



VERMONT  
CARE  
PARTNERS

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## Today

- Overview of VCP and Designated and Specialized Services Agencies
- The role of DAs and SSAs in Vermont's schools

# Vermont's System of Care Designated and Specialized Service Agencies

**NCSS:** Northwestern Counseling & Support Services [www.ncssinc.org](http://www.ncssinc.org)

**NKHS:** Northeast Kingdom Human Services [www.nkhs.org](http://www.nkhs.org)

**GMSS:** Green Mountain Support Services [www.gmssi.org](http://www.gmssi.org)

**LCMHS:** Lamoille County Mental Health Services [www.Lamoille.org](http://www.Lamoille.org)

**CCS:** Champlain Community Services [www.ccs-vt.org](http://www.ccs-vt.org)

**HC:** Howard Center [www.howardcenter.org](http://www.howardcenter.org)

**NFI:** Northeastern Family Institute, NFI Vermont, Inc. [www.nfivermont.org](http://www.nfivermont.org)

**WCMHS:** Washington County Mental Health Services [www.wcmhs.org](http://www.wcmhs.org)

**CSAC:** Counseling Service of Addison County [www.csac-vt.org](http://www.csac-vt.org)

**CMC:** Clara Martin Center [www.claramartin.org](http://www.claramartin.org)

**UVS:** Upper Valley Services [www.uvs-vt.org](http://www.uvs-vt.org)

**LSI:** Lincoln Street, Inc. [www.lincolnstreetinc.org](http://www.lincolnstreetinc.org)

**RMHS:** Rutland Mental Health Services / Community Care Network [www.rmhsccn.org](http://www.rmhsccn.org)

**HCRS:** Health Care & Rehabilitation Services [www.hcrs.org](http://www.hcrs.org)

**UCS:** United Counseling Service of Bennington County [www.ucsvt.org](http://www.ucsvt.org)

**FFSV:** Families First in Southern Vermont [www.familiesfirstvt.org](http://www.familiesfirstvt.org)



# Vermont Care Partners

**VCP Mission:** Provide statewide leadership for an integrated, high-quality system of comprehensive services and supports.

Our sixteen non-profit community-based network agencies provide mental health, substance use, and intellectual and development disability services and supports.

Our person-and-family-centered services are coordinated with other community providers to serve Vermonters in their homes, schools, communities, and places of employment.

We believe that Vermonters have a fundamental right to live in healthy and safe communities with access to locally provided health and support services.

Our services address the social contributors of health to advance the State's aims of improving overall health, controlling the cost of health care, and promoting access to quality care.

# Indispensable Supports for Children and Families

VCP agencies across the state support children and their families through services at home, in school, and in the community. Agencies practice with a person and family-centered approach, meeting families where it works best for them.

# Who We Serve in Our School-Based Programs

- School-aged children and their families with the highest need
- Young people living with:
  - Neurodivergence
  - Mental health and emotional/behavioral challenges
  - Substance misuse
  - Suicidal ideation
- ...many of whom have experienced significant adversity and trauma

# By the numbers

- Vermont rated **#1** in access to care by Mental Health America
- Network agencies currently serve over **3,000** children and families
- **92%** of schools agreed that network agency school-based services provided a service that was not otherwise available
- **84%** of school partners agreed that their students were better able to access their education because of the services they received

# Trauma-Informed and Evidence-Based Services

- Individual, family, and group counseling
- Preventive services
- Crisis management and follow up care
- Care coordination
- 1:1 Behavior-Interventionist support
- Individualized care plans
- Autism Spectrum Disorder programming
- Family case management
- Summer programming





# What's Working Well



- **30-year partnership with schools and families**
- **External supports and community referrals**
- **Affordability versus private agencies/contractors**
- **Clinical supervision and professional development**
- **Clinical consultation**
- **Interdisciplinary collaboration**
- **Staff and student psychoeducation**

# Needs & Challenges

Staffing

Funding

Increasing acuity

Growing caseloads

Administrative burden



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