

I would say high level we see cost savings in the following areas:

- improved birth outcomes brings down healthcare/hospital costs (you'll see the language in some of the studies around lowering the rates of cesarian births)
- decreasing maternal mortality rates
- long-term health savings connected to improvements in child development connected to bonding and attachment of caregiver(s) and baby.
- reducing the costs associated with perinatal mental health disorders

There are more but those are noteworthy - you'll see one of the links is a data from Mathematica from May 2023 specific to Vermont. This speaks to the costs associated with untreated perinatal mental health disorders.

Mathematica on impact of untreated perinatal mental health disorders - Vermont (May 2023)

<https://www.mathematica.org/api/sitecore/MediaLibrary/ActualDownload?fileId=%7B4D5FF672-8084-456A-B9FC-7FCB687DA88C%7D&fileName=VT-PMAD-Issue-Brief-2023.pdf&fileData=VT-PMAD-Issue-Brief-2023.pdf%20-%20%7B4D5FF672-8084-456A-B9FC-7FCB687DA88C%7D&fileMime=application%2Fpdf>

NIH - National Library of Medicine - Modeling the cost effectiveness of doula care associated with reductions in preterm birth and cesarean delivery

[https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5544530/#:~:text=Cost%2Deffectiveness%20analyses%20indicate%20potential,%24929%20to%20%241%2C047%20across%20states\).](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5544530/#:~:text=Cost%2Deffectiveness%20analyses%20indicate%20potential,%24929%20to%20%241%2C047%20across%20states).)

Doula Care and Maternal Health: An Evidence Review

<https://aspe.hhs.gov/sites/default/files/documents/dfcd768f1caf6fabf3d281f762e8d068/ASPE-Doula-Issue-Brief-12-13-22.pdf>

A Cost-Benefit Analysis of Doula Care from a Public Health Framework

<https://healthlaw.org/wp-content/uploads/2024/01/2024-01-22-BixbyNHeLP-Cost-Benefit-Analysis-of-Doula-Care.pdf>

National Health Law Project - Doula Care Improves Health Outcomes, Reduces Racial Disparities and Cuts Cost - August 2022

<https://healthlaw.org/doula-care-improves-health-outcomes-reduces-racial-disparities-and-cuts->

[cost/#:~:text=In%20another%20study%20assessing%20the,ruptures%2C%20and%20100%20fewer%20hysterectomies.](#)