



MENTOR
VERMONT

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Chad Butt, Executive Director
Emily Listowich, Development Director
Jill Sudhoff-Guerin, Policy Advisor



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Our "Why"

Youth mentoring is an effective, evidence-based tool to meet youth needs.

Young people need supportive adult relationships to thrive.

Youth mentoring programs operated through both schools and nonprofits help to close the mentoring gap and ensure all young people have a trusted mentor to turn to for support.



THE MENTORING GAP:

1 in 3

Young people will grow up without a mentor.



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The Impact of Mentoring



52%

less likely than their peers to skip a day of school



55%

more likely to be enrolled in college



46%

less likely than their peers to start using drugs



81%

more likely to report participating regularly in sports or extracurricular activities



78%

more likely to volunteer regularly in their communities



130%

more than twice as likely to say that they held a leadership position in a club or sports team



90%

respondents who had a mentor said they are now interested in becoming mentors



Mentoring In Vermont

More than ever, youth need supportive, committed adults in their life who see, hear, and champion them.

Since March 2020, despite agencies working diligently to meet community needs, the number of mentee-mentor matches has dropped by 35%.

Most mentoring programs are staffed by just one person, often in a part time role.

- 35 Youth mentoring agencies supported by MENTOR Vermont
- 1,155 Youth-Adult mentor matches funded by MENTOR Vermont
- 1,300 Estimated total matches across the state
- 308 2021-2022 new matches
- 86% 2021-2022 match retention rate



2022 Youth-Adult Mentee-Mentor Matches in Vermont

Critical Need

2022 Mentee Survey Results

91%

"My mentor makes me feel like I matter."

89%

"Having a mentor has made a positive difference in my life."

2022 Mentor Survey Results

97%

"I would recommend being a mentor to a friend."

95%

"Having a mentee has made a positive difference in my life."

State Funding

2007

\$250,000

2011

\$170,000

Despite critical youth mental health needs, and the social and emotional benefits of mentoring, State investment in mentoring has not increased since 2007, and decreased in 2011.

Stagnant funding forces program staff dedicate valuable time to fund development.

We must to find sustainable funding solutions in order for programs to be able to meet the need of their communities, and to expand program access to communities with the greatest need.



Who We Are

Our Vision

We aim to close the mentoring gap and drive equity through quality mentoring relationships so every young person in Vermont has the supportive mentoring relationships they need to grow and thrive.

Our Mission

Empowering youth by providing support and resources to the youth mentoring field in Vermont to strengthen the quality and broaden the reach of mentoring relationships in our communities.



Our Commitment to

Diversity, Equity & Inclusion

MENTOR Vermont is committed to fostering an environment of diversity and inclusion for all. We embrace our differences and celebrate our common humanity in advancing awareness of the need for equity and the transformative power of supportive relationships for young people. We believe that varied perspectives, experiences, and opinions are central assets in our vision of every young person in Vermont having the supportive mentoring relationships to grow and thrive.



Theory of Change

Long-Term Change
Youth in Vermont are thriving

Intermediate Changes

- More adults are confident and effective mentors
- More youth are engaged in quality mentoring relationships
- Communities in Vermont invest in, advocate for, and support youth mentoring

Ongoing coaching & monitoring

Short-Term Changes

INCREASE INVESTMENT
Mentoring agencies have the necessary funding to meet community needs

CENTER QUALITY
Mentoring agencies implement quality programming

ENHANCE PUBLIC WILL
Vermonters have mindsets and information that support their involvement in mentoring

MVT Activities & Change Process – Slides **2** **3** **4**

Establish and build relationships with stakeholders

Inputs into MENTOR Vermont Capacity

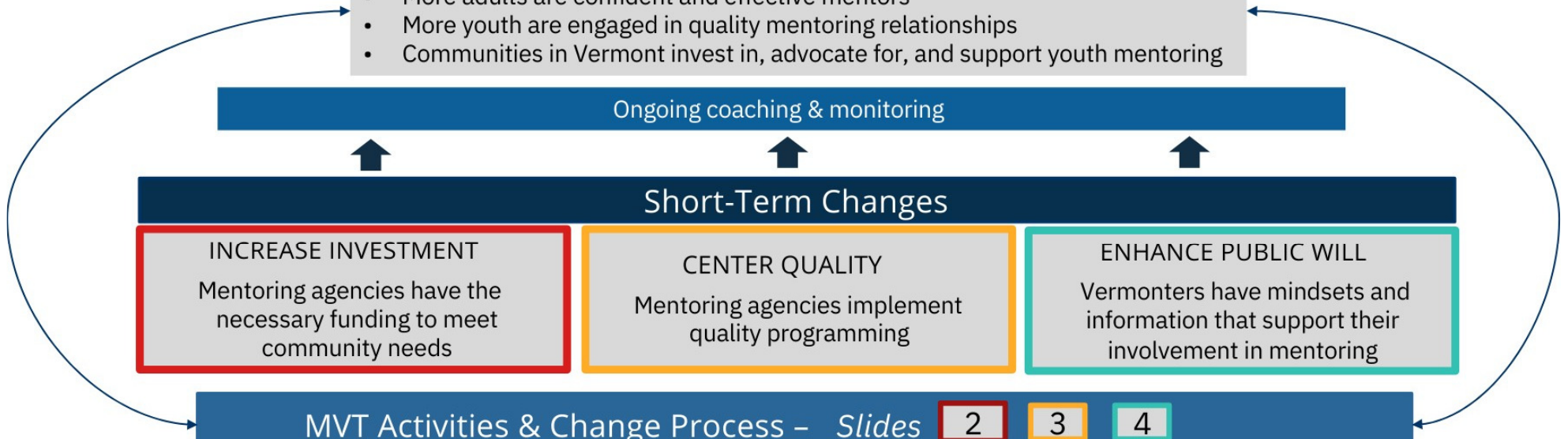
- Technical infrastructure
- Professional development of MENTOR Vermont staff
- Financial Investment
- Support from National
- Professional relationships

- Commitment to DEI at MENTOR Vermont and in larger society
- Effective political leadership at all levels
- An economy that allows for adequate resources and engagement
- Effective pandemic recovery

System Conditions Needed

Key

- = MENTOR VT actions
- = Desired changes
- = Causal pathways



Closing The Mentoring Gap & Driving Equity Through Quality Relationships



Increasing Sustainable Investment

Building awareness and establishing meaningful partnerships with a diverse array of changemakers to share in the advancement of mentoring and secure the necessary funding for building mentoring capacity to meet community needs.



Enhancing Public Will

Motivating civic leaders, employers, and individual stakeholders to prioritize and participate in ensuring all young people have access to supportive mentoring relationships throughout Vermont.



Centering Quality

Identifying, promoting, and driving the implementation of evidence-based practices combined with community wisdom to increase the quality of mentoring relationships for Vermont's young people.



Advancing The Mentoring Mindset

Supporting the effectiveness of new and existing youth mentoring models to broaden the reach and deepen the impact of youth mentoring throughout Vermont – ensuring more adults are confident and effective mentors, more youth are engaged in quality relationships, and communities in Vermont are committed to youth mentoring.



Advancing the Mentoring Mindset

Supporting the effectiveness of new and existing youth mentoring models to broaden the reach and deepen the impact of youth mentoring



Centering Quality

Partner with youth mentoring agencies to increase the number of youth engaged in effective mentoring relationships.

Enhancing Public Will

Spearhead statewide public awareness efforts to share the impact of youth mentoring and boost engagement.



Increasing Sustainable Investment

Oversee Vermont Mentoring Grants and support fund development efforts to secure necessary funding at all levels.

Thoughts & Questions



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Contact

Let's Collaborate

Phone

802-658-1888

Email

chad@mentorvt.org
emily@mentorvt.org

Social Media

@mentorvt



www.mentorvt.org





**THANK
YOU.**