

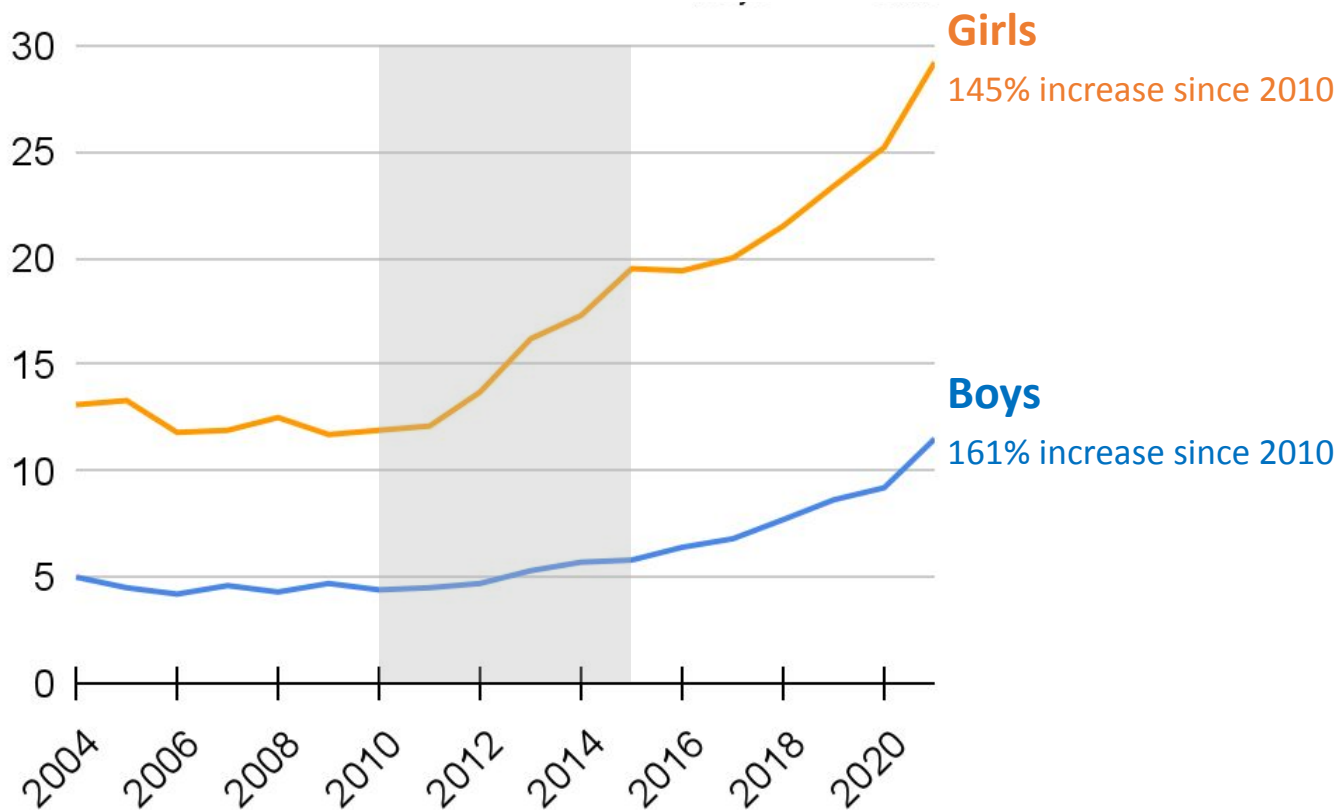
Impact of Digital Technology on Adolescent Mental Health

Testimony to the Vermont Senate Economic Development
Committee

Zach Rausch

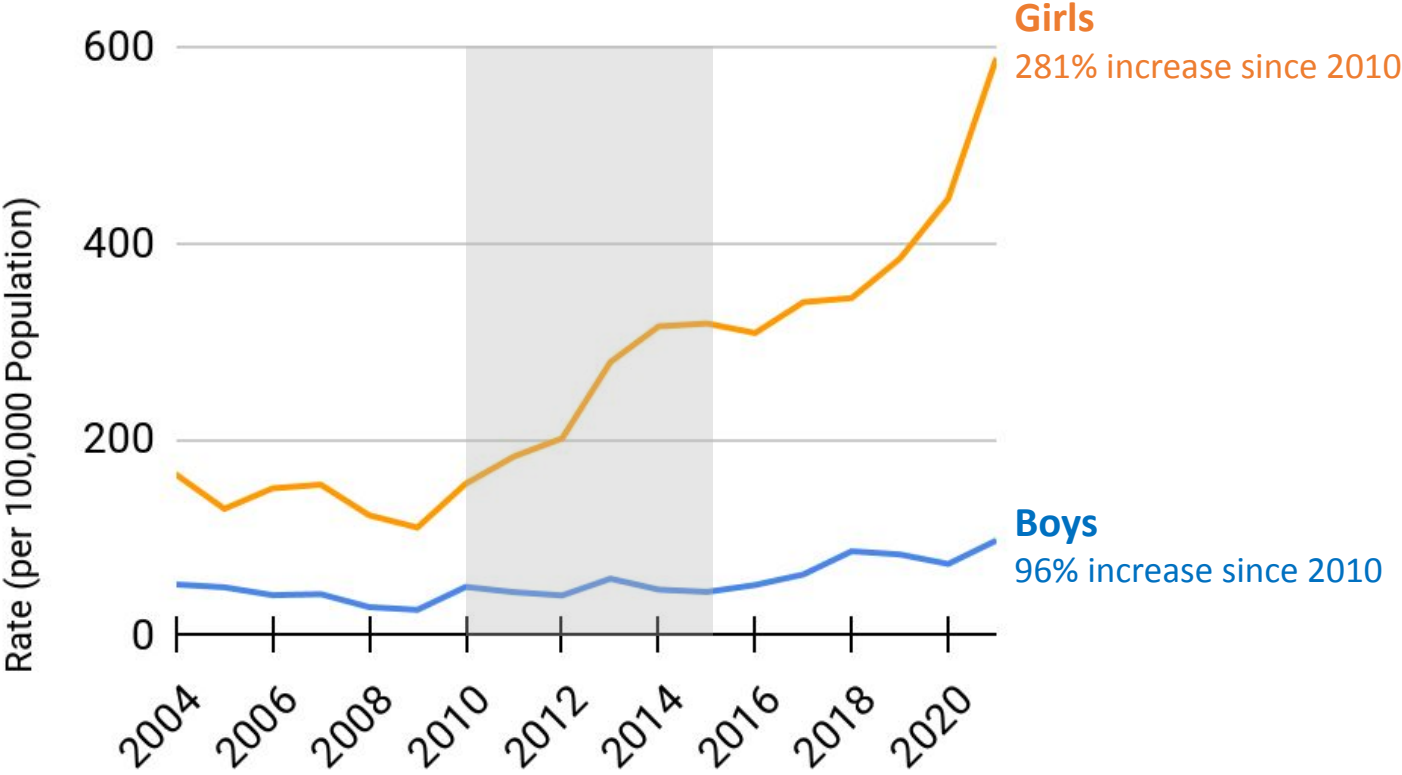
Associate Research Scientist
New York University

Major Depression Among U.S. Adolescents (Ages 12-17)



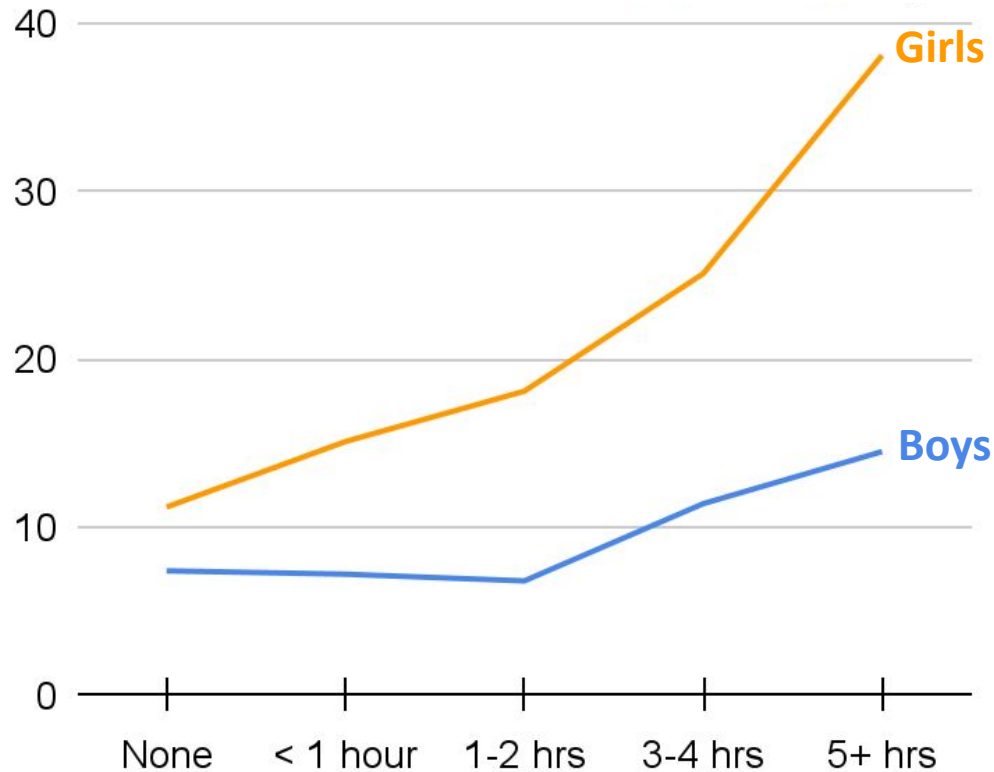
SOURCE: U.S. National Survey on Drug Use and Health

Emergency Dept Visits for Nonfatal Self-harm (Ages 10-14)



SOURCE: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control

Percent of UK Teens Depressed as a Function of Hours per Weekday on Social Media



SOURCE: UK Millennium Cohort Study