

# Rationale for Confidentiality

## Confidentiality in Adolescent Health Care

Developmentally  
Expected

Supported by  
Expert  
Consensus

Clinically  
Essential

## Clinically Essential

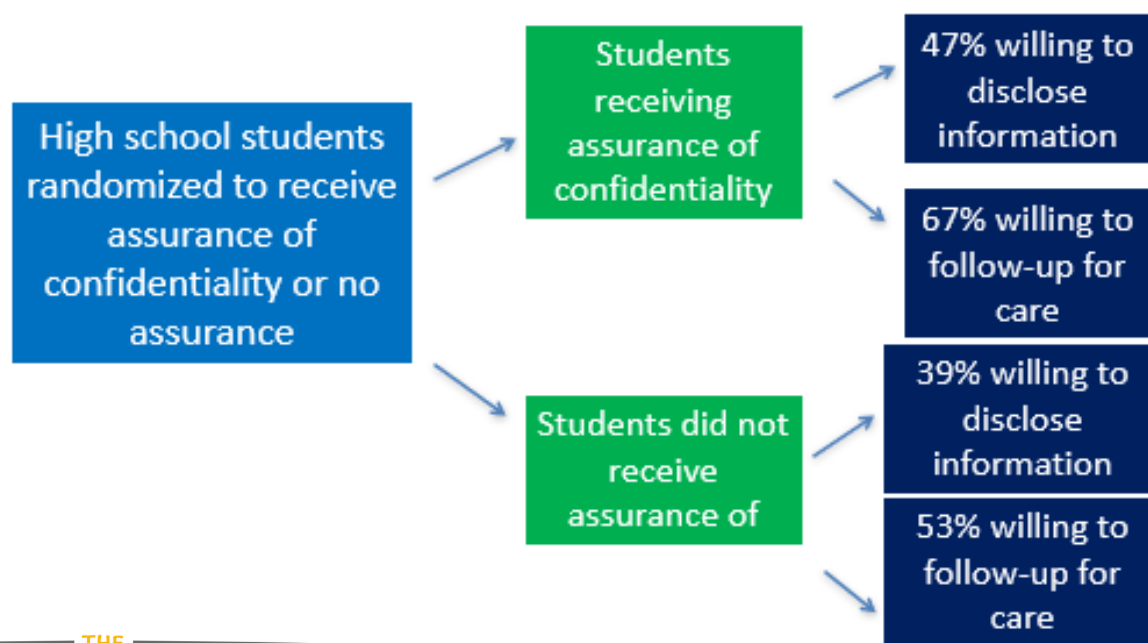
In a clinical setting, confidentiality affects an adolescent's

Decision to seek care

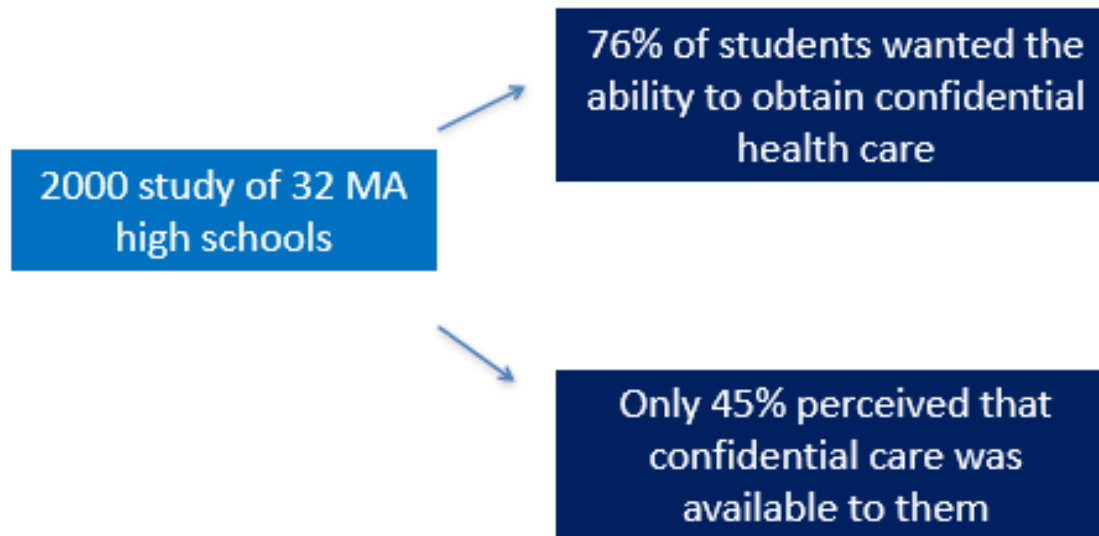
Disclosure of behaviors

Follow-up for care

# Confidentiality Assurances Enable Better Clinical Care



# Confidentiality Assurances Enable Better Clinical Care



## Developmentally Expected

Confidentiality is developmentally expected:

Emotional need for increasing autonomy

Increasing intellectual capacity to give informed consent

Opportunity to take responsibility for health