

SASH[®]

SUPPORT AND SERVICES
AT HOME

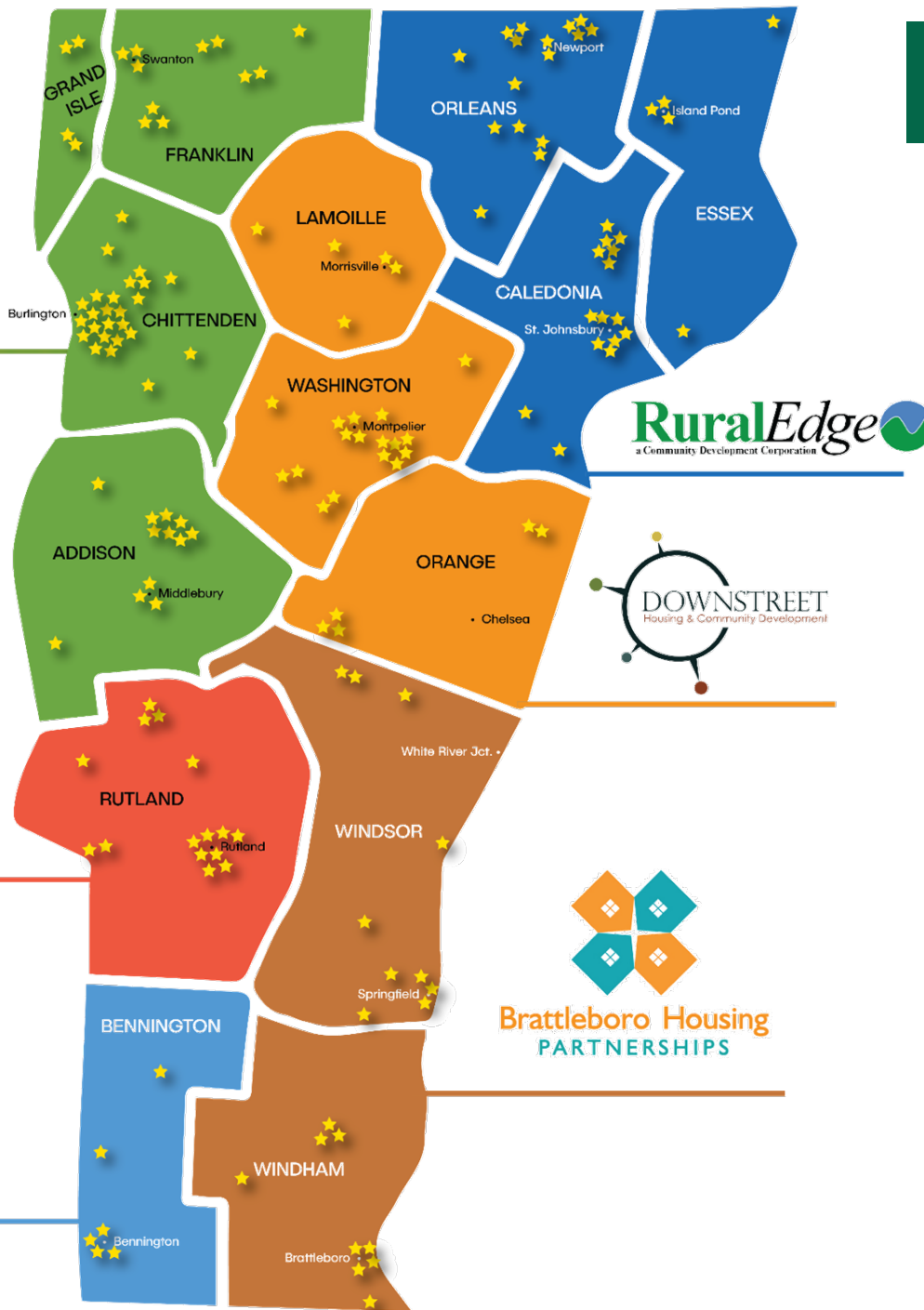
a caring partnership

SASH for All Pilot Program

sashvt.org

Better Care.
Healthier People.
Smarter Spending.

Statewide Presence



HOME HEALTH AGENCIES

Addison County Home Health & Hospice
 Central Vermont Home Health & Hospice
 Franklin County Home Health Agency
 Lamoille Home Health & Hospice
 Northern Counties Health Care
 Orleans, Essex Visiting Nurse Assoc. & Hospice
 VNA & Hospice of the Southwest Region
 Visiting Nurse & Hospice for Vermont & NH
 UVM Health Network Home Health & Hospice
 (formerly VNA of Chittenden & Grand Isle Counties)

AREA AGENCIES ON AGING

Age Well
 Central Vermont Council on Aging
 Northeastern Vermont Area Agency on Aging
 Senior Solutions-Council on Aging
 for Southeastern Vermont
 Southwestern Vermont Council on Aging

HOUSING

Addison County Community Trust
 Barre Housing Authority
 Bennington Housing Authority
 Brattleboro Housing Partnerships
 Burlington Housing Authority
 Cathedral Square
 Champlain Housing Trust
 Downstreet Housing & Community Development
 Housing Trust of Rutland County
 Lamoille Housing Partnership
 Montpelier Housing Authority
 National Church Residences
 Randolph Area Community Development Corporation
 RuralEdge
 Rutland Housing Authority
 Shires Housing
 Springfield Housing Authority
 Twin Pines Housing
 Valley Cares
 Vermont State Housing Authority
 Windham & Windsor Housing Trust
 Winooski Housing Authority

HOSPITALS

Brattleboro Memorial Hospital
 Central Vermont Medical Center
 Copley Hospital
 Gifford Health Care
 Mt. Ascutney Hospital & Health Center
 North County Hospital
 Northeastern Vermont Regional Hospital
 Northwestern Medical Center
 Porter Medical Center
 Rutland Regional Medical Center
 Southwestern Vermont Medical Center
 Springfield Hospital
 University of Vermont Medical Center

DEVELOPMENTAL, MENTAL HEALTH & ADDICTION SERVICES

Clara Martin Center
 Counseling Service of Addison County
 Health Care & Rehabilitation Services
 Howard Center
 Lamoille County Mental Health
 Northeast Kingdom Human Services
 Northwestern Counseling & Support Services
 Rutland Mental Health Services
 United Counseling Service
 Washington County Mental Health Services

OTHER HEALTH PROGRAMS

Castleton Undergraduate School of Nursing
 Graduate Counseling Program,
 Northern Vermont University
 United Health Alliance
 University of Vermont Center on Aging
 Vermont Chronic Care Initiative
 Vermont Health Foundation

SASH for All Mission

SASH for All partners with participants and families to coordinate and deliver individualized support where they live to increase resilience, strengthen wellbeing, improve health outcomes, and build community.



Two 'SASH For All' Pilots Launched in September 2022

- Brattleboro Housing Partnerships
- Windham & Windsor Housing Trust
- Pilot available at eleven housing sites (2 at BHP and 9 at WWHT)



**SASH for All
Pilots in
Progress**



What is SASH for All?

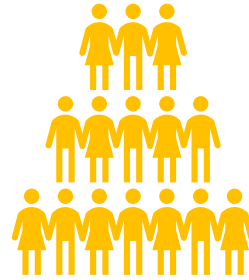
Five Core Elements of SASH for All



Housing-based
staff



A person-driven
and strengths-
based approach
to partnering
with participants



An "all-in"
approach;
population-
based structure



Individual
planning and
goal setting



Partnership-
based approach

SASH for All Pilot:

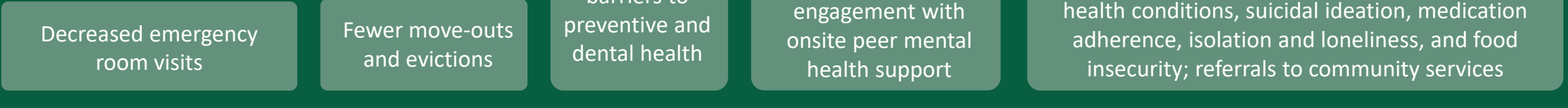
Evaluation Framework and Anticipated Outcomes

7

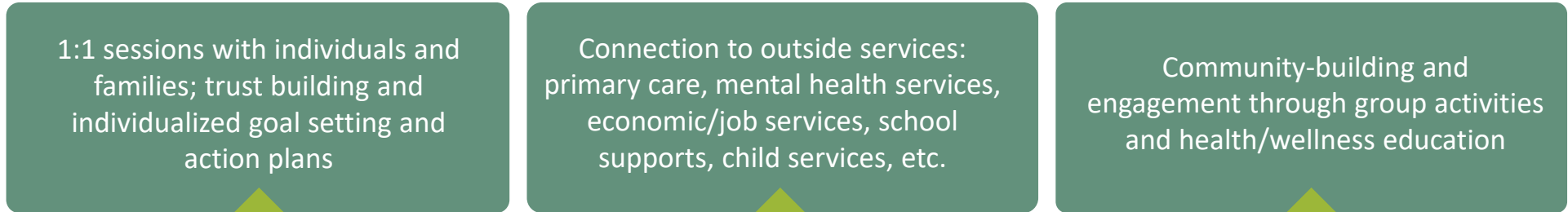
What long-term benefits are associated with these outcomes?



OUTCOMES



OUTPUTS



INPUTS



SASH for All Pilot: Panel Data Profile

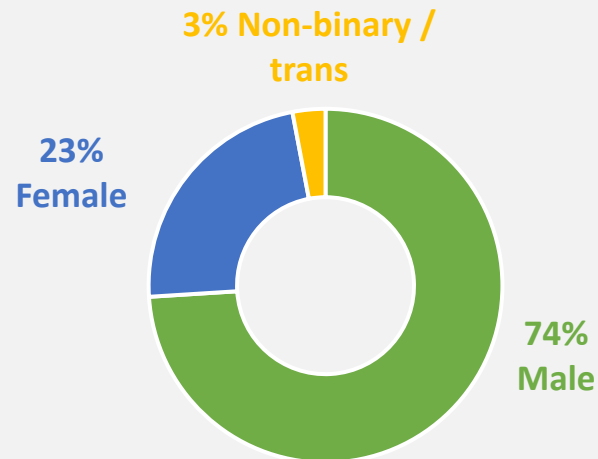


41 adults
+ **37** dependents

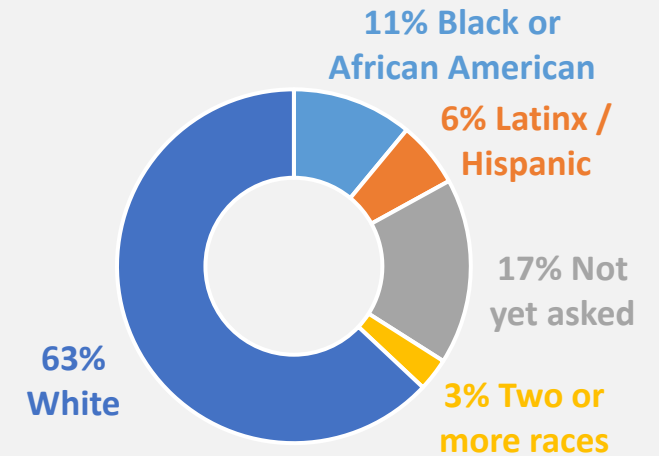
78 total participants

Average Age: 40
Median Age: 39

AGE DEMOGRAPHICS



GENDER DEMOGRAPHICS

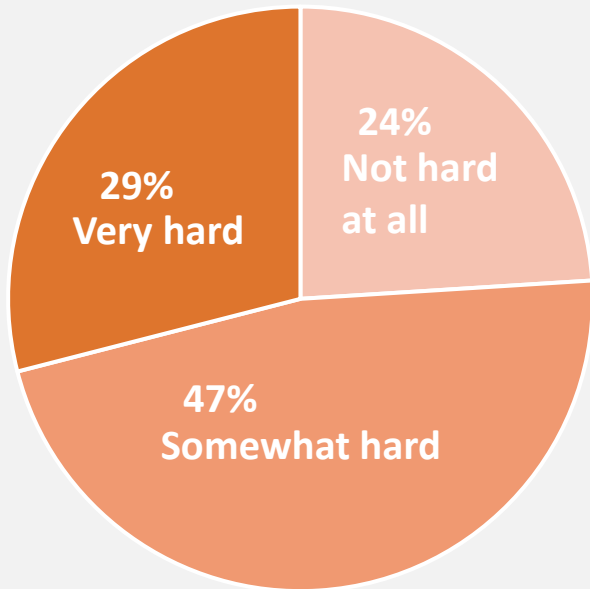


RACE DEMOGRAPHICS

SASH for All Pilot: Panel Data Profile

FINANCIAL STABILITY / SECURITY

How hard is it for you to pay for the very basics like food, housing, medical care and heating?



FOOD INSECURITY

31%
of adult participants indicated food insecurity

37%
of the families with children in the home indicated food insecurity

HEALTH

Top 3 Chronic Conditions:

Depression (5)
Anxiety (5)
PTSD (5)

Average BP:

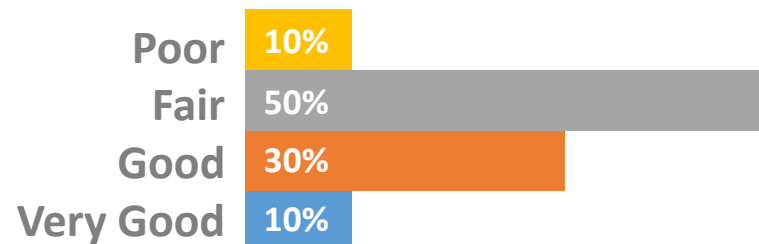
127 / 81
Stage 1 Hypertension

SUPPORT

21 Referrals Made for:

- Financial support for housing retention
- Mental health support
- Primary care
- Tobacco cessation
- Family support and services
- Chronic health condition management

How would you rate your health?



Key Components of Our Statewide Administrative System

Cathedral Square has an established statewide administrative system (with state funding) that supports SASH programs across the state, including the SASH for All pilots. This includes:

- Staff training – both **on-boarding** for new staff and **on-going** for all staff to build skills, share best practices, peer support, etc.
- Statewide data management and reporting
- Quality assurance and improvement
- Technical support and resources – including STAR (SASH Tools and Resources intranet)



SASH for All Pilot Update

- MOUs in place with SASH For All Partners (HCRS, Brattleboro Memorial Hospital, Winston Prouty and Turning Point.)
- All staff with exception of mental health position(s) hired
- All staff completed multi-week SASH for All on-boarding training (including HIPAA)
- All staff completed 6-hour Strengthening Families™ training
- Staff are building relationships, enrolling participants, organizing and leading group programs/events – 41 participants to date
- Assessing participants needs with standard assessment
- SASH For All team meetings on a monthly basis



SASH for All Pilots in Progress

Success Stories:

- Enrolling participants during Green Mountain Care open enrollment –
- *“I’ve been able to work with a family to complete open enrollment through Vermont Health Connect. Their monthly premium for health insurance is now a whopping \$0.12 a month for their whole family, which is just super cool! They both work at a restaurant in town that does not offer health insurance and they have been intermittently signing up for self-paid health insurance for years. Then the primary participant ended up on short term disability and her income was just chopped so they were not able to afford the premiums so they cancelled their service. This has been a huge stressor for them so their minds were just blown. I was able to sit with them for half an hour and all of a sudden their insurance is essentially free.”*
- Referrals to services re: legal addressing topics: parenting skills, food insecurity, healthcare needs for family, education resource support, legal issues, healthy relationships, healthy food habits
- Establishing potential partnerships with area schools
- Diverse family structures enrolled: adult children, single parents, young children, supporting persons with diverse physical mental and emotional needs that do not have connections to supportive services
- Community-wide gatherings (especially art focused) engages adults and children and builds relationships between residents.



SASH for All Pilot Success Stories & Challenges

SASH for All Community Events

Making Valentines Day Cards

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Current Funding Source:

- SASH for All pilot funding provided by 2022 congressionally directed spending request through Senator Sanders
- One year funding – **project end date is August 31, 2023**

SASH for All Pilot Funding

SASH for All Funding Options:

- **\$450,000** would provide Year 2 funding for current pilots.
- **\$2.7M** would provide statewide expansion to include 10 SASH for All panels in existing subsidized housing communities and the continuation of two pilot programs for a total of 12 SASH panels serving approximately 1,000 persons for **one year** in all counties.
- **\$5.4 M** would provide statewide expansion for **two years** in all counties across the state.

SASH for All funding is included in the **Bridges to Housing** framework here: https://www.vtaffordablehousing.org/files/ugd/d8ef0c_8f82152084e847d7ac837cb9fc9e0a96.pdf

**SFY 2024
Budget
Request for
SASH for All**



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Thank you!