospice
 Northern Counties Health Care
 Orleans, Essex Visiting Nurse Assoc. & Hospice
 VNA & Hospice of the Southwest Region
 Visiting Nurse & Hospice for Vermont & NH
 UVM Health Network Home Health & Hospice
 (formerly VNA of Chittenden & Grand Isle Counties)

AREA AGENCIES ON AGING

Age Well
 Central Vermont Council on Aging
 Northeastern Vermont Area Agency on Aging
 Senior Solutions-Council on Aging
 for Southeastern Vermont
 Southwestern Vermont Council on Aging

HOUSING

Addison County Community Trust
 Barre Housing Authority
 Bennington Housing Authority
 Brattleboro Housing Partnerships
 Burlington Housing Authority
 Cathedral Square
 Champlain Housing Trust
 Downstreet Housing & Community Development
 Housing Trust of Rutland County
 Lamoille Housing Partnership
 Montpelier Housing Authority
 National Church Residences
 Randolph Area Community Development Corporation
 RuralEdge
 Rutland Housing Authority
 Shires Housing
 Springfield Housing Authority
 Twin Pines Housing
 Valley Cares
 Vermont State Housing Authority
 Windham & Windsor Housing Trust
 Winooski Housing Authority

HOSPITALS

Brattleboro Memorial Hospital
 Central Vermont Medical Center
 Copley Hospital
 Gifford Health Care
 Mt. Ascutney Hospital & Health Center
 North County Hospital
 Northeastern Vermont Regional Hospital
 Northwestern Medical Center
 Porter Medical Center
 Rutland Regional Medical Center
 Southwestern Vermont Medical Center
 Springfield Hospital
 University of Vermont Medical Center

DEVELOPMENTAL, MENTAL HEALTH & ADDICTION SERVICES

Clara Martin Center
 Counseling Service of Addison County
 Health Care & Rehabilitation Services
 Howard Center
 Lamoille County Mental Health
 Northeast Kingdom Human Services
 Northwestern Counseling & Support Services
 Rutland Mental Health Services
 United Counseling Service
 Washington County Mental Health Services

OTHER HEALTH PROGRAMS

Castleton Undergraduate School of Nursing
 Graduate Counseling Program,
 Northern Vermont University
 United Health Alliance
 University of Vermont Center on Aging
 Vermont Chronic Care Initiative
 Vermont Health Foundation

SASH for All Mission

SASH for All partners with participants and families to coordinate and deliver individualized support where they live to increase resilience, strengthen wellbeing, improve health outcomes, and build community.



Current Funding Source:

- SASH for All pilot funding provided by 2022 congressionally directed spending request through Senator Sanders
- One year funding – **project end date is August 31, 2023**

SASH for All Pilot Funding

Two 'SASH For All' Pilots Launched in September 2022

- Brattleboro Housing Partnerships
- Windham & Windsor Housing Trust
- Pilot available at eleven housing sites (2 at BHP and 9 at WWHT)



**SASH for All
Pilots in
Progress**



What is SASH for All?

Five Core Elements of SASH for All



Housing-based staff



A person-driven and strengths-based approach to partnering with participants



An "all-in" approach; population-based structure



Individual planning and goal setting



Partnership-based approach

SASH for All Pilot:

Evaluation Framework and Anticipated Outcomes

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What long-term benefits are associated with these outcomes?

Increased housing stability

Decreased healthcare spending; costs shifted toward preventive care

Increased educational attainment

Improved chronic disease management (diabetes, heart disease, etc.)

Decreased use of emergency shelters

Improved financial security

OUTCOMES

Decreased emergency room visits

Fewer move-outs and evictions

Reduced barriers to preventive and dental health

Referrals to mental health services and engagement with onsite peer mental health support

Low-barrier onsite screenings for: hypertension, diabetes, substance and tobacco use, mental health conditions, suicidal ideation, medication adherence, isolation and loneliness, and food insecurity; referrals to community services

OUTPUTS

1:1 sessions with individuals and families; trust building and individualized goal setting and action plans

Connection to outside services: primary care, mental health services, economic/job services, school supports, child services, etc.

Community-building and engagement through group activities and health/wellness education

INPUTS

SASH® staff: Wellness nurse, coordinator (CHW), peer support advocate

Formalized partnership agreements with healthcare & community organizations

Centralized administrative support & oversight, training, data collection & analytics

SASH for All Pilot: Panel Data Profile

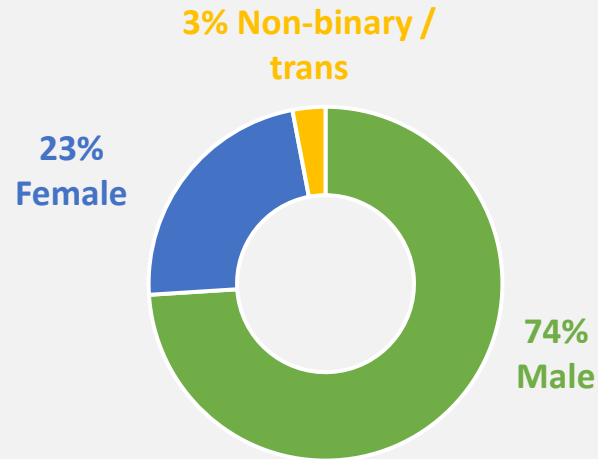


41 adults
+ 37 dependents

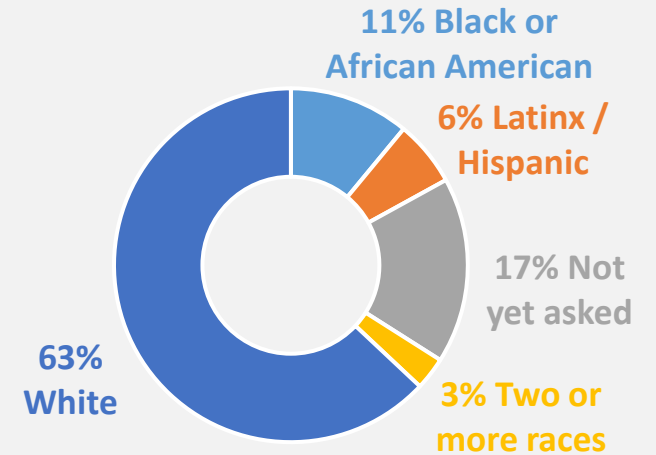
78 total participants

Average Age: 40
Median Age: 39

AGE DEMOGRAPHICS



GENDER DEMOGRAPHICS



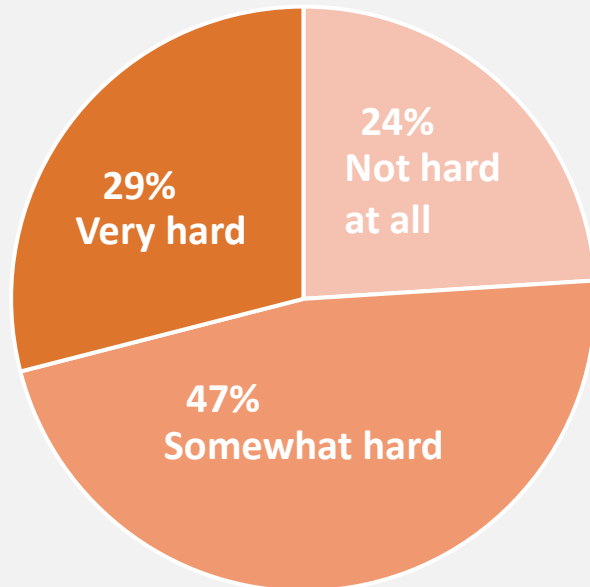
RACE DEMOGRAPHICS

SASH for All Pilot: Panel Data Profile

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FINANCIAL STABILITY / SECURITY

How hard is it for you to pay for the very basics like food, housing, medical care and heating?



FOOD INSECURITY

31%
of adult participants indicated food insecurity

37%
of the families with children in the home indicated food insecurity

HEALTH

Top 3 Chronic Conditions:

Depression (5)
Anxiety (5)
PTSD (5)

Average BP:

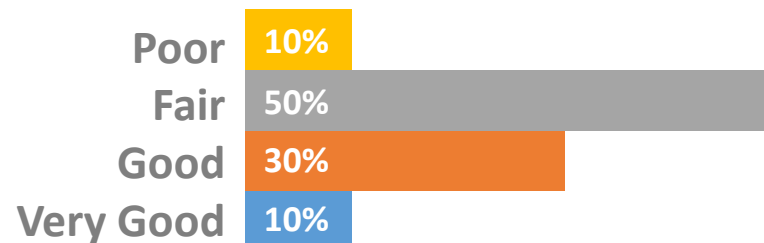
127 / 81
Stage 1 Hypertension

SUPPORT

21 Referrals Made for:

- Financial support for housing retention
- Mental health support
- Primary care
- Tobacco cessation
- Family support and services
- Chronic health condition management

How would you rate your health?



Pilot Successes To Date:

- Connecting participants to affordable health insurance
- Avoiding evictions (homelessness prevention) – 9 families supported with \$10,000 in back rent payments
- Decreasing social isolation
- Building peer support and community



SASH for All Pilot Success Stories & Challenges

SASH for All Funding Options:

- **\$450,000** would provide Year 2 funding for current pilots.
- **\$2.7M** would provide statewide expansion to include 10 SASH for All panels in existing subsidized housing communities and the continuation of two pilot programs for a total of 12 SASH panels serving approximately 1,000 persons for **one year** in all counties.
- **\$5.4 M** would provide statewide expansion for **two years** in all counties across the state.

SASH for All funding is included in the **Bridges to Housing** framework here: https://www.vtaffordablehousing.org/files/ugd/d8ef0c_8f82152084e847d7ac837cb9fc9e0a96.pdf

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**SFY 2024
Budget
Request for
SASH for All**



MOLLY DUGAN

Cathedral Square, Director of Policy and Strategic Initiatives
dugan@cathedralsquare.org | (802) 578-6074



ELIZABETH BRIDGEWATER

Windham & Windsor Housing Trust, Executive Director
ebridgewater@homemattershere.org | (802) 246-2109



CHRISTINE HAZZARD

Brattleboro Housing Partnerships, Executive Director
chazzard@brattleborohousing.org | (802) 254-6071

Thank you!