

# Vermont Department of Mental Health

---

EMILY HAWES, COMMISSIONER

ALISON KROMPF, DEPUTY COMMISSIONER

# Mission and Vision

---

The mission of the Department of Mental Health (Department) is to promote and improve the health of Vermonters. The Department resides under the Agency of Human Services and has the same critical mission: to improve the conditions and well-being of Vermonters and protect those who cannot protect themselves.

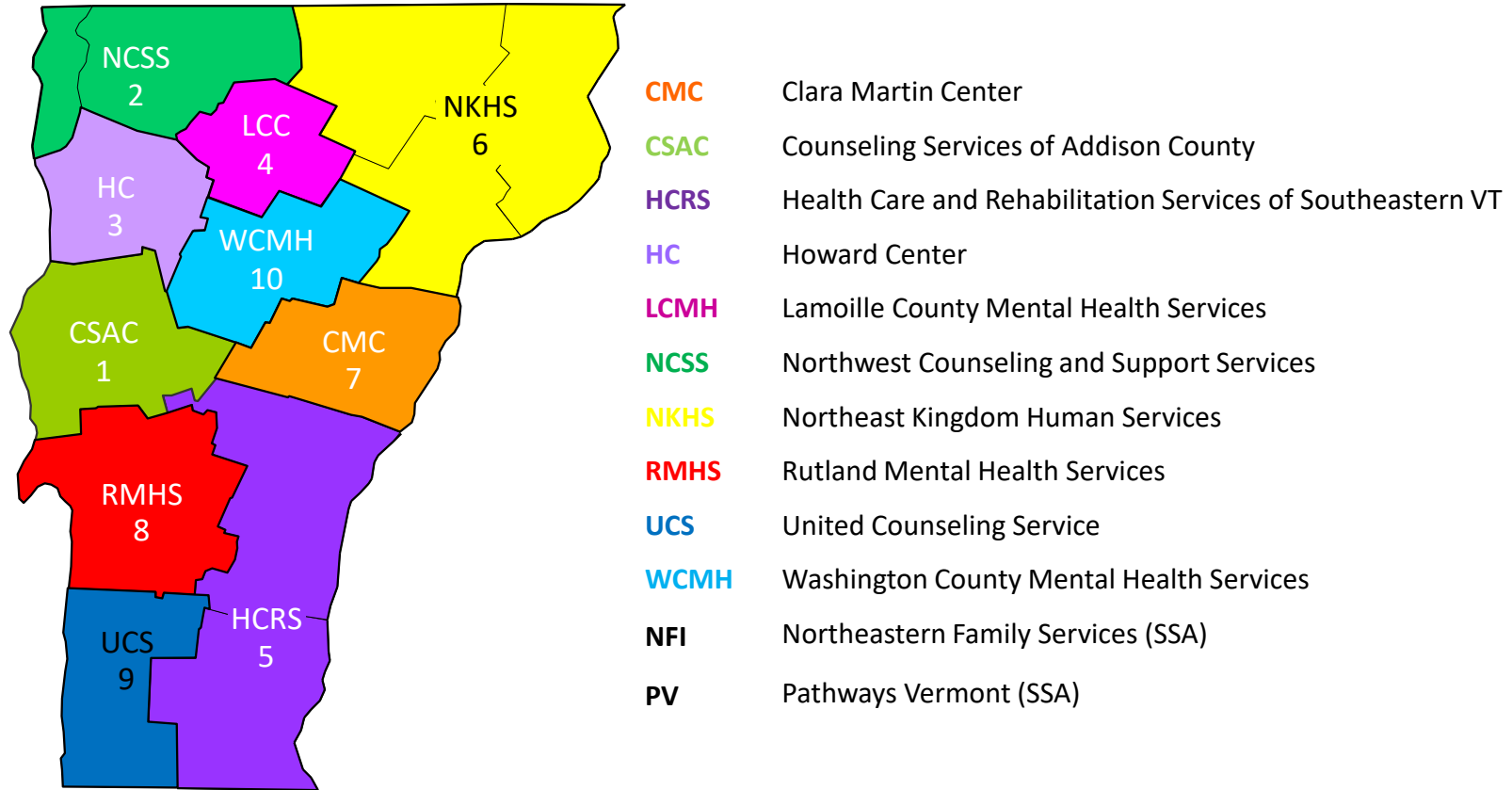
**Our Vision:** Mental health will be a cornerstone of health in Vermont. People will live in caring communities with compassion for and a determination to respond effectively and respectfully to the mental health needs of all citizens. Vermonters will have access to effective prevention, early intervention, and mental health treatment and supports as needed to live, work, learn, and participate fully in their communities.

# Overview of Department and Responsibilities

---

- Budget \$287 M
- Oversees 10 Designated Agencies and 2 Specialized Service Agencies through quality review designation and collaboration
- 35,000+ people served through the DA/SSA system with even more served by Emergency Services and Crisis Teams
- Vermont Psychiatric Care Hospital and Middlesex Therapeutic Care Residence (25 and 7 beds). \*In the first quarter of 2023, Middlesex Therapeutic Care Residence will be transitioning to River Valley Therapeutic Residence, a 16-bed facility
- 265 staff, 200 at the facilities, 65 at Central Office
- Oversee several contracts such as forensic psychiatrist, psychiatric consultation with primary care, child and adolescent psychiatric fellowship at UVM, and a UVM VCHIP analytic contract to conduct analyses of population-level data related to child/youth mental health
- Partners with sister departments, hospitals, other community providers, One Care, police departments, courts etc...
- Responsible statutorily of the overall mental health system for all Vermonters

# Designated Providers



# Community Programs

---

Program	Description
Adult Outpatient (AOP)	Provides services for adults who do not have prolonged serious disabilities but who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention
Community Rehabilitation and Treatment (CRT)*	Provides services for adults with severe and persistent mental illness
Children and Families (C&F)*	Provide services to children and families who are undergoing emotional or psychological distress or are having problems adjusting to changing life situations.
Emergency Services	Serves individuals who are experiencing an acute mental health crisis. These services are provided on a 24-hour a day, 7-day-per-week basis with both telephone and face-to-face services available as needed.
Advocacy and Peer Services	Broad array of support services provided by trained peers (a person who has experienced a mental health condition or psychiatric disability) or peer-managed organizations focused on helping individuals with mental health and other co-occurring conditions to support recovery

*\*mandated service population*




# MENTAL HEALTH SYSTEM OF CARE

**Key to Provider Symbols**

- BLUE: ADULTS SYSTEM OF CARE
- GREEN: CHILD, YOUTH & FAMILY SYSTEM OF CARE
- ORANGE: SERVICES IN BOTH YOUTH & ADULTS


-  Peer-run Services & Residential Care
-  Department of Mental Health
-  Designated and Specialized Services Agencies
-  Private Providers

**Inpatient Hospitalization**  
229 total beds

<p>Children &amp; Adolescent 1 Facility   30 Beds</p> 	<p>General Inpatient (Adult) 7 Facilities   142 Beds</p> 	<p>Level One Inpatient (Adult) 3 Facilities   57 Beds</p> 
---	--	---

**Secure Residential**  
16 total beds








MTCR → River Valley  
1 Facility | 7 Beds → 16 Beds



**Intensive Residential & Treatment Programs**  
92 total beds

<p>Youth Residential (PNMI) 5 Residences   45 Beds</p> 	<p>Intensive Recovery Residential 5 Residences   42 Beds</p> 	<p>Peer-run Residential 1 Residence   5 Beds</p> 
--	--	--

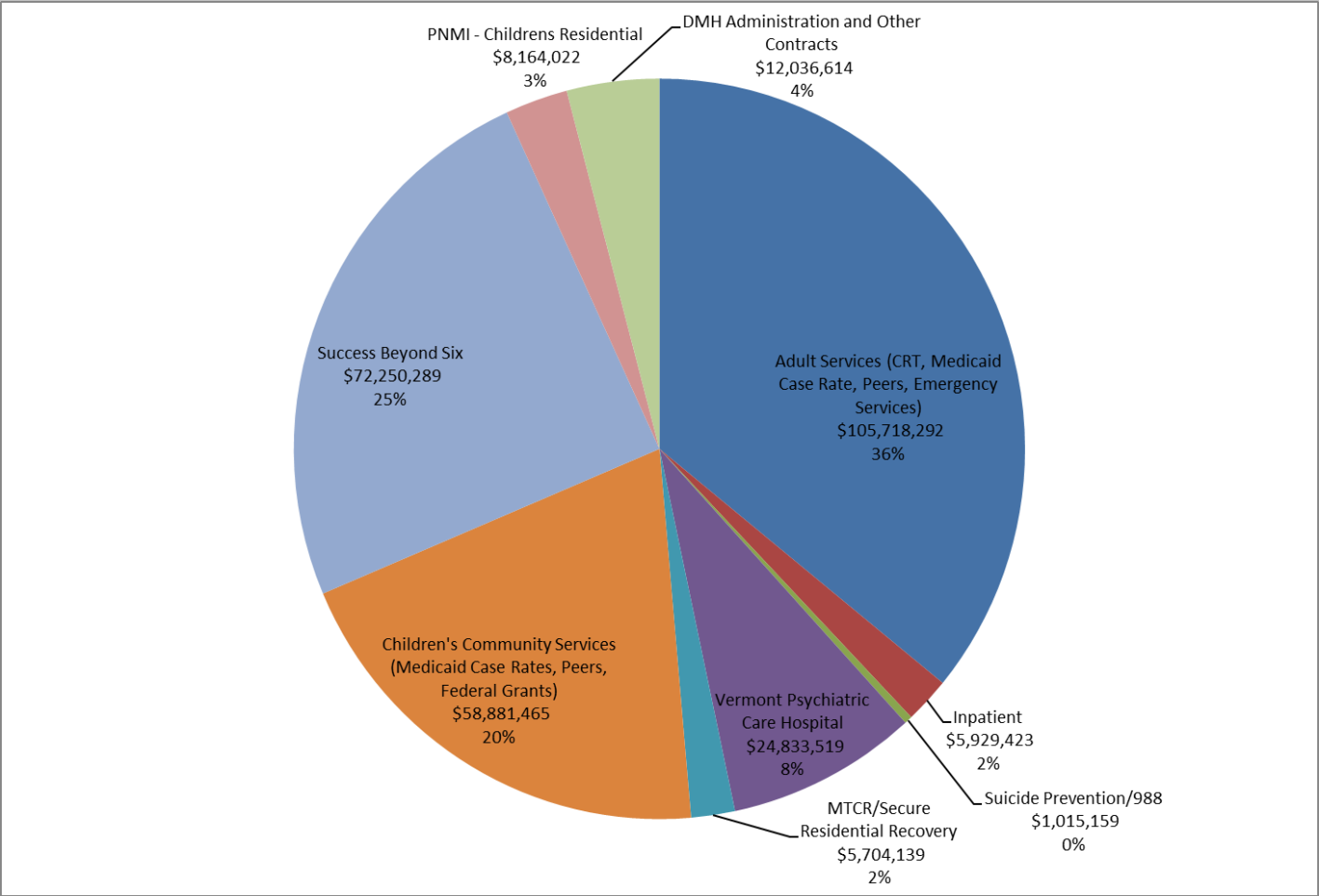
**Crisis Supports & Response**  
56 total beds

<p>Children's Crisis Stabilization Program 1 Facility   6 Beds</p> 	<p>Youth Hospital Diversion Program 2 Facilities   12 Beds</p> 	<p>Psychiatric Urgent Care for Kids (PUCK)</p> 	<p>Mobile Response Support Services Rutland Pilot</p> 	<p>Adult Crisis Beds 12 Facilities   38 Beds</p> 	<p>Crisis Assessment, Support &amp; Referral Continuing Education &amp; Advocacy</p> 	<p>988 Crisis Lifeline Centers Call   Chat   Text</p> 
---	---	---	--	---	---	--

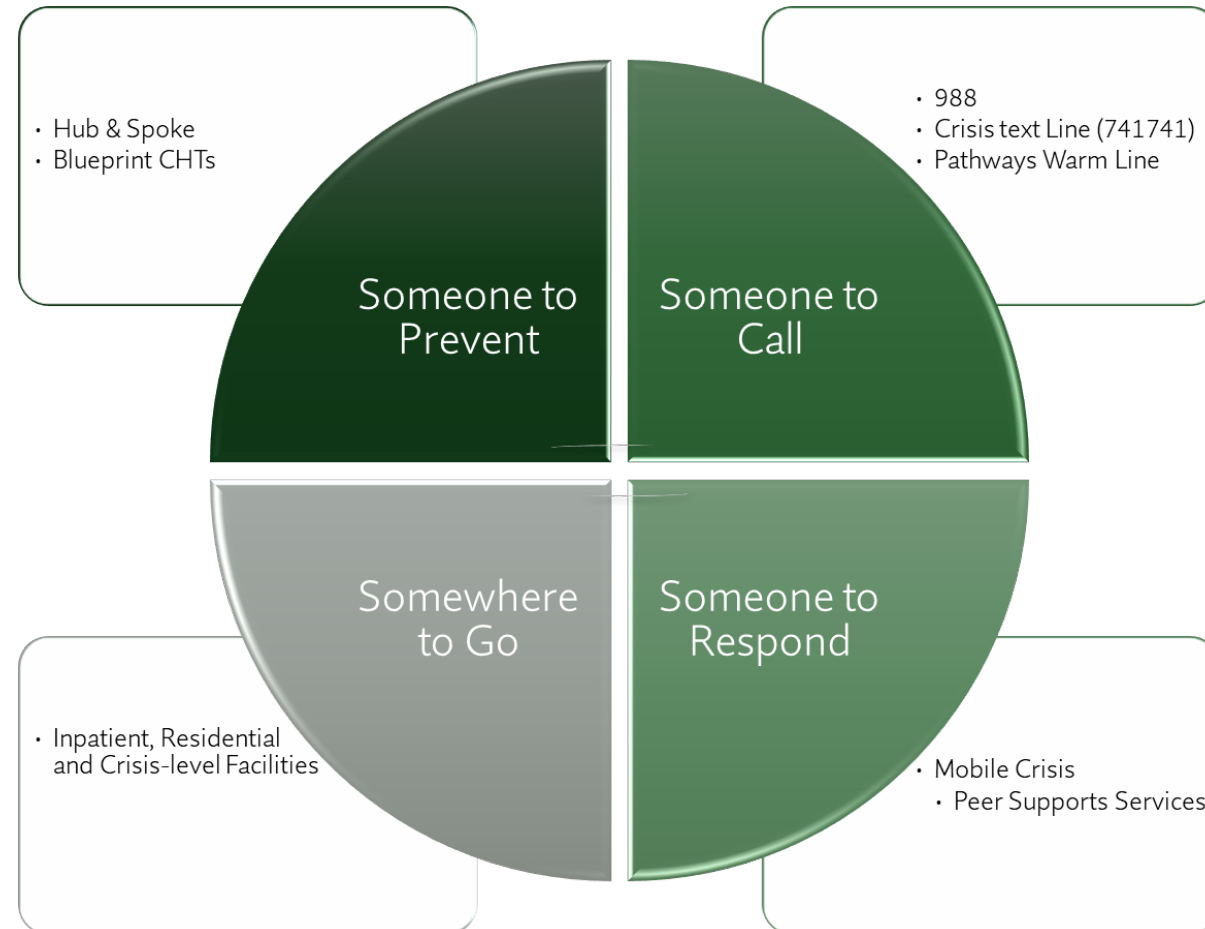
**Community Mental Health**  
174 total beds/109 vouchers

<p>Micro-residential (HCBS) 3 Homes   9 Beds</p> 	<p>Youth Group Homes (PNMI) 4 Homes   13 Beds</p> 	<p>Group Residential Homes 19 Homes   152 Beds</p> 	<p>Shelter &amp; Care Vouchers DMH Housing Vouchers</p> 	<ul style="list-style-type: none"> <li>• Individual, family, and group therapy</li> <li>• Clinical assessment</li> <li>• Medical consultation and medication</li> <li>• Service planning and coordination</li> <li>• Community supports &amp; employment services</li> <li>• Schools/PCP/Early care &amp; learning ctrs (youth only)</li> <li>• Peer programming (adults only)</li> <li>• Prevention work (youth only)</li> </ul> 
--	---	--	---	---

# FY22 Expenses



# Department System of Care Strategy





---

Thank You!

Questions and discussion