

# Northreach Society

## Programs, Services, Harm Reduction

Dalyce Sather, RN  
Executive Director with Northreach  
Society





Street Nurse/ STI testing

Community Education

Needle Debris Pick-Up

HIV/HCV Support

Harm Reduction Supplies

Supervised Consumption Services

Women's Health Outreach

Naloxone Training and Kits

LGBTQ Youth Support

Resource Library

**All Services are Free & Confidential**



# Harm Reduction

- Harm reduction refers to policies, programs and practices that aim to **reduce risks and harm associated with the use of psychoactive substances**. It acknowledges that abstinence is not always a realistic goal for some people. It is about meeting people where they are and identifying the goals they wish to achieve based on their individual needs and circumstances.
- Harm reduction principles recognize the inherent value of human beings and the importance of an inclusive community that can support people who use substances with compassion. People who feel supported and part of a community, rather than isolated, are more likely to seek help when they need it.



# Harm Reduction

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Is a public health philosophy that reaches people “where they are at”.

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Goal is reducing the negative consequences of a behaviour and may result in the eventual reduction of the behaviour itself.

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Any positive change is considered harm reduction.

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Require openness, honesty and a non-judgemental attitude.

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Examples of harm reduction – seat belts, condoms and other safer sex supplies, safer drug consumption supplies.



# Harm Reduction



Community  
Needle  
Disposal Bins



Needle  
Debris Pick-  
Up



Sterile/New  
Drug Using  
Supplies



Treatment &  
Detox  
Referrals



Safer Drug  
Using  
Education



Supervised  
Consumption  
Services



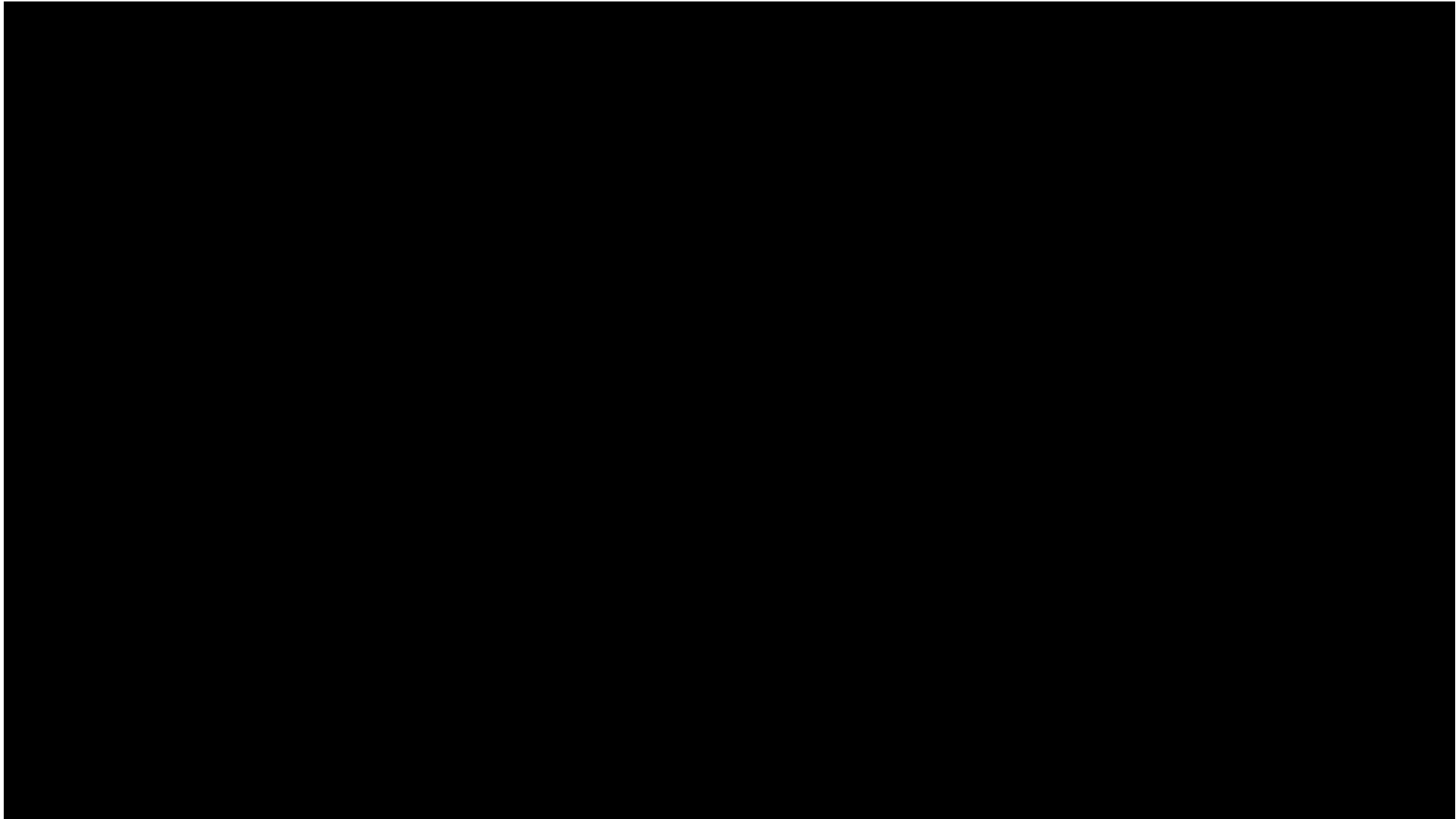




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# Supervised Consumption Services



In Alberta the cost per accidental drug poisoning is approximately \$1500.00, with the average saving for every \$1 spent 2\$ is saved!

A study published by the Harm Reduction Journal on March 2022, indicated that more than 2.3million in cost savings occurred through the Implementation of the Safeworks Harm Reduction Program at the Sheldon M. Chumir Health Centre from November 2017 to January 2020

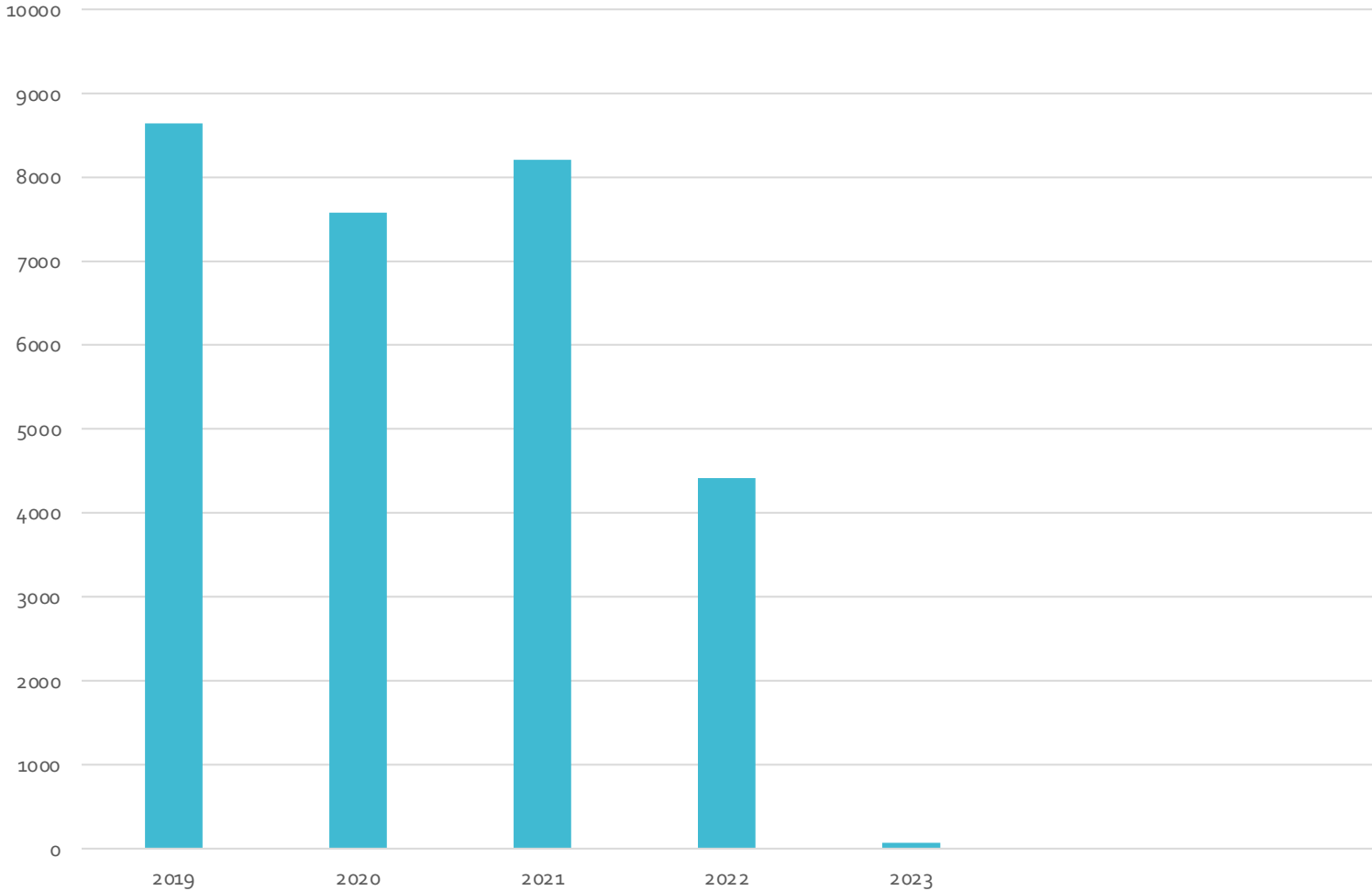
In Calgary, Alberta (southern Alberta) approximately \$1600.00 dollars in cost savings per accidental drug poisonings (by not having emergency services, including police, EMS and fire respond to each drug poisoning.

# Cost Saving Analysis

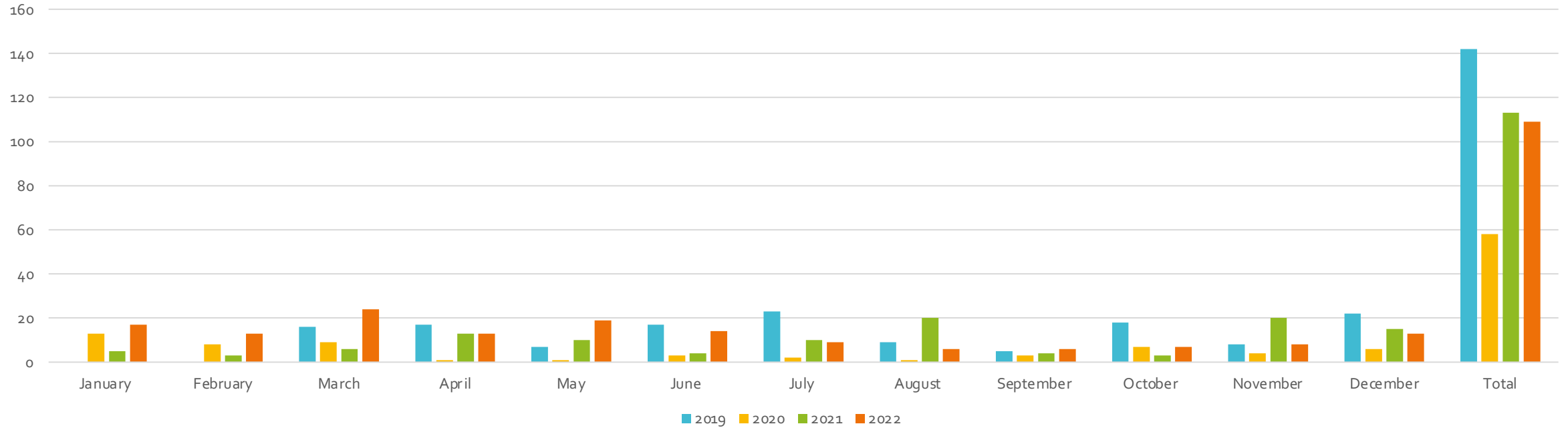


# Northreach SCS Visits 2019-2023

Number of MSCS Visits



Overdoses By Month and Year



# Accidental Drug Poisonings 2019-2023

## Canada SCS – Stats

In Canada, there have been approximately 2 million visits between 2017 and 2019.

In 2020, there were 39 Supervised Consumption Sites in operation, that saw over 3000 visits!

Between 2017 and 2019, around 15,000 drug related medical emergencies occurred.

At least 35, 0000 Canadians have accessed an SCS during 2017-2019

*Stats taken from the Government of Canada:*

<https://health-infobase.canada.ca/datalab/supervised-consumption-sites-blog.html>

-STI  
Testing  
Safer  
-Sex  
Supplies  
-Street  
Nurse



NORTHREACH SOCIETY

## STI TESTING DAY

Bringing Awareness to  
HIV/HCV/STBBIs through National  
HIV Testing Day

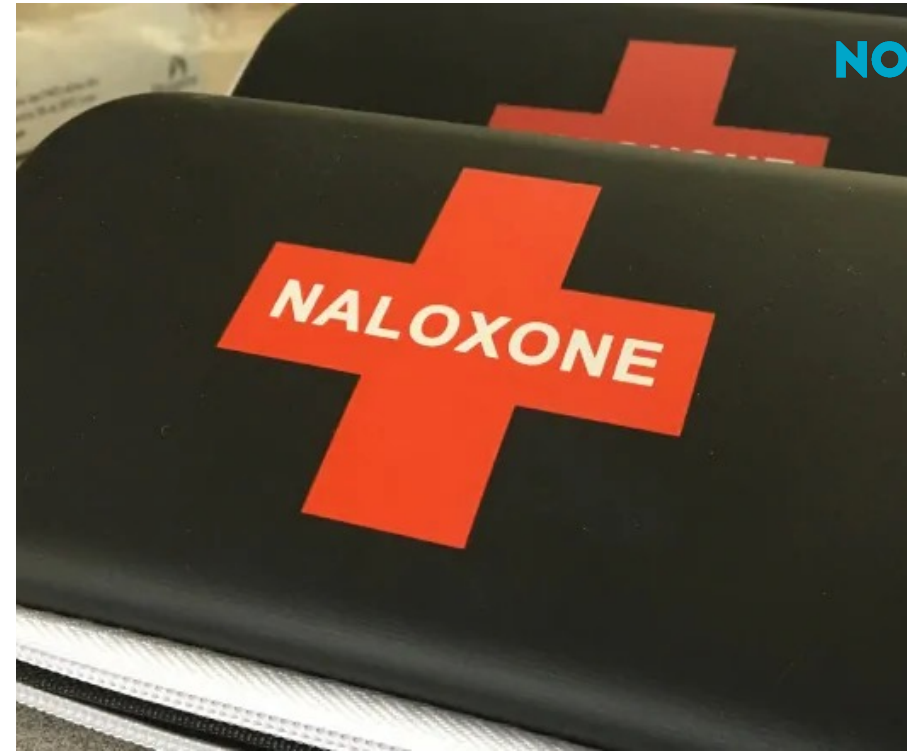
JUNE 24-26, 2019  
12 TO 8 PM  
HIV NORTH OFFICE  
9607 102ND STREET

Call ahead to book an appointment:  
780-538-3388  
Walk-ins also available during  
testing days.  
Questions/comments:  
info@hivnorth.org





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# Naloxone Distribution & Training



# Women's Health Outreach

The Women's Health Outreach (WHO) Program supports women who are experiencing homelessness, use substances, and/or poverty while they are pregnant and for several months post-delivery. The program supports women for whom pregnancy is a risk.





# Outreach Team

- Distribute harm reduction supplies
- Needle debris pick up
- Referral to community resources
- Transport and/or accompany clients to services & appointments
  - Medical
  - Prescriptions
  - Methadone/suboxone
  - Legal
  - Income support
  - Community meals







# LGBTQ Youth Mentor



LGBTQ Youth  
Grande Prairie  
[@lgbtqyouthgp](#)

- Weekly LGBTQ+ youth drop-in program Thursday evening.
- LGBTQ+ youth support for youth, parents and schools
- Gender and sexual diversity education



# Community Education

- Northreach provides education to community groups, schools, agency staff, organizations and businesses. Our presentations can be tailored to meet the needs of any group and focus on:
  - HIV
  - Viral Hepatitis
  - Sexual Health/ STI's, Contraception
  - Harm Reduction
  - Gender and Sexual Diversity
  - Street Drugs
  - Naloxone and Overdose Awareness
  
- We provide specific presentations that match curriculum objectives for grade 6-12.



# Contact Info



**NORTHREACH**

Office Hours:  
Mon-Thurs  
9am-4:30pm  
Fridays  
9am-12pm

Office Phone  
780-538-3388  
Outreach Cell  
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